



**STMARK'S**  
National Bowel Hospital

The 24<sup>th</sup> Annual International Congress  
**Frontiers in Colorectal  
And Intestinal Disease**

Learning from the past, to create a better future  
18, 19 & 20 November 2026

We are holding exclusive in-person masterclasses on 18 November at St Mark's Hospital.

St Mark's Hospital, Central Middlesex, Acton Road, London NW10 7NS

On 19–20 November, you can attend our flagship International Congress  
in London or join our global audience online.

Royal College of Surgeons, 38–43 Lincoln's Inn Fields, London WC2A 3PE



Sir Francis Avery Jones  
Visiting Professor

**Chris Lamb**

Newcastle Biomedical  
Research Centre



Sir Alan Parks  
Visiting Professor

**Alberto Arezzo**

University of Turin  
Italy



Basil Morson  
Visiting Professor

**Trevor Graham**

The Institute of Cancer  
Research, London

[www.stmarksacademicinstitute.org.uk](http://www.stmarksacademicinstitute.org.uk)



## Welcome to the 24<sup>th</sup> Annual Frontiers in Colorectal and Intestinal Disease

It is my great pleasure, as Dean of St Mark's Academic Institute, to welcome you to London for the 24<sup>th</sup> Annual Frontiers in Colorectal and Intestinal Disease Congress. This year's meeting focuses on colorectal disease at the crossroads – learning from the past, to create a better future.

We are delighted to host participants both here in London and around the world online. With high-quality facilities and streaming, we aim to provide every attendee with an excellent experience, whether joining us in person or virtually.

The programme embraces a wide range of multidisciplinary perspectives—medical, endoscopic, radiological, oncological, surgical nursing, and nutritional—while ensuring that the patient voice is clearly heard.

We are honoured to welcome Chris Lamb (UK) as the Sir Francis Avery Jones Visiting Professor, Alberto Arezzo (Italy) as the Sir Alan Parks Visiting Professor, and Trevor Graham (UK) delivering the Basil Morson State of the Art Lecture.

Over three days, the Congress will explore topics central to everyday clinical practice and cutting-edge research.

This year we will be running exclusive workshops on the first day held at St Mark's, followed by 2 days of symposia in London at the Royal College of Surgeons.

On Wednesday we are running workshops on IBD, endoscopy and surgery. Surgery will have separate specialised sessions on the abdominal wall, endometriosis, IBD surgery and complex colorectal cancer.

Thursday opens with sessions with 'Beyond the diagnosis: a hopeful future for stage IV colon cancer', 'Intestinal failure: learning from pitfalls – past insights, present practice, future

care', 'Severe ulcerative colitis: escalation, exhaustion, and exit strategies', and 'Subacute hereditary cancer presentations: where do we go from here?'. The prestigious John Nicholls Prize will also be awarded for the best new research.

On Friday, we start with 'Looking forward by looking back: the evolution of proctology practice', then 'Faecal incontinence: modern solutions for an age-old problem', 'Crohn's disease: are we entering the post-surgical era?', 'Resectability reconsidered: modern strategies in advanced colorectal cancer', 'Future frontiers in colorectal collaboration building the networks that shape tomorrow', and 'Future visions of colorectal care'.

On Thursday and Friday we will host breakfast workshops in small groups with leading experts; early booking is essential as places are limited.

We warmly thank all our supporters, sponsors and contributors for their invaluable assistance in making this Congress possible. We hope the coming days will be stimulating, educational, and thought-provoking, and we wish you an enjoyable and memorable time here in London for the 24th Frontiers Congress.



**Professor Omar Faiz, Dean  
St Mark's Academic Institute**



# Frontiers2026

## Frontiers Day 1 • Masterclasses • 18 Nov 2026

This year Frontiers includes 3 masterclasses focusing on IBD, endoscopy and surgery. Each class will be led by experts and will take place at St Mark's Hospital in London.

St Mark's Hospital, Central Middlesex, Acton Road, London NW10 7NS



### The IBD Masterclass

#### Session Leads

Ravi Misra, Nik Kamperidis,  
Lisa Younge, Tracey Tyrrell



### The Endoscopy Masterclass

#### Session Leads

Expert faculty from the  
St Mark's Endoscopy Team



### The Surgery Masterclasses

#### Session Leads

Akash Mehta, Gregory Thomas,  
Danilo Miskovic, Phil Tozer,  
Kapil Sahnun, Nicola Hodges



## IBD Masterclass • 18 Nov 2026

### Modern concepts and therapeutics in IBD

**Chairs: Ravi Misra, Nik Kamperidis**

- 09:30 Arrival and refreshments
- 10:00 Debate: is Azathioprine a drug of the past?  
**Yes: Alex Toskas, No: Ravi Misra**
- 10:30 IBD treatments: the present – positioning biologics in IBD: role of treat to target **James Alexander**
- 10:50 IBD treatments: the future – drugs in pipeline **Tim Raine**
- 11:10 Break
- 11:30 Combination therapies **Nik Kamperidis**
- 11:50 Will intestinal ultrasound change the patient pathway in IBD?  
**Will Blad**
- 12:10 Lunch

### Special situations in IBD

**Chairs: Lisa Younge, Tracey Tyrrell**

- 13:10 IBD and pregnancy – summary of global pregnancy guidelines **Klaartje Bel Kok, Iona Thorne**
- 13:30 IBD in elderly populations **Jimmy Limdi**
- 13:50 The psychological burden of IBD  
**Alexa Duff, Sonya Frearson**
- 14:10 Break
- 14:40 Dietary therapy in UC **Gabriela Poufou**
- 15:00 Perianal Crohn's surgery for the gastroenterologist  
**Guy Worley**
- 15:20 IBD standards 2026: what's new, what matters  
**Chris Lamb**
- 15:40 Interactive clinical cases **Panel discussion**
- 16:00 Close



## Endoscopy Masterclass • 18 Nov 2026

### Endoscopic surveillance and intervention in high-risk cancer patients

**Chairs: Adam Humphries TBC, Brian Saunders TBC**

- 08:30 Welcome and introduction
- 09:00 Cases and lectures
- 11:00 Break
- 11:15 Cases and lectures
- 13:00 Lunch
- 14:00 Cases and lectures
- 16:45 Key takeaways and closing remarks
- 17:00 Close

We plan to welcome a small group of delegates to the St Mark's endoscopy training room for an interactive learning experience, there will also be an opportunity to attend virtually. We will be presenting a series of live cases with commentary, as well as short lectures and video, focusing on the endoscopic management of patients with Lynch syndrome, polyposis syndromes and IBD. Medtronic will be in attendance and showcasing the next generation GI Genius™ with ColonPRO™ software for AI assisted colonoscopy.

Our planned schedule of patients will aim to cover the following topics:

#### **Room 1: Assessment and surveillance in Lynch, polyposis and IBD**

Ana Wilson, Kevin Monahan, Ahmir Ahmad, Siwan Thomas-Gibson

AI assisted endoscopy, IBD and pouch surveillance, polyposis syndromes, Lynch syndrome

#### **Room 2: Therapeutic techniques in Lynch, polyposis and IBD**

Adam Humphries, Noriko Suzuki, Brian Saunders, Jon Landy

Cold snare EMR, Underwater EMR, Colonic ESD – ERBE HybridKnife® & underwater ESD technique



## Surgery Masterclass **1** 18 Nov 2026

### Abdominal wall masterclass

Chairs: Akash Mehta, Gregory Thomas

- 10:00 Fundamentals of abdominal wall pathology and reconstruction – a series of short presentations and interactive discussion with delegates; topics include:
- Strategies to reduce hernia risk
  - Selection and optimisation of patients
  - The abdominal wall MDT: distinguishing simple from complex
  - Principles of mesh choice
  - Surgical anatomy
  - Parastomal hernias
- 13:00 Lunch
- 14:00 Video demonstrations of surgical techniques:
- Rives-Stoppa
  - Open ACS
  - Open TAR
  - Robotic procedures
  - Pauli
- 15:00 Live demonstration & delegate hands-on:
- Small bites closure
  - Mesh-mediated fascial traction + negative pressure wound therapy
  - Rives-Stoppa
- 16:00 Close



### Endometriosis masterclass

Chair: Danilo Miskovic

- 10:00 Welcome and introduction
- 10:15 Endometriosis: Clinical overview for the colorectal surgeon
- 10:45 History taking, examination and consent in clinic

11:00 Coffee Break

- 11:20 Multidisciplinary overview: Mapping pelvic endometriosis
- 12:15 Surgical Strategy and Operative Decision-Making

13:00 Lunch

- 14:00 Afternoon Technical Workshops  
Rotating Skills Stations (3 × 40 minutes)  
Participants rotate through three practical and discussion-based stations in groups A, B, and C.

Rotation schedule:

Time	Group A	Group B	Group C
14:00–14:40	Station 1	Station 2	Station 3
14:40–15:20	Station 2	Station 3	Station 1
15:20–15:50	Station 3	Station 1	Station 2

Station 1 – Robotic shaving and disc resection

Station 2 – Segmental resection and anastomosis techniques

Station 3 – Technical video and case analysis

15:50 Key takeaways and closing remarks

16:00 Close



## Surgery Masterclass **3** 18 Nov 2026

### IBD surgery masterclass

Chairs: Phil Tozer, Kapil Sahnan

- 08:45 Registration
- 09:30 Welcome and housekeeping

### Anastomoses in Crohn's disease

- 09:40 Isoperistaltic lecture **TBC**
- 09:50 Practical skills station – isoperistaltic anastomosis  
**20 mins per delegate (x2)**

10:30 Break

- 10:50 Kono-S lecture **TBC**
- 11:00 Practical skills station – Kono-S anastomosis  
**35 mins per delegate (x2)**

12:10 Lunch

### IPAA formation

- 13:10 IPAA lecture **TBC**
- 13:20 Practical skills station – IPAA formation **20 mins per delegate (x2)**

14:00 Break

### Procedures for fistulae

- 14:20 Fistula procedures lecture **TBC**
- 14:50 Practical skills station – LIFT **20 mins per delegate (x2)**
- 15:30 Practical skills station – advancement flap  
**20 mins per delegate (x2)**

16:10 Feedback

16:30 Close



## Surgery Masterclass **4** 18 Nov 2026

### **Complex cancer surgery masterclass**

**Chair: Nicola Hodges, Toby Pring**

- 09:00 Registration
- 09:15 Welcome and housekeeping

### **Introduction to the complex cancer team**

- 09:15 What is complex cancer?  
Which patients to refer and when  
Pushing the boundaries in complex cancer  
Facilitating patient decision making – a CNS perspective  
Radiology in complex cancer

10:30 Break

### **Technical perspectives**

- 11:00 Soft tissue pelvic exenteration  
Management of the pelvic sidewall  
Sacrectomy  
Robotics in locally advanced and recurrent rectal cancer  
Reconstruction  
Complications

13:00 Lunch

### **MDT**

- 14:00 A referrers perspective  
Prehabilitation for complex cancer surgery  
Complex cancer MDT with interactive case discussion

16:30 Close



### **Breakfast Workshops** • Limited spaces, pre-booking essential

- 08:00 Hepatology workshop  
Optimising patients with cirrhosis for surgery  
**Luke Tyson, Laith Al-Rubaiy**
- 08:00 Endoscopy workshop: How to enhance diagnosis at colonoscopy – the optical revolution  
**Brian Saunders, Ahmir Ahmad, Morgan Moorghen**
- 09:00 Welcome from the Dean **Omar Faiz**

### **Beyond the diagnosis: a hopeful future for stage IV colon cancer** Chairs: **Danilo Miskovic, Nicola Hodges**

- 09:05 From palliative to potentially curable? Neoadjuvant immunotherapy in Stage IV colon cancer  
**Myriam Chalabi TBC**
- 09:20 Orchestrating the unresectable: getting the sequence right **Danilo Miskovic, Kai-Keen Shiu**
- 09:35 Using ctDNA to decide when to cut and when to quit? **Naureen Starling TBC**
- 09:50 Beyond the resection line: is liver transplantation the final frontier? **Krishna Menon**
- 10:00 Panel discussion  
**Danilo Miskovic, Nicola Hodges, Kai-Keen Shiu, Myriam Chalabi, Naureen Starling, Krishna Menon, Tom Glover, Sarah Rehana**
- 10:20 Break



### **Intestinal failure: Learning from pitfalls – past insights, present practice, future care**

**Chairs: Akash Mehta, Hajeena Kathirgamanathan • ST MARK'S  
Chairs: Frederick Koh, Johnathan Lum • SINGAPORE**

10:40 Panel discussion

**Richard Holman, Carolynne Vaizey  
St Mark's Dietitian TBC  
Lee Hui Bing (Sengkang Dietitian)  
St Mark's Gastroenterologist TBC**

Session including case-based discussions combining MDTs from St Mark's Hospital, London and Sengkang General Hospital, Singapore (via a video link). Topics include:

- What (not) to do to prevent and manage an enterocutaneous fistula (ECF)
- When and how to refer to an IF unit
- How to manage an IF patient's nutrition
- Management of a high output ECF/stoma
- Use of prehabilitation
- Definitive surgical management of IF
- The future of IF



**Frederick Koh**

12:00 Lunch



### Sir Alan Parks Visiting Professor Lecture

Chair: Omar Faiz

13:00 The evolution of colorectal surgery:  
a journey from tradition to innovation  
**Alberto Arezzo**



### Severe ulcerative colitis: escalation, exhaustion, and exit strategies

Chairs: Ailsa Hart, Phil Tozer

- 13:30 JAK inhibition in ASUC  
**Kamal Patel**
- 13:40 Appendicectomy in medically refractory UC  
**Christianne Buskens TBC**
- 13:50 Looking back at the ileoanal pouch  
**Steve Brown**
- 14:00 The St Mark's Debate: Pouch technique –  
indications and benefits, technical tips for success  
**Omar Faiz, Janindra Warusavitarne**
- 14:10 When and how do I use a Kock Pouch?  
**Maria Hermanson TBC**
- 14:20 Ileoanal pouch dysfunction: MDT cases  
and future directions  
**Ailsa Hart, Phil Tozer, Janindra Warusavitarne, Kamal Patel,  
Steve Brown, Lisa Allison, Christianne Buskens TBC**
- 14:50 Break



### **Subacute hereditary cancer presentations: where do we go from here?**

**Chairs: Kevin Monahan, Ash Sinha**

#### **State of the art lecture**

15:15 Outcomes from the new Lynch syndrome bowel cancer screening programme

**Kevin Monahan**

#### **Case-based discussions**

**Panel: Kai-Keen Shiu, Michele Marshall TBC,  
Kevin Monahan, Ash Sinha**

15:30 What's that shadow in the mesentery?

15:40 How many polyps is too many?

15:50 Immunotherapy colitis in a young patient with advanced CRC... end of story?

### **The John Nicholls Prize**

**Chairs: Omar Faiz, John Nicholls**

16:00 Prize presentation

16:30 Close





### **Breakfast Workshops** • Limited spaces, pre-booking essential

08:00 Familial cancers workshop  
**Sue Clark, Andrew Latchford**

08:00 IBD dysplasia management workshop  
**Ana Wilson**

09:00 Welcome from the Dean **Omar Faiz**

### **Sir Francis Avery Jones Visiting Professor Lecture**

**Chair: Tim Orchard**

09:05 Delivering high quality care in IBD across the UK: Learning from the past, looking to the future **Chris Lamb**



### **Looking forward by looking back: the evolution of proctology practice**

**Chairs: Asha Senapati, Kapil Sahnun**

09:35 Pilonidal treatment: critical do's, crucial don'ts  
**Asha Senapati**

09:45 Anal intraepithelial neoplasia: it's not magic  
**Sarah Mills**

09:55 Complex fistula: balancing hope, reality and outcomes **Kapil Sahnun**

10:05 Haemorrhoids: first do no harm **Steve Brown**



## Faecal incontinence: modern solutions for an age-old problem

**Chairs: Gregory Thomas, Carolynne Vaizey**

- 10:15 “I never knew I could get incontinence.”  
**Gregory Thomas**
- 10:25 What tests are useful and what do they mean?  
**Charles Knowles, Khalil Elgendy TBC**
- 10:35 What can biofeedback offer?  
**Tatenda Marunda**
- 10:45 Who should get a sphincter repair in 2026?  
**Carolynne Vaizey**
- 10:55 How to optimise sacral nerve modulation service?  
**Thomas Dudding**
- 11:05 Stomas for faecal incontinence: end of the road or a godsend?  
**Kim Gorissen TBC**
- 11:15 Break



### **Crohn's disease: are we entering the post-surgical era?**

**Chairs: Naila Arebi, James Alexander**

11:30 Patient perspective on medicine vs surgery for Crohn's disease

**Patient Interview**

11:40 Early advanced medical therapy should make surgery redundant

**Nurulamin Noor**

11:50 LIRIC shows that surgery will remain an excellent option

**Christianne Buskens TBC**

12:00 The future of treatment for Crohn's (including anti-fibrotic agents)

**James Lindsay**

12:10 Panel discussion

**Naila Arebi, James Alexander, Nurulamin Noor, Christianne Buskens, James Lindsay**

12:30 Lunch



### Resectability reconsidered: modern strategies in advanced colorectal cancer

Chairs: Ian Jenkins, Toby Pring, Kai-Keen Shiu

- 13:15 Lessons from sarcoma, go big or go home: should we be pushing further in bony resection and reconstruction? **Will Aston TBC**
- 13:35 Revisiting intraoperative radiotherapy: can we cure the 'irresectable' at surgery, or should we wait to wield the SABR at recurrence?  
**Alex Mirnezami**
- 13:55 Debate: Bad biology, BRAF and brutality – How much is too much and where do we stop?  
**Omer Aziz TBC, Martha Quinn, Nicola Hodges, Kai Keen-Shiu, Caroline Gee, patient representative**
- 14:40 Break

### Basil Morson State of the Art Lecture

Chair: Omar Faiz

- 15:00 Learning cancer's evolutionary history to predict its future  
**Trevor Graham**





### **Future frontiers in colorectal collaboration: Building the networks that shape tomorrow**

**Chair: Omar Faiz**

15:30 Panel discussion via video link with Gulf delegates  
**Omar Faiz, Laith Al-Rubaiy, Sara Al-Bastaki, Shareef Tholoor  
Khaled Madbouly, Samar Alhomoud, Abdullah Alhaddad**

### **Future visions of colorectal care**

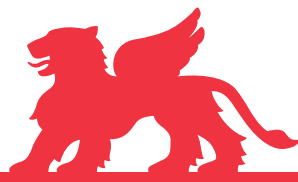
**Chairs: Siwan Thomas-Gibson, Manmeet Matharoo**

16:00 Merging worlds of endoscopy and surgery:  
what the future holds  
**Amyr Hajj**

16:15 The AI and robotic health revolution:  
how the digital world will change colorectal care?  
**Alberto Arezzo**

16:30 Panel discussion  
**Rehan Haidry, Amyr Hajj, Alberto Arezzo, Stuart Taylor,  
Siwan Thomas-Gibson, Manmeet Matharoo**

16:50 Close



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National Bowel Hospital



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