

**Horizons in
Intestinal Failure,
Rehabilitation &
Home Parenteral Nutrition**



3-DAY CONFERENCE

Royal College of Nursing

Tuesday 29 Sept – Thursday 1 Oct 2026

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Day 1 (29/9/2026): Type 1 Intestinal Failure

08:30 Registration

08:55 Welcome (Mani Naghibi)

Type 1 intestinal failure (Chairs: Simon Gabe and Riddhika Joshi)

09:00	Definition and classification of intestinal failure	Mani Naghibi
09:20	Vascular access	Mia Small
09:40	Refeeding syndrome	Alison Culkin
10:10	Panel discussion	MDT

10:30 Coffee break & opportunity to taste oral rehydration solution

Management of type 1 intestinal failure (Chairs: Flora Kokwaro and Mia Small)

11:00	Estimating requirements	Olivia Gensale
11:25	Medical management of prolonged ileus and obstruction	Mani Naghibi
11:50	Surgical management of Type 1 Intestinal Failure	Phil Tozer
12:15	Panel discussion	MDT

12:30 Lunch break

Management of a high output stoma (Chairs: Simon Gabe and Olivia Gensale)

13:30	Medical management and when to give parenteral nutrition	Flora Kokwaro
13:50	Dietary management	Aoife Reilly
14:10	Drug management	Riddhika Joshi
14:30	Case	MDT panel
14:50	Panel discussion	All

15:00 Tea break & opportunity to taste oral rehydration solution

Prevention & treatments of complications in Type 1 Intestinal Failure (Chairs: Alison Culkin & Aoife Reilly)

15:30	To MCB or compound PN, that is the question	Riddhika Joshi
15:50	Abnormal liver function: don't blame the PN	Flora Kokwaro
16:10	Sepsis: the difficult questions	Simon Gabe
16:25	When type 1 becomes type 2 intestinal failure	Mani Naghibi
16:40	Final discussion	All

17:00 Summary & close (Mani Naghibi)

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Day 2 (30/9/2026): Type 2 & Severe Intestinal Failure

08:30 Registration

08:55 Welcome (Simon Gabe)

Can we desensitise the bowel in patients with dysmotility? (Chairs: Robert Nowak & Alison Culkin)

09:00	Invited lecture: Feeding in vein? Avoiding PN in patients with functional disorders	Prof Peter Payne Consultant Gastroenterologist Salford Royal Hospital
09:25	Invited lecture: Nutritional management of DGBI	Lee Martin, Neurogastroenterology dietitian, UCLH
09:50	Beyond the BNF: psychotropic approaches	Calum Moulton
10:15	Panel discussion	All
10:30	Coffee break & opportunity to taste oral nutritional supplements	

Decisions rather than incisions (Chairs: Carolynne Vaizey & Simon Gabe)

11:00	When to operate & when to wait	Carolynne Vaizey
11:25	How FAB is prehab	Richard Holman
11:55	Enterocutaneous fistulae: surgical management & the important outcomes	Akash Mehta
12:20	Panel discussion	All
12:30	Lunch break	

Decision making in surgical intestinal failure & high output fistulae (Chair: TBC)

13:30	Enterocutaneous fistulae: medical management	Suzanne Donnelly
13:55	EC fistulae: dietary & micronutrient management	Alison Culkin
14:20	Case with dilemma to operate & panel discussion	Simon Gabe & Alison Culkin
15:00	Tea break & opportunity to taste oral nutritional supplements	

Distal feeding (Chair: TBC)

15:30	Case introduction	Suzanne Donnelly
15:35	Which feed for distal feeding?	Diane Brundrett
15:50	Trophic feeding or the distal feeding pump?	Simon Gabe
16:05	Don't forget the drugs	Robert Nowak
16:20	Case conclusion	Suzanne Donnelly
16:30	Hands on workshops (in person attendees) <ul style="list-style-type: none">- Distal feeding practicalities- Enteral tubes	The St Marks MDT
17:00	Summary, close (Alison Culkin)	

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Day 3 (1/10/2026): Type 3 Intestinal Failure & HPN

08:30 Registration

08:55 Welcome (Alison Culkin)

Home parenteral nutrition (Chair: Mia Small & Suzanne Donnelly)

09:00 Patient perspective on life with intestinal failure

09:30 What to do when a patient is admitted to your hospital

09:50 Monitoring patients on home parenteral support

10:10 **Invited lecture: Gloves off program**

10:30 Panel discussion

10:45 Coffee break & workshop: CVC techniques (unblocking & repair)

Complications (Chair: Jo Gent & Roshni Patel)

11:15 Managing intestinal failure associated liver disease

11:40 Managing metabolic complications

12:05 Managing catheter related bloodstream infections and thrombosis

12:30 **Invited lecture: When to transplant?**

12:55 Panel discussion

13:10 Lunch break

Quality of life (Chair: Gemma Crutchley & Hajeena Kathirgamanathan)

14:10 Travelling & holidays on HPN

14:30 Quality of life on home parenteral support

14:50 End stage malignancy and HPN

15:15 Tea break & workshop: CVC techniques (unblocking & repair)

It's all about growth (Chair: Simon Gabe & Alison Culkin)

15:45 GLP2 or GLP1, that is the question?

16:10 Parenteral nutrition in pregnancy

16:35 Final discussion

16:45 Summary & close (Simon Gabe)

St Mark's patient

Jo Gent

Nicola Vernon & Roshni Patel

Jane Fletcher

Consultant Nutrition Nurse

Birmingham & BAPEN President

All

Simon Gabe

Suzanne Donnelly

Gemma Crutchley

Hajeena Kathirgamanathan

Neil Russell

Consultant transplant surgeon

Addenbrooke's hospital

All

Maryam Clark/Mia Small

Alison Culkin

Mani Naghibi

Hajeena Kathirgamanathan and

Roshni Patel

Nicola Vernon

All