



The 24th Annual International Congress

Frontiers in Colorectal And Intestinal Disease

Learning from the past, to create a better future
18, 19 & 20 November 2026

We are holding exclusive masterclasses on 18 November at St Mark's Hospital.

St Mark's Hospital, Central Middlesex, Acton Road, London NW10 7NS

On 19–20 November, you can attend our flagship International Congress
in London or join our global audience online.

Royal College of Surgeons, 38–43 Lincoln's Inn Fields, London WC2A 3PE



Sir Francis Avery Jones
Visiting Professor

Chris Lamb

Newcastle Biomedical
Research Centre



Sir Alan Parks
Visiting Professor

Alberto Arezzo

University of Turin
Italy



Basil Morson
Visiting Professor

Trevor Graham

The Institute of Cancer
Research, London

www.stmarksacademicinstitute.org.uk

Welcome to the 24th Annual Frontiers in Colorectal and Intestinal Disease

It is my great pleasure, as Dean of St Mark's Academic Institute, to welcome you to London for the 24th Annual Frontiers in Colorectal and Intestinal Disease Congress. This year's meeting focuses on colorectal disease at the crossroads – learning from the past, to create a better future.

We are delighted to host participants both here in London and around the world online. With high-quality facilities and streaming, we aim to provide every attendee with an excellent experience, whether joining us in person or virtually.

The programme embraces a wide range of multidisciplinary perspectives—medical, endoscopic, radiological, oncological, surgical nursing, and nutritional—while ensuring that the patient voice is clearly heard.

We are honoured to welcome Chris Lamb (UK) as the Sir Francis Avery Jones Visiting Professor, Alberto Arezzo (Italy) as the Sir Alan Parks Visiting Professor, and Trevor Graham (UK) delivering the Basil Morson State of the Art Lecture.

Over three days, the Congress will explore topics central to everyday clinical practice and cutting-edge research.

This year we will be running exclusive workshops on the first day held at St Mark's, followed by 2 days of symposia in London at the Royal College of Surgeons.

On Wednesday we are running workshops on IBD, endoscopy and surgery. Surgery will have separate specialised sessions on the

abdominal wall, endometriosis, IBD surgery and complex colorectal cancer.

Thursday opens with sessions with 'Beyond the diagnosis: a hopeful future for stage IV colon cancer', 'Intestinal failure: learning from pitfalls – past insights, present practice, future care', 'Severe ulcerative colitis: escalation, exhaustion, and exit strategies', and 'Subacute hereditary cancer presentations: where do we go from here?'. The prestigious John Nicholls Prize will also be awarded for the best new research.

On Friday, we start with 'Looking forward by looking back: the evolution of proctology practice', then 'Faecal incontinence: modern solutions for an age-old problem', 'Crohn's disease: are we entering the post-surgical era?', 'Resectability reconsidered: modern strategies in advanced colorectal cancer', 'Future frontiers in colorectal collaboration building the networks that shape tomorrow', and 'Future visions of colorectal care'.

On Thursday and Friday we will host breakfast workshops in small groups with leading experts; early booking is essential as places are limited.

We warmly thank all our supporters, sponsors and contributors for their invaluable assistance in making this Congress possible. We hope the coming days will be stimulating, educational, and thought-provoking, and we wish you an enjoyable and memorable time here in London for the 24th Frontiers Congress.



Professor Omar Faiz, Dean
St Mark's Academic Institute





Frontiers2026

Frontiers Day 1 • Masterclasses • 18 Nov 2026

This year Frontiers includes 3 masterclasses focusing on IBD, endoscopy and surgery



The IBD Masterclass

SESSION LEADS

Ravi Misra, Nik Kamperidis, Lisa Younge, Tracey Tyrrell

The Avery Jones Lecture Theatre, St Mark's Academic Institute
Central Middlesex, Acton Road, London NW10 7NS



The Endoscopy Masterclass

SESSION LEADS

Siwan Thomas-Gibson, Adam Humphries, Brian Saunders

We will be welcoming Dr Mohamed Abdelrahim, Consultant
Gastroenterologist, Sheffield Teaching Hospitals NHS Foundation Trust
The Endoscopy Masterclass will be available online only



The Abdominal Wall Masterclass

Akash Mehta, Gregory Thomas

Seminar Room A, St Mark's Academic Institute NW10 7NS

Endometriosis Masterclass

Danilo Miskovic

Park Royal Seminar Room, St Mark's Academic Institute NW10 7NS

IBD Surgery Masterclass

Phil Tozer, Kapil Sahnan, Orestis Argyriou

Seminar Room B, St Mark's Academic Institute NW10 7NS

Complex Cancer Surgery Masterclass

Nicola Hodges, Toby Pring

Hosted by Medtronic, 230 City Road. London, EC1V 2QY

St Mark's Masterclasses are supported by an educational grant from

Medtronic



IBD Masterclass • 18 Nov 2026

The Avery Jones Lecture Theatre, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

Modern concepts and therapeutics in IBD

Chairs: Ravi Misra, Nik Kamperidis

09:15 Arrival and refreshments

09:45 Debate: is Azathioprine a drug of the past? **Yes: Alex Toskas, No: Ravi Misra**

10:15 IBD treatments: the present – positioning biologics in IBD:
role of treat to target **James Alexander**

10:35 IBD treatments: the future – drugs in pipeline **Tim Raine**

10:55 Break

11:20 Combination therapies **Nik Kamperidis**

11:40 Will intestinal ultrasound change the patient pathway in IBD? **Will Blad**

12:00 Lunch

1300 Johnson & Johnson Symposium **Johnson&Johnson**

Special situations in IBD

Chairs: Lisa Younge, Tracey Tyrrell

13:30 Perianal Crohn's surgery for the gastroenterologist **Guy Worley**

13:50 IBD and pregnancy – summary of global pregnancy guidelines **Klaartje Bel Kok**

14:10 IBD in elderly populations **Jimmy Limdi**

14:30 Break

14:50 Dietary therapy in UC **Gabriela Poufou**

15:10 The importance of psychology in IBD: supporting paediatric and newly
diagnosed patients **King-Chi Yau, Hala Al-Jarah**

15:30 IBD standards 2026: what's new, what matters **Chris Lamb**

15:50 Interactive clinical cases **Panel discussion**

16:10 Close



Endoscopy Masterclass • 18 Nov 2026

The Endoscopy Masterclass will be available online.

Endoscopic surveillance and intervention in high-risk cancer patients

With a full day of sessions, we will be presenting a series of pre-recorded video cases with panel discussion, as well as short lectures, focusing on the endoscopic management of patients with Lynch syndrome, polyposis syndromes and IBD, including the role of optical diagnosis, AI and various therapeutic techniques.

Session 1: Lynch, polyposis & IBD surveillance

Chair: Siwan Thomas-Gibson

Panel: Kevin Monahan, Andrew Latchford, Ana Wilson, Adam Haycock

- 09:00 Welcome **Adam Humphries**
- 09:05 Lynch surveillance Presentation **Kevin Monahan**
- 09:20 Lesion detection and management: Video-based case discussions
- 09:40 Polyposis assessment & surveillance: Presentation **Andrew Latchford**
- 09:55 Gastric, colonic and pouch assessments: Video-based case discussions
- 10:30 IBD surveillance: Presentation **Ana Wilson**
- 10:45 Lesion detection and assessment: Video-based case discussions
- 11:15 Break

Session 2: Optical diagnosis

Chair: Brian Saunders. Panel: Ahmir Ahmad, Jon Landy, Maggie Vance, Mohamed Abdelrahim (Consultant Gastroenterologist, Sheffield)

- 11:30 Optical diagnosis and AI for small polyps: Presentation **Ahmir Ahmad**
- 11:45 Video based case discussions
- 12:15 Optical diagnosis for advanced polyps: Presentation **Jon Landy**
- 12:30 Video-based case discussions

13:00 Lunch

Session 3: Therapeutic interventions

Chair: Adam Humphries. Panel: Noriko Suzuki, Brian Saunders, Jon Landy, Mohamed Abdelrahim (Consultant Gastroenterologist, Sheffield)

- 14:00 Indications for en-bloc resection: Presentation **Noriko Suzuki**
- 14:15 ESD cases: Video-based case discussions
- 15:15 Break
- 15:30 Underwater EMR: Presentation **Jon Landy**
- 15:45 uEMR and ESD cases: Video-based case discussions
- 16:30 Close



Surgery Masterclass **1** 18 Nov 2026

Seminar Room A, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

Abdominal wall masterclass

Chairs: Akash Mehta, Gregory Thomas

- 10:00 Fundamentals of abdominal wall pathology and reconstruction – a series of short presentations and interactive discussion with delegates; topics include:
- Strategies to reduce hernia risk
 - Selection and optimisation of patients
 - The abdominal wall MDT: distinguishing simple from complex
 - Principles of mesh choice
 - Surgical anatomy
 - Parastomal hernias
- 13:00 Lunch
- 14:00 Video demonstrations of surgical techniques:
- Rives-Stopppa
 - Open ACS
 - Open TAR
 - Robotic procedures
 - Pauli
- 15:00 Live demonstration & delegate hands-on:
- Small bites closure
 - Mesh-mediated fascial traction + negative pressure wound therapy
 - Rives-Stopppa
- 16:00 Close

This masterclass is sponsored by

Surgery Masterclass **2** 18 Nov 2026

Park Royal Seminar Room, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

Endometriosis masterclass

Chair: Danilo Miskovic

- 10:00 Welcome and introduction
- 10:15 Endometriosis: Clinical overview for the colorectal surgeon
- 10:45 History taking, examination and consent in clinic
- 11:00 Coffee Break
- 11:20 Multidisciplinary overview: Mapping pelvic endometriosis
- 12:15 Surgical Strategy and Operative Decision-Making
- 13:00 Lunch
- 14:00 Afternoon Technical Workshops
Rotating Skills Stations (3 × 40 minutes)
Participants rotate through three practical and discussion-based stations in groups A, B, and C.

Rotation schedule:

Time	Group A	Group B	Group C
14:00–14:40	Station 1	Station 2	Station 3
14:40–15:20	Station 2	Station 3	Station 1
15:20–15:50	Station 3	Station 1	Station 2

Station 1 – Robotic shaving and disc resection

Station 2 – Segmental resection and anastomosis techniques

Station 3 – Technical video and case analysis

15:50 Key takeaways and closing remarks

16:00 Close



Surgery Masterclass **3** 18 Nov 2026

Seminar Room B, St Mark's Academic Institute, Central Middlesex, Acton Road, London NW10 7NS

IBD surgery masterclass

Chairs: Phil Tozer, Kapil Sahnan, Orestis Argyriou

08:45 Registration

09:30 Welcome and housekeeping

Anastomoses in Crohn's disease

09:40 Isoperistaltic lecture

09:50 Practical skills station – isoperistaltic anastomosis

20 mins per delegate (x2)

10:30 Break

10:50 Kono-S lecture

11:00 Practical skills station – Kono-S anastomosis

35 mins per delegate (x2)

IPAA formation

12:10 IPAA lecture

12:20 Practical skills station – IPAA formation **20 mins per delegate (x2)**

13:00 Lunch

Procedures for fistulae

14:00 Fistula procedures lecture

14:30 Practical skills station – LIFT **20 mins per delegate (x2)**

15:10 Practical skills station – advancement flap

20 mins per delegate (x2)

15:50 Feedback

16:00 Close

This masterclass is sponsored by

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Surgery Masterclass **4** 18 Nov 2026

Hosted by Medtronic, 230 City Road. London, EC1V 2QY

Complex cancer surgery masterclass

Chair: Nicola Hodges, Toby Pring

09:00 Registration

09:15 Welcome and housekeeping **Nicola Hodges**

Introduction to the complex cancer team

09:30 What is complex cancer? **Toby Pring**

09:45 Which patients to refer and when? **Nicola Hodges**

10:00 Pushing the boundaries in complex cancer **Elaine Burns**

10:15 Facilitating patient decision making – a CNS perspective **Caroline Gee**

10:30 Radiology in complex cancer **Tom Glover**

11:00 Break

Technical perspectives

11:30 Soft tissue pelvic exenteration **Toby Pring**

11:45 Management of the pelvic sidewall **Elaine Burns**

12:15 Sacrectomy **Ian Jenkins, Will Aston**

12:45 Robotics in complex cancer **Elaine Burns**

13:00 Reconstruction/urology **Giles Hellawell**

13:15 Complications **Nicola Hodges**

13:30 Lunch

MDT

14:30 Prehabilitation for complex cancer **Richard Holman, Michael O'Connor**

15:00 Complex cancer MDT with interactive case discussion **MDT**

16:30 Close



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08:00 – 08:40 **Breakfast Workshops** Limited spaces, pre-booking essential

1

Hepatology workshop:
Optimising patients with cirrhosis for surgery
Luke Tyson, Laith Al-Rubaiy

2

Endoscopy workshop: Basic polypectomy –
Everything you need to know
Brian Saunders, Ahmir Ahmad, Morgan Moorghen

09:00 Welcome from the Dean **Omar Faiz**

Beyond the diagnosis: a hopeful future for stage IV colon cancer Chairs: **Danilo Miskovic, Nicola Hodges**

09:05 From palliative to potentially curable? Neoadjuvant immunotherapy in Stage IV colon cancer
Kai-Keen Shiu

09:20 Using ctDNA to decide when to cut and when to quit? **Naureen Starling**

09:35 Beyond the resection line: is liver transplantation the final frontier? **Krishna Menon**

09:50 Orchestrating the unresectable: getting the sequence right **Danilo Miskovic**

10:00 Panel discussion
Danilo Miskovic, Nicola Hodges, Kai-Keen Shiu, Naureen Starling, Krishna Menon, Tom Glover, Sarah Rehana

10:20 Break

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Intestinal failure: Learning from pitfalls – past insights, present practice, future care

Chairs: Akash Mehta, Hajeena Kathirgamanathan • ST MARK'S

Chairs: Frederick Koh, Johnathan Lum • SINGAPORE

10:40 Panel discussion

Richard Holman, Carolynne Vaizey, St Mark's Dietitian TBC

St Mark's Gastroenterologist TBC

Lee Hui Bing (Sengkang Dietitian)

Session including case-based discussions combining MDTs from St Mark's Hospital, London and Sengkang General Hospital, Singapore (via a video link). Topics include:

- What (not) to do to prevent and manage an enterocutaneous fistula (ECF)
- When and how to refer to an IF unit
- How to manage an IF patient's nutrition
- Management of a high output ECF/stoma
- Use of prehabilitation
- Definitive surgical management of IF
- The future of IF



Frederick Koh

12:00 Lunch

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Sir Alan Parks Visiting Professor Lecture

Chair: Omar Faiz

12:55 The evolution of colorectal surgery:
a journey from tradition to innovation

Alberto Arezzo



13:25 Ethicon symposium: Ethicon 4000 Stapler System:
Design differences matter when it comes to
performance and results **Adam Howell, Product Manager**

**Johnson&Johnson
MedTech**

Severe ulcerative colitis: escalation, exhaustion, and exit strategies

Chair: Phil Tozer, Gabriela Poufou

13:40 JAK inhibition in ASUC
Kamal Patel

13:50 Appendicectomy in medically refractory UC
Joline de Groof

14:00 Looking back at the ileoanal pouch
Steve Brown

14:10 The St Mark's Debate: Pouch technique –
indications and benefits, technical tips for success
Omar Faiz, Janindra Warusavitarne

14:20 When and how do I use a Kock Pouch?
Maria Hermanson

14:30 Mini-session by **Johnson&Johnson** **Kamal Patel**

14:40 Ileoanal pouch dysfunction: MDT cases and future directions
**Phil Tozer, Janindra Warusavitarne, Kamal Patel,
Steve Brown, Lisa Allison, Joline de Groof**

15:15 Break

**Subacute hereditary cancer presentations:
where do we go from here?****Chairs: Kevin Monahan, Ash Sinha****State of the art lecture**

- 15:40 Outcomes from the new Lynch syndrome
bowel cancer screening programme
Kevin Monahan

Case-based discussions

**Panel: Kai-Keen Shiu, Michele Marshall TBC,
Kevin Monahan, Ash Sinha**

- 15:55 What's that shadow in the mesentery?
16:05 How many polyps is too many?
16:15 Immunotherapy colitis in a young patient with
advanced CRC... end of story?

The John Nicholls Prize**Chairs: Omar Faiz, John Nicholls**

- 16:25 The John Nicholls Prize presentation
16:40 Falk Foundation Bursary Awards Ceremony



Sponsored by the Falk Foundation



- 16:45 Close



Frontiers Day 3 • Conference • 20 Nov 2026

08:00 – 08:40 **Breakfast Workshops** Limited spaces, pre-booking essential

1

Familial cancers workshop

Sue Clark, Andrew Latchford

2

IBD dysplasia management workshop

Ana Wilson

09:00 Welcome from the Dean **Omar Faiz**

Sir Francis Avery Jones Visiting Professor Lecture

Chair: **Tim Orchard**

09:05 Delivering high quality care in IBD across the UK: Learning from the past, looking to the future **Chris Lamb**



Looking forward by looking back: the evolution of proctology practice

Chairs: **Asha Senapati, Kapil Sahnan**

09:35 Pilonidal treatment: critical do's, crucial don'ts
Asha Senapati

09:45 Anal intraepithelial neoplasia: it's not magic
Sarah Mills

09:55 Complex fistula: balancing hope, reality
and outcomes **Kapil Sahnan**

10:05 Haemorrhoids: first do no harm **Steve Brown**



Faecal incontinence: modern solutions for an age-old problem

Chairs: Gregory Thomas, Carolynne Vaizey

- 10:15 “I never knew I could get incontinence.”
Gregory Thomas
- 10:25 What tests are useful and what do they mean?
Charles Knowles, Khalil Elgendy TBC
- 10:35 What can biofeedback offer?
Tatenda Marunda
- 10:45 Who should get a sphincter repair in 2026?
Carolynne Vaizey
- 10:55 How to optimise a sacral nerve modulation service?
Thomas Dudding
- 11:05 Stomas for faecal incontinence: end of the road or a godsend?
Alison Hainsworth
- 11:15 Break

Frontiers Day 3 • Conference • 20 Nov 2026

Crohn's disease: are we entering the post-surgical era?

Chairs: Naila Arebi, James Alexander

11:30 Patient perspective on medicine vs surgery for Crohn's disease

Patient Interview

11:40 Early advanced medical therapy should make surgery redundant

Nurulamin Noor

11:50 LIRIC shows that surgery will remain an excellent option

Joline de Groof

12:00 The future of treatment for Crohn's (including anti-fibrotic agents)

James Lindsay

12:10 Panel discussion

**Naila Arebi, James Alexander, Nurulamin Noor,
Joline de Groof, James Lindsay**

12:30 Lunch

Resectability reconsidered: modern strategies in advanced colorectal cancer

Chairs: Ian Jenkins, Toby Pring, Kai-Keen Shiu

- 13:15 Lessons from sarcoma, go big or go home: should we be pushing further in bony resection and reconstruction? **Will Aston TBC**
- 13:35 Revisiting intraoperative radiotherapy: can we cure the 'irresectable' at surgery, or should we wait to wield the SABR at recurrence?
Alex Mirnezami
- 13:55 Debate: Bad biology, BRAF and brutality – How much is too much and where do we stop?
Omer Aziz, Martha Quinn, Nicola Hodges, Kai Keen-Shiu, Caroline Gee, patient representative
- 14:40 Break

Basil Morson State of the Art Lecture

Chair: Kevin Monahan

- 15:00 Learning cancer's evolutionary history to predict its future
Trevor Graham





Future frontiers in colorectal collaboration: Building the networks that shape tomorrow

Chair: Omar Faiz, Laith Al-Rubaiy

15:30 Panel discussion via video link with Gulf delegates
**Omar Faiz, Laith Al-Rubaiy, Shareef Tholoor,
Khaled Madbouly, Samar Alhomoud, Abdullah Alhaddad**

Future visions of colorectal care

Chairs: Siwan Thomas-Gibson, Manmeet Matharoo

16:00 Merging worlds of endoscopy and surgery:
what the future holds
Amyr Hajj

16:10 The AI and robotic health revolution:
how the digital world will change colorectal care?
Alberto Arezzo

16:20 The future of endoscopy in the digital world
David Tate

16:30 Panel discussion
**Rehan Haidry, Amyr Hajj, Alberto Arezzo, Stuart Taylor,
Siwan Thomas-Gibson, Manmeet Matharoo**

16:50 Close

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