ST MARK'S
National Bowel Hospital

The 24th Annual International Congress

Frontiers in Colorectal And Intestinal Disease

Learning from the past, to create a better future

18, 19 & 20 November 2026

We are grateful to all our sponsors and exhibitors (which includes pharmaceutical companies), whose funding have contributed towards this independently produced meeting and programme. Sponsors and exhibitors have not had any editorial input or control over the agenda, scientific content development or choice of speakers.

We are holding exclusive masterclasses on **18 November at St Mark's Hospital**

St Mark's Hospital, Central Middlesex, Acton Road, London NW10 7NS

On **19–20 November**, you can attend our flagship International Congress in London or join our global audience online

Royal College of Surgeons, 38–43 Lincoln's Inn Fields, London WC2A 3PE



Sir Francis Avery Jones
Visiting Professor

Chris Lamb

Newcastle Biomedical Research Centre



Sir Alan Parks
Visiting Professor

Alberto Arezzo

University of Turin
Italy



Basil Morson
Visiting Professor

Trevor Graham

The Institute of Cancer Research, London

www.stmarksacademicinstitute.org.uk

Frontiers2026

Welcome to the 24th Annual Frontiers in Colorectal and Intestinal Disease

It is my great pleasure, as Dean of St Mark's Academic Institute, to welcome you to London for the 24th Annual Frontiers in Colorectal and Intestinal Disease Congress. This year's meeting focuses on colorectal disease at the crossroads – learning from the past, to create a better future.

We are delighted to host participants both here in London and around the world online. With high-quality facilities and streaming, we aim to provide every attendee with an excellent experience, whether joining us in person or virtually.

The programme embraces a wide range of multidisciplinary perspectives—medical, endoscopic, radiological, oncological, surgical nursing, and nutritional—while ensuring that the patient voice is clearly heard.

We are honoured to welcome Chris Lamb (UK) as the Sir Francis Avery Jones Visiting Professor, Alberto Arezzo (Italy) as the Sir Alan Parks Visiting Professor, and Trevor Graham (UK) delivering the Basil Morson State of the Art Lecture.

Over three days, the Congress will explore topics central to everyday clinical practice and cutting-edge research.

This year we will be running exclusive workshops on the first day held at St Mark's, followed by 2 days of symposia in London at the Royal College of Surgeons.

On Wednesday we are running workshops on IBD, endoscopy and surgery. Surgery will have separate specialised sessions on the abdominal wall, endometriosis, IBD surgery and complex colorectal cancer.

Thursday opens with sessions with 'Beyond the diagnosis: a hopeful future for stage IV colon cancer', 'Intestinal failure: learning from pitfalls – past insights, present practice, future care', 'Severe ulcerative colitis: escalation, exhaustion, and exit strategies', and 'Subacute hereditary cancer presentations: where do we go from here?'. The prestigious John Nicholls Prize will also be awarded for the best new research.

On Friday, we start with 'Looking forward by looking back: the evolution of proctology practice', then 'Faecal incontinence: modern solutions for an age-old problem', 'Crohn's disease: are we entering the post-surgical era?', 'Resectability reconsidered: modern strategies in advanced colorectal cancer', 'Future frontiers in colorectal collaboration building the networks that shape tomorrow', and 'Future visions of colorectal care'.

On Thursday and Friday we will host breakfast workshops in small groups with leading experts; early booking is essential as places are limited.

We warmly thank all our supporters, sponsors and contributors for their invaluable assistance in making this Congress possible. We hope the coming days will be stimulating, educational, and thought-provoking, and we wish you an enjoyable and memorable time here in London for the 24th Frontiers Congress.



Professor Omar Faiz, Dean
St Mark's Academic Institute



Frontiers2026

Frontiers Day 1 • Masterclasses • 18 Nov 2026

This year Frontiers includes 3 masterclasses focusing on IBD, endoscopy and surgery



The IBD Masterclass

SESSION LEADS

Ravi Misra, Nik Kamperidis,Lisa Younge, Tracey Tyrrell

The Avery Jones Lecture Theatre, St Mark's Academic Institute
Central Middlesex, Acton Road, London NW10 7NS



The Endoscopy Masterclass

SESSION LEADS

Siwan Thomas-Gibson, Adam Humphries, Brian Saunders

We will be welcoming Dr Mohamed Abdelrahim, Consultant Gastroenterologist, Sheffield Teaching Hospitals NHS Foundation Trust

The Endoscopy Masterclass will be available online only



The Abdominal Wall Masterclass

Akash Mehta, Gregory Thomas

Seminar Room A, St Mark's Academic Institute NW10 7NS

Endometriosis Masterclass

Danilo Miskovic

Park Royal Seminar Room, St Mark's Academic Institute NW10 7NS

IBD Surgery Masterclass

Phil Tozer, Kapil Sahnan, Orestis Argyriou

Seminar Room B, St Mark's Academic Institute NW10 7NS

Complex Cancer Surgery Masterclass

Nicola Hodges, Toby Pring

Hosted by Medtronic, 230 City Road. London, EC1V 2QY

St Mark's Masterclasses are supported by an educational grant from

Medtronic

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IBD Masterclass • 18 Nov 2026

The Avery Jones Lecture Theatre, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

Modern concepts and therapeutics in IBD

Chairs: Ravi Misra, Nik Kamperidis

09:15 Arrival and refreshments

09:45 Debate: is Azathioprine a drug of the past? **Yes: Alex Toskas, No: Ravi Misra**

10:15 IBD treatments: the present – positioning biologics in IBD: role of treat to target **James Alexander**

10:35 IBD treatments: the future – drugs in pipeline **Tim Raine**

10:55 Break

11:20 Combination therapies **Nik Kamperidis, Dania Al-Zarrad**

11:40 Will intestinal ultrasound change the patient pathway in IBD? **Will Blad**

12:00 Lunch

13:00 J&J Sponsored Symposium Johnson&Johnson

Prof. Ailsa Hart St Mark's Hospital, **Prof. James Lindsay**, Barts NHS Trust

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Special situations in IBD

Chairs: Lisa Younge, Tracey Tyrrell

13:30 Perianal Crohn's surgery for the gastroenterologist **Guy Worley**

13:50 IBD and pregnancy – summary of global pregnancy guidelines **Klaartje Bel Kok, Charlotte Frise**

14:10 IBD in elderly populations **Jimmy Limdi**

14:30 Break

14:50 Dietary therapy in UC **Gabriela Poufou**

15:10 The importance of psychology in IBD: supporting paediatric and newly diagnosed patients **King-Chi Yau, Hala Al-Jarah**

15:30 IBD standards 2026: what's new, what matters **Chris Lamb**

15:50 Interactive clinical cases **Panel discussion**

16:10 Close

St Mark's National Bowel Hospital

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Endoscopy Masterclass • 18 Nov 2026

The Endoscopy Masterclass will be available online.

Endoscopic surveillance and intervention in high-risk cancer patients

With a full day of sessions, we will be presenting a series of pre-recorded video cases with panel discussion, as well as short lectures, focusing on the endoscopic management of patients with Lynch syndrome, polyposis syndromes and IBD, including the role of optical diagnosis, AI and various therapeutic techniques.

Session 1: Lynch, polyposis & IBD surveillance

Chair: Siwan Thomas-Gibson

Panel: Kevin Monahan, Andrew Latchford, Ana Wilson, Adam Haycock

09:00	Welcome **Adam Humphries**
09:05	Lynch surveillance **Kevin Monahan**
09:20	Lesion detection and management: video-based case discussions
09:40	Polyposis assessment & surveillance **Andrew Latchford**
09:55	Gastric, colonic and pouch assessments: video-based case discussions
10:30	IBD surveillance **Ana Wilson**
10:45	Lesion detection and assessment: video-based case discussions
11:15	Break

Session 2: Optical diagnosis

Chair: Brian Saunders. Panel: Ahmir Ahmad, Jon Landy, Maggie Vance, Mohamed Abdelrahim (Consultant Gastroenterologist, Sheffield)

11:30	Optical diagnosis and AI for small polyps **Ahmir Ahmad**
11:45	Video-based case discussions
12:15	Optical diagnosis for advanced polyps **Jon Landy**
12:30	Video-based case discussions
13:00	Lunch

Session 3: Therapeutic interventions

Chair: Adam Humphries. Panel: Noriko Suzuki, Brian Saunders, Jon Landy, Mohamed Abdelrahim (Consultant Gastroenterologist, Sheffield)

14:00	Indications for en-bloc resection **Noriko Suzuki**
14:15	ESD cases: video-based case discussions
15:15	Break
15:30	Underwater EMR **Jon Landy**
15:45	uEMR and ESD cases: video-based case discussions
16:30	Close

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Surgery Masterclass 1 18 Nov 2026

Seminar Room A, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

Abdominal wall masterclass

Chairs: Akash Mehta, Gregory Thomas

10:00 Fundamentals of abdominal wall pathology and reconstruction – a series of short presentations and interactive discussion with delegates; topics include:

- Strategies to reduce hernia risk
- Selection and optimisation of patients
- The abdominal wall MDT: distinguishing simple from complex
- Principles of mesh choice
- Surgical anatomy
- Parastomal hernias

13:00 Lunch

14:00 Video demonstrations of surgical techniques:

- Rives-Stoppa
- Open ACS
- Open TAR
- Robotic procedures
- Pauli

15:00 Live demonstration & delegate hands-on:

- Small bites closure
- Mesh-mediated fascial traction + negative pressure wound therapy
- Rives-Stoppa

16:00 Close

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Surgery Masterclass 2 18 Nov 2026



Park Royal Seminar Room, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

Endometriosis masterclass

Chair: Danilo Miskovic

10:00 Welcome and introduction

10:15 Endometriosis: Clinical overview for the colorectal surgeon

10:45 History taking, examination and consent in clinic

11:00 Coffee Break

11:20 Multidisciplinary overview: Mapping pelvic endometriosis

12:15 Surgical Strategy and Operative Decision-Making

13:00 Lunch

14:00 Afternoon Technical Workshops

Rotating Skills Stations (3 × 40 minutes)

Participants rotate through three practical and discussion-based stations in groups A, B, and C.

Rotation schedule:

Time	Group A	Group B	Group C
14:00–14:40	Station 1	Station 2	Station 3
14:40–15:20	Station 2	Station 3	Station 1
15:20–15:50	Station 3	Station 1	Station 2

Station 1 – Robotic shaving and disc resection

Station 2 – Segmental resection and anastomosis techniques

Station 3 – Technical video and case analysis

15:50 Key takeaways and closing remarks

16:00 Close

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Surgery Masterclass 3 18 Nov 2026

Seminar Room B, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

IBD surgery masterclass

Chairs: Phil Tozer, Kapil Sahnan, Orestis Argyriou

08:45	Registration
09:30	Welcome and housekeeping

Anastomoses in Crohn's disease

09:40	Isoperistaltic lecture
09:50	Practical skills station – isoperistaltic anastomosis **20 mins per delegate (x2)**
10:30	Break
10:50	Kono-S lecture
11:00	Practical skills station – Kono-S anastomosis **35 mins per delegate (x2)**

IPAA formation

12:10	IPAA lecture
12:20	Practical skills station – IPAA formation **20 mins per delegate (x2)**
13:00	Lunch

Procedures for fistulae

14:00	Fistula procedures lecture
14:30	Practical skills station – LIFT **20 mins per delegate (x2)**
15:10	Practical skills station – advancement flap **20 mins per delegate (x2)**
15:50	Feedback
16:00	Close

This masterclass is sponsored by Meril

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Surgery Masterclass 4 18 Nov 2026

Hosted by Medtronic, 230 City Road. London, EC1V 2QY

Complex cancer surgery masterclass

Chair: Nicola Hodges, Toby Pring

09:00	Registration
09:15	Welcome and housekeeping **Nicola Hodges**

Introduction to the complex cancer team

09:30	What is complex cancer? **Toby Pring**
09:45	Which patients to refer and when? **Nicola Hodges**
10:00	Pushing the boundaries in complex cancer **Elaine Burns**
10:15	Facilitating patient decision making – a CNS perspective **Caroline Gee**
10:30	Radiology in complex cancer **Tom Glover**
11:00	Break

Technical perspectives

11:30	Soft tissue pelvic exenteration **Toby Pring**
11:45	Management of the pelvic sidewall **Elaine Burns**
12:15	Sacrectomy **Ian Jenkins, Will Aston**
12:45	Robotics in complex cancer **Elaine Burns**
13:00	Reconstruction/urology **Giles Hellawell**
13:15	Complications **Nicola Hodges**
13:30	Lunch

MDT

14:30	Prehabilitation for complex cancer **Richard Holman, Michael O'Connor**
15:00	Complex cancer MDT with interactive case discussion **MDT**
16:30	Close

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08:00 – 08:40 **Breakfast Workshops** Limited spaces, pre-booking essential

1 Hepatology workshop:
Optimising patients with cirrhosis for surgery
Luke Tyson, Laith Al-Rubaiy

2 Endoscopy workshop: Basic polypectomy – Everything you need to know
Brian Saunders, Ahmir Ahmad, Morgan Moorghen

09:00 Welcome from the Dean **Omar Faiz**

Beyond the diagnosis: a hopeful future for stage IV colon cancer **Chairs: Danilo Miskovic, Nicola Hodges**

09:05 From palliative to potentially curable? Neoadjuvant immunotherapy in Stage IV colon cancer
Kai-Keen Shiu

09:20 Using ctDNA to decide when to cut and when to quit? **Naureen Starling**

09:35 Beyond the resection line: is liver transplantation the final frontier? **Krishna Menon**

09:50 Orchestrating the unresectable: getting the sequence right **Danilo Miskovic**

10:00 Panel discussion
Danilo Miskovic, Nicola Hodges, Kai-Keen Shiu, Naureen Starling, Krishna Menon, Tom Glover, Sarah Rehana

10:20 Break

Intestinal failure: Learning from pitfalls – past insights, present practice, future care

Chairs: Akash Mehta, Hajeena Kathirgamanathan • ST MARK'S
Chairs: Frederick Koh, Johnathan Lum • SINGAPORE

10:40 Panel discussion

Richard Holman, Carolynne Vaizey, Simon Gabe
Aoife Reilly St Mark's Dietitian, Lee Hui Bing Sengkang Dietitian
Gita Lingam St Mark's Surgical Trainee

Session including case-based discussions combining MDTs from St Mark's Hospital, London and Sengkang General Hospital, Singapore (via a video link). Topics include:

- What (not) to do to prevent and manage an enterocutaneous fistula (ECF)
- When and how to refer to an IF unit
- How to manage an IF patient's nutrition
- Management of a high output ECF/stoma
- Use of prehabilitation
- Definitive surgical management of IF
- The future of IF



Frederick Koh

12:00 Lunch

Anaut

12:00 Lunchtime session with Anaut Inc.

Try EUREKA: real time AI-assisted structure recognition in colorectal surgery

Held in the breakout room

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Sir Alan Parks Visiting Professor Lecture

Chair: Omar Faiz



12:55 The evolution of colorectal surgery: a journey from tradition to innovation
Alberto Arezzo

13:25 Ethicon symposium: Ethicon 4000 Stapler System: Design differences matter when it comes to performance and results **Adam Howell, Product Manager**

Johnson&Johnson MedTech

Severe ulcerative colitis: escalation, exhaustion, and exit strategies

Chair: Phil Tozer, Gabriela Poufou

13:40 JAK inhibition in ASUC
Kamal Patel

13:50 Appendicectomy in medically refractory UC
Joline de Groof

14:00 Looking back at the ileoanal pouch
Steve Brown

14:10 The never-ending St Mark's discussion:
Pouch technique – indications and benefits, technical tips for success
Omar Faiz, Janindra Warusavitarne

14:20 When and how do I use a Kock Pouch?
Maria Hermanson

14:30 **J&J Sponsored Symposium** Johnson&Johnson
Kamal Patel

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14:40 Ileoanal pouch dysfunction: MDT cases and future directions
Phil Tozer, Janindra Warusavitarne, Kamal Patel, Steve Brown, Lisa Allison, Joline de Groof

15:15 Break

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Subacute hereditary cancer presentations: where do we go from here?

Chairs: Kevin Monahan, Ash Sinha

State of the art lecture

15:35 Outcomes from the new Lynch syndrome bowel cancer screening programme

Kevin Monahan

Case-based discussions

Panel: Kai-Keen Shiu, Michele Marshall, Kevin Monahan, Ash Sinha

15:50 What's that shadow in the mesentery?

16:00 How many polyps is too many?

16:10 Immunotherapy colitis in a young patient with advanced CRC... end of story?

The John Nicholls Prize

Chairs: Omar Faiz, John Nicholls



16:35 The John Nicholls Prize presentation

16:50 The John Nicholls Runner-Up Prize and Bursary Awards

Sponsored by the Falk Foundation

16:55 Close

17:00–17:30 PubTalks: A light-hearted conversation with experienced GI surgeons and physicians **Phil Tozer and Danilo Miskovic**

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08:00 – 08:40 **Breakfast Workshops** Limited spaces, pre-booking essential

1 Familial cancers workshop

Sue Clark, Andrew Latchford

09:00 Welcome from the Dean **Omar Faiz**

Sir Francis Avery Jones Visiting Professor Lecture

Chair: Tim Orchard



09:05 Delivering high quality care in IBD across the UK: Learning from the past, looking to the future **Chris Lamb**

Looking forward by looking back: the evolution of proctology practice

Chairs: Asha Senapati, Gregory Thomas

09:35 Pilonidal treatment: critical do's, crucial don'ts
Asha Senapati

09:45 Anal intraepithelial neoplasia: it's not magic
Sarah Mills

09:55 Complex fistula: balancing hope, reality and outcomes
Gregory Thomas

10:05 Haemorrhoids: first do no harm **Steve Brown**

10:15 Live Q&A session

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Faecal incontinence: modern solutions for an age-old problem

Chairs: Gregory Thomas, Carolynne Vaizey

10:20	“I never knew I could get incontinence.” **Gregory Thomas**
10:30	What tests are useful and what do they mean? **Charles Knowles, Khalil Elgendy**
10:40	What can biofeedback offer? **Tatenda Marunda**
10:50	Who should get a sphincter repair in 2026? **Carolynne Vaizey**
11:00	How to optimise a sacral nerve modulation service? **Thomas Dudding**
11:10	Stomas for faecal incontinence: end of the road or a godsend? **Alison Hainsworth**
11:20	Live Q&A session
11:25	Break

Crohn's disease: are we entering the post-surgical era?

Chairs: Naila Arebi, James Alexander

11:40	Patient perspective on medicine vs surgery for Crohn’s disease **Patient Interview**
11:50	Early advanced medical therapy should make surgery redundant **Nurulamin Noor**
12:00	LIRIC shows that surgery will remain an excellent option **Joline de Groof**
12:10	The future of treatment for Crohn's (including anti-fibrotic agents) **James Lindsay**
12:20	Panel discussion **Naila Arebi, James Alexander, Nurulamin Noor, Joline de Groof, James Lindsay**
12:40	Lunch

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Resectability reconsidered: modern strategies in advanced colorectal cancer

Chairs: Ian Jenkins, Toby Pring, Kai-Keen Shiu

13:25 Lessons from sarcoma, go big or go home: should we be pushing further in bony resection and reconstruction? **Will Aston**

13:45 Revisiting intraoperative radiotherapy: can we cure the 'irresectable' at surgery, or should we wait to wield the SABR at recurrence? **Alex Mirnezami, Kasia Owczarczyk**

14:05 Question Time: Bad biology, BRAF and brutality – How much is too much and where do we stop? **Omer Aziz, Martha Quinn, Nicola Hodges, Kasia Owczarczyk, Kai Keen-Shiu, Therese Hona**

Basil Morson State of the Art Lecture

Chair: Kevin Monahan



14:50 Learning cancer's evolutionary history to predict its future **Trevor Graham**

15:20 Break

RevolveLabs

15:20–15:35 Breaktime session with RevolveLabs: From theatre to headset. Building a surgical VR Programme with St Mark's
Chair: Omar Faiz

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Future frontiers in colorectal collaboration: Building the networks that shape tomorrow

Chairs: Omar Faiz, Laith Al-Rubaiy

Panel discussion via video link with delegates from the MENA region

15:40 How Future collaboration between Europe and middle income counties can help to meet challenges of service delivery **Khaled Madbouly**

15:45 Colorectal screening in Saudi Arabia **Samar Alhomoud**

15:50 Barriers and challenges in setting up colon cancer screening in Iraq : learning from the UK experience **Laith Al-Rubaiy**

15:55 Panel discussion

Omar Faiz, Laith Al-Rubaiy, Shareef Tholoor, Khaled Madbouly, Samar Alhomoud, Abdullah Alhaddad

Future visions of colorectal care

Chairs: Siwan Thomas-Gibson, Manmeet Matharoo

16:10 Merging worlds of endoscopy and surgery: what the future holds **Amyn Haji**

16:20 The AI and robotic health revolution: how the digital world will change colorectal care? **Alberto Arezzo**

16:30 The future of endoscopy in the digital world **David Tate**

16:40 Panel discussion

Rehan Haidry, Amyn Haji, Alberto Arezzo, Stuart Taylor, Siwan Thomas-Gibson, Manmeet Matharoo, David Tate

17:00 Close

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