



The 24th Annual International Congress

Frontiers in Colorectal And Intestinal Disease

Learning from the past, to create a better future
18, 19 & 20 November 2026

We are holding exclusive in-person masterclasses on 18 November at St Mark's Hospital.

St Mark's Hospital, Central Middlesex, Acton Road, London NW10 7NS

On 19–20 November, you can attend our flagship International Congress
in London or join our global audience online.

Royal College of Surgeons, 38–43 Lincoln's Inn Fields, London WC2A 3PE



Sir Francis Avery Jones
Visiting Professor

Chris Lamb

Newcastle Biomedical
Research Centre



Sir Alan Parks
Visiting Professor

Alberto Arezzo

University of Turin
Italy



Basil Morson
Visiting Professor

Trevor Graham

The Institute of Cancer
Research, London

www.stmarksacademicinstitute.org.uk

Welcome to the 24th Annual Frontiers in Colorectal and Intestinal Disease

It is my great pleasure, as Dean of St Mark's Academic Institute, to welcome you to London for the 24th Annual Frontiers in Colorectal and Intestinal Disease Congress. This year's meeting focuses on colorectal disease at the crossroads – learning from the past, to create a better future.

We are delighted to host participants both here in London and around the world online. With high-quality facilities and streaming, we aim to provide every attendee with an excellent experience, whether joining us in person or virtually.

The programme embraces a wide range of multidisciplinary perspectives—medical, endoscopic, radiological, oncological, surgical nursing, and nutritional—while ensuring that the patient voice is clearly heard.

We are honoured to welcome Chris Lamb (UK) as the Sir Francis Avery Jones Visiting Professor, Alberto Arezzo (Italy) as the Sir Alan Parks Visiting Professor, and Trevor Graham (UK) delivering the Basil Morson State of the Art Lecture.

Over three days, the Congress will explore topics central to everyday clinical practice and cutting-edge research.

This year we will be running exclusive workshops on the first day held at St Mark's, followed by 2 days of symposia in London at the Royal College of Surgeons.

On Wednesday we are running workshops on IBD, endoscopy and surgery. Surgery will have separate specialised sessions on the abdominal wall, endometriosis, IBD surgery and complex colorectal cancer.

Thursday opens with sessions with 'Beyond the diagnosis: a hopeful future for stage IV colon cancer', 'Intestinal failure: learning from pitfalls – past insights, present practice, future

care', 'Severe ulcerative colitis: escalation, exhaustion, and exit strategies', and 'Subacute hereditary cancer presentations: where do we go from here?'. The prestigious John Nicholls Prize will also be awarded for the best new research.

On Friday, we start with 'Looking forward by looking back: the evolution of proctology practice', then 'Faecal incontinence: modern solutions for an age-old problem', 'Crohn's disease: are we entering the post-surgical era?', 'Resectability reconsidered: modern strategies in advanced colorectal cancer', 'Future frontiers in colorectal collaboration building the networks that shape tomorrow', and 'Future visions of colorectal care'.

On Thursday and Friday we will host breakfast workshops in small groups with leading experts; early booking is essential as places are limited.

We warmly thank all our supporters, sponsors and contributors for their invaluable assistance in making this Congress possible. We hope the coming days will be stimulating, educational, and thought-provoking, and we wish you an enjoyable and memorable time here in London for the 24th Frontiers Congress.



**Professor Omar Faiz, Dean
St Mark's Academic Institute**



Frontiers2026

Frontiers Day 1 • Masterclasses • 18 Nov 2026

This year Frontiers includes 3 masterclasses focusing on IBD, endoscopy and surgery. Each class will be led by experts and will take place at St Mark's Hospital in London.

St Mark's Hospital, Central Middlesex, Acton Road, London NW10 7NS



Medical masterclass

The IBD Masterclass

Session Leads

Ravi Misra, Nik Kamperidis,
Lisa Younge, Tracey Tyrrell



Endoscopy masterclass

The Endoscopy Masterclass

Session Leads

Adam Humphries, Brian Saunders

This masterclass will be available online



Surgery masterclass

The Surgery Masterclasses

Session Leads

Akash Mehta, Gregory Thomas,
Danilo Miskovic, Phil Tozer,
Kapil Sahnan, Nicola Hodges

IBD Masterclass • 18 Nov 2026

This masterclass is sponsored by **Meril**

Modern concepts and therapeutics in IBD

Chairs: Ravi Misra, Nik Kamperidis

- 09:30 Arrival and refreshments
- 10:00 Debate: is Azathioprine a drug of the past?
Yes: Alex Toskas, No: Ravi Misra
- 10:30 IBD treatments: the present – positioning biologics in IBD: role of treat to target **James Alexander**
- 10:50 IBD treatments: the future – drugs in pipeline **Tim Raine**
- 11:10 Break
- 11:30 Combination therapies **Nik Kamperidis**
- 11:50 Will intestinal ultrasound change the patient pathway in IBD?
Will Blad
- 12:10 Lunch

Special situations in IBD

Chairs: Lisa Younge, Tracey Tyrrell

- 13:10 IBD and pregnancy – summary of global pregnancy guidelines **Klaartje Bel Kok, Iona Thorne**
- 13:30 IBD in elderly populations **Jimmy Limdi**
- 13:50 The psychological burden of IBD
King-Chi Yau, Hala Al-Jarah
- 14:10 Break
- 14:40 Dietary therapy in UC **Gabriela Poufou**
- 15:00 Perianal Crohn's surgery for the gastroenterologist
Guy Worley
- 15:20 IBD standards 2026: what's new, what matters
Chris Lamb
- 15:40 Interactive clinical cases **Panel discussion**
- 16:00 Close



Endoscopy Masterclass • 18 Nov 2026

Endoscopic surveillance and intervention in high-risk cancer patients

Chairs: Adam Humphries TBC, Brian Saunders TBC

- 08:30 Welcome and introduction
- 09:00 Cases and lectures
- 11:00 Break
- 11:15 Cases and lectures
- 13:00 Lunch
- 14:00 Cases and lectures
- 16:45 Key takeaways and closing remarks
- 17:00 Close

We plan to welcome a small group of delegates to the St Mark's endoscopy training room for an interactive learning experience, there will also be an opportunity to attend virtually. We will be presenting a series of live cases with commentary, as well as short lectures and video, focusing on the endoscopic management of patients with Lynch syndrome, polyposis syndromes and IBD. Medtronic will be in attendance and showcasing the next generation GI Genius™ with ColonPRO™ software for AI assisted colonoscopy.

Our planned schedule of patients will aim to cover the following topics:

Room 1: Assessment and surveillance in Lynch, polyposis and IBD

Ana Wilson, Kevin Monahan, Andrew Latchford, Ahmir Ahmad, Siwan Thomas-Gibson

AI assisted endoscopy, IBD and pouch surveillance, polyposis syndromes, Lynch syndrome

Room 2: Therapeutic techniques in Lynch, polyposis and IBD

Adam Humphries, Noriko Suzuki, Brian Saunders, Jon Landy

Cold snare EMR, Underwater EMR, Colonic ESD – ERBE HybridKnife® & underwater ESD technique



Surgery Masterclass **1** 18 Nov 2026

Abdominal wall masterclass

Chairs: Akash Mehta, Gregory Thomas

- 10:00 Fundamentals of abdominal wall pathology and reconstruction – a series of short presentations and interactive discussion with delegates; topics include:
- Strategies to reduce hernia risk
 - Selection and optimisation of patients
 - The abdominal wall MDT: distinguishing simple from complex
 - Principles of mesh choice
 - Surgical anatomy
 - Parastomal hernias

13:00 Lunch

- 14:00 Video demonstrations of surgical techniques:
- Rives-Stoppa
 - Open ACS
 - Open TAR
 - Robotic procedures
 - Pauli

- 15:00 Live demonstration & delegate hands-on:
- Small bites closure
 - Mesh-mediated fascial traction + negative pressure wound therapy
 - Rives-Stoppa

16:00 Close

Surgery Masterclass **2** 18 Nov 2026

Endometriosis masterclass

Chair: Danilo Miskovic

- 10:00 Welcome and introduction
- 10:15 Endometriosis: Clinical overview for the colorectal surgeon
- 10:45 History taking, examination and consent in clinic
- 11:00 Coffee Break
- 11:20 Multidisciplinary overview: Mapping pelvic endometriosis
- 12:15 Surgical Strategy and Operative Decision-Making
- 13:00 Lunch
- 14:00 Afternoon Technical Workshops
Rotating Skills Stations (3 × 40 minutes)
Participants rotate through three practical and discussion-based stations in groups A, B, and C.

Rotation schedule:

Time	Group A	Group B	Group C
14:00–14:40	Station 1	Station 2	Station 3
14:40–15:20	Station 2	Station 3	Station 1
15:20–15:50	Station 3	Station 1	Station 2

Station 1 – Robotic shaving and disc resection

Station 2 – Segmental resection and anastomosis techniques

Station 3 – Technical video and case analysis

15:50 Key takeaways and closing remarks

16:00 Close



Surgery Masterclass **3** 18 Nov 2026

IBD surgery masterclass

Chairs: Phil Tozer, Kapil Sahnan, Orestis Argyriou

08:45 Registration
09:30 Welcome and housekeeping

Anastomoses in Crohn's disease

09:40 Isoperistaltic lecture **TBC**
09:50 Practical skills station – isoperistaltic anastomosis
20 mins per delegate (x2)

10:30 Break

10:50 Kono-S lecture **TBC**
11:00 Practical skills station – Kono-S anastomosis
35 mins per delegate (x2)

IPAA formation

12:10 IPAA lecture **TBC**
12:20 Practical skills station – IPAA formation **20 mins per delegate (x2)**
13:00 Lunch

Procedures for fistulae

14:00 Fistula procedures lecture **TBC**
14:30 Practical skills station – LIFT **20 mins per delegate (x2)**
15:10 Practical skills station – advancement flap
20 mins per delegate (x2)
15:50 Feedback
16:00 Close



Surgery Masterclass **4** 18 Nov 2026

Complex cancer surgery masterclass

Chair: Nicola Hodges, Toby Pring

- 09:00 Registration
09:15 Welcome and housekeeping

Introduction to the complex cancer team

- 09:15 What is complex cancer?
Which patients to refer and when
Pushing the boundaries in complex cancer
Facilitating patient decision making – a CNS perspective
Radiology in complex cancer

10:30 Break

Technical perspectives

- 11:00 Soft tissue pelvic exenteration
Management of the pelvic sidewall
Sacrectomy
Robotics in locally advanced and recurrent rectal cancer
Reconstruction
Complications

13:00 Lunch

MDT

- 14:00 A referrers perspective
Prehabilitation for complex cancer surgery
Complex cancer MDT with interactive case discussion

16:30 Close

Frontiers Day 2 • Conference • 19 Nov 2026

Breakfast Workshops • Limited spaces, pre-booking essential

- 08:00 Hepatology workshop
Optimising patients with cirrhosis for surgery
Luke Tyson, Laith Al-Rubaiy
- 08:00 Endoscopy workshop: How to enhance diagnosis at colonoscopy – the optical revolution
Brian Saunders, Ahmir Ahmad, Morgan Moorghen
- 09:00 Welcome from the Dean **Omar Faiz**

Beyond the diagnosis: a hopeful future for stage IV colon cancer Chairs: **Danilo Miskovic, Nicola Hodges**

- 09:05 From palliative to potentially curable? Neoadjuvant immunotherapy in Stage IV colon cancer
Kai-Keen Shiu
- 09:20 Using ctDNA to decide when to cut and when to quit? **Naureen Starling**
- 09:35 Beyond the resection line: is liver transplantation the final frontier? **Krishna Menon**
- 09:50 Orchestrating the unresectable: getting the sequence right **Danilo Miskovic**
- 10:00 Panel discussion
Danilo Miskovic, Nicola Hodges, Kai-Keen Shiu, Naureen Starling, Krishna Menon, Tom Glover, Sarah Rehana
- 10:20 Break

Frontiers Day 2 • Conference • 19 Nov 2026

Intestinal failure: Learning from pitfalls – past insights, present practice, future care

Chairs: Akash Mehta, Hajeena Kathirgamanathan • ST MARK'S

Chairs: Frederick Koh, Johnathan Lum • SINGAPORE

10:40 Panel discussion

Richard Holman, Carolynne Vaizey

St Mark's Dietitian TBC

Lee Hui Bing (Sengkang Dietitian)

St Mark's Gastroenterologist TBC

Session including case-based discussions combining MDTs from St Mark's Hospital, London and Sengkang General Hospital, Singapore (via a video link). Topics include:

- What (not) to do to prevent and manage an enterocutaneous fistula (ECF)
- When and how to refer to an IF unit
- How to manage an IF patient's nutrition
- Management of a high output ECF/stoma
- Use of prehabilitation
- Definitive surgical management of IF
- The future of IF



Frederick Koh

12:00 Lunch

Sir Alan Parks Visiting Professor Lecture

Chair: Omar Faiz

13:00 The evolution of colorectal surgery:
a journey from tradition to innovation
Alberto Arezzo



13:30 Mini symposium by Ethicon

**Severe ulcerative colitis: escalation, exhaustion,
and exit strategies**

Chairs: Ailsa Hart, Phil Tozer

13:45 JAK inhibition in ASUC
Kamal Patel

13:55 Appendicectomy in medically refractory UC
Christianne Buskens TBC

14:05 Looking back at the ileoanal pouch
Steve Brown

14:15 The St Mark's Debate: Pouch technique –
indications and benefits, technical tips for success
Omar Faiz, Janindra Warusavitarne

14:25 When and how do I use a Kock Pouch?
Maria Hermanson TBC

14:35 Ileoanal pouch dysfunction: MDT cases
and future directions
**Ailsa Hart, Phil Tozer, Janindra Warusavitarne, Kamal Patel,
Steve Brown, Lisa Allison, Christianne Buskens TBC**

15:05 Break

Frontiers Day 2 • Conference • 19 Nov 2026

Subacute hereditary cancer presentations: where do we go from here?

Chairs: Kevin Monahan, Ash Sinha

State of the art lecture

15:30 Outcomes from the new Lynch syndrome bowel cancer screening programme

Kevin Monahan

Case-based discussions

**Panel: Kai-Keen Shiu, Michele Marshall TBC,
Kevin Monahan, Ash Sinha**

15:45 What's that shadow in the mesentery?

15:55 How many polyps is too many?

16:05 Immunotherapy colitis in a young patient with advanced CRC... end of story?

The John Nicholls Prize

Chairs: Omar Faiz, John Nicholls

16:15 Prize presentation

16:30 Close





Breakfast Workshops • Limited spaces, pre-booking essential

08:00 Familial cancers workshop
Sue Clark, Andrew Latchford

08:00 IBD dysplasia management workshop
Ana Wilson

09:00 Welcome from the Dean **Omar Faiz**

Sir Francis Avery Jones Visiting Professor Lecture

Chair: Tim Orchard

09:05 Delivering high quality care in IBD across the UK: Learning from the past, looking to the future **Chris Lamb**



Looking forward by looking back: the evolution of proctology practice

Chairs: Asha Senapati, Kapil Sahnan

09:35 Pilonidal treatment: critical do's, crucial don'ts
Asha Senapati

09:45 Anal intraepithelial neoplasia: it's not magic
Sarah Mills

09:55 Complex fistula: balancing hope, reality and outcomes **Kapil Sahnan**

10:05 Haemorrhoids: first do no harm **Steve Brown**



Faecal incontinence: modern solutions for an age-old problem

Chairs: Gregory Thomas, Carolynne Vaizey

- 10:15 “I never knew I could get incontinence.”
Gregory Thomas
- 10:25 What tests are useful and what do they mean?
Charles Knowles, Khalil Elgendy TBC
- 10:35 What can biofeedback offer?
Tatenda Marunda
- 10:45 Who should get a sphincter repair in 2026?
Carolynne Vaizey
- 10:55 How to optimise sacral nerve modulation service?
Thomas Dudding
- 11:05 Stomas for faecal incontinence: end of the road or a godsend?
Alison Hainsworth
- 11:15 Break

Crohn's disease: are we entering the post-surgical era?**Chairs: Naila Arebi, James Alexander**

11:30 Patient perspective on medicine vs surgery for Crohn's disease

Patient Interview

11:40 Early advanced medical therapy should make surgery redundant

Nurulamin Noor

11:50 LIRIC shows that surgery will remain an excellent option

Christianne Buskens TBC

12:00 The future of treatment for Crohn's (including anti-fibrotic agents)

James Lindsay

12:10 Panel discussion

**Naila Arebi, James Alexander, Nurulamin Noor,
Christianne Buskens, James Lindsay**

12:30 Lunch

Resectability reconsidered: modern strategies in advanced colorectal cancer

Chairs: Ian Jenkins, Toby Pring, Kai-Keen Shiu

- 13:15 Lessons from sarcoma, go big or go home: should we be pushing further in bony resection and reconstruction? **Will Aston TBC**
- 13:35 Revisiting intraoperative radiotherapy: can we cure the 'irresectable' at surgery, or should we wait to wield the SABR at recurrence?
Alex Mirnezami
- 13:55 Debate: Bad biology, BRAF and brutality – How much is too much and where do we stop?
Omer Aziz TBC, Martha Quinn, Nicola Hodges, Kai Keen-Shiu, Caroline Gee, patient representative
- 14:40 Break

Basil Morson State of the Art Lecture

Chair: Omar Faiz

- 15:00 Learning cancer's evolutionary history to predict its future
Trevor Graham





Future frontiers in colorectal collaboration: Building the networks that shape tomorrow

Chair: Omar Faiz

15:30 Panel discussion via video link with Gulf delegates
**Omar Faiz, Laith Al-Rubaiy, Sara Al-Bastaki, Shareef Tholoor
Khaled Madbouly, Samar Alhomoud, Abdullah Alhaddad**

Future visions of colorectal care

Chairs: Siwan Thomas-Gibson, Manmeet Matharoo

16:00 Merging worlds of endoscopy and surgery:
what the future holds
Amyyn Haji

16:15 The AI and robotic health revolution:
how the digital world will change colorectal care?
Alberto Arezzo

16:30 Panel discussion
**Rehan Haidry, Amyyn Haji, Alberto Arezzo, Stuart Taylor,
Siwan Thomas-Gibson, Manmeet Matharoo**

16:50 Close

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