

**Horizons in
Intestinal Failure,
Rehabilitation &
Home Parenteral Nutrition**



3-DAY CONFERENCE

Royal College of Nursing

Tuesday 29 Sept – Thursday 1 Oct 2026

Horizons in intestinal failure, rehabilitation & home parenteral nutrition

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Day 1 (29/9/2026): Type 1 Intestinal Failure

08:30 Registration

08:55 Welcome (Mani Naghibi)

Type 1 intestinal failure (Chairs: Simon Gabe and Alison Culkin)

09:00 Definition and classification of intestinal failure

09:20 Vascular access

09:40 Refeeding syndrome

10:10 Panel discussion

Mani Naghibi

Mia Small

Alison Culkin

MDT

10:30 Coffee break & opportunity to taste oral rehydration solution

Sarah Swift Room

Management of type 1 intestinal failure (Chairs: Flora Kokwaro and Mia Small)

11:00 Estimating requirements

11:25 Medical management of prolonged ileus and obstruction

11:50 Surgical management of Type 1 Intestinal Failure

12:15 Panel discussion

Olivia Gensale

Mani Naghibi

Phil Tozer

MDT

12:30 Lunch break

Management of a high output stoma (Chairs: Simon Gabe and Olivia Gensale)

13:30 Medical management and when to give parenteral nutrition

13:50 Dietary management

14:10 Drug management

14:30 Case

14:50 Panel discussion

Flora Kokwaro

Aoife Reilly

Riddhika Joshi

MDT panel

All

15:00 Coffee break & opportunity to taste oral rehydration solution

Sarah Swift Room

Prevention & treatments of complications in Type 1 Intestinal Failure (Chairs: Alison Culkin & Aoife Reilly)

15:30 To MCB or compound PN, that is the question

15:50 Abnormal liver function: don't blame the PN

16:10 Sepsis: the difficult questions

16:25 When type 1 becomes type 2 intestinal failure

16:40 Final discussion

Riddhika Joshi

Flora Kokwaro

Simon Gabe

Mani Naghibi

All

17:00 Summary & close (Mani Naghibi)

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Day 2 (30/9/2026): Type 2 & Severe Intestinal Failure

08:30 Registration

08:55 Welcome (Simon Gabe)

Can we desensitise the bowel in patients with dysmotility? (Chairs: Robert Nowak & Alison Culkin)

09:00 Invited lecture: Feeding in vein? Avoiding PN in patients with functional disorders

Prof Peter Paine
Consultant Gastroenterologist
Salford Royal Hospital

09:25 Invited lecture: Nutritional management of DGBI

Lee Martin,
Neurogastroenterology dietitian,
UCLH

09:50 Beyond the BNF: psychotropic approaches

Calum Moulton

10:15 Panel discussion

All

10:30 Coffee break & opportunity to taste oral rehydration solution

Sarah Swift Room

Decisions rather than incisions (Chairs: Carolynne Vaizey & Simon Gabe)

11:00 When to operate & when to wait

Carolynne Vaizey

11:25 How FAB is prehab

Richard Holman

11:55 Enterocutaneous fistulae: surgical management & the important outcomes

Akash Mehta

12:20 Panel discussion

All

12:30 Lunch break

Sarah Swift Room

Decision making in surgical intestinal failure & high output fistulae (Chair: Akash Mehta & Mia Small)

13:30 Enterocutaneous fistulae: medical management

Suzanne Donnelly

13:55 EC fistulae: dietary & micronutrient management

Alison Culkin

14:20 Case with dilemma to operate & panel discussion

Simon Gabe & Alison Culkin

15:00 Tea break & opportunity to taste oral nutritional supplements

Sarah Swift Room

Distal feeding (Chair: Alison Culkin + TBC)

15:30 Case introduction

Suzanne Donnelly

15:35 Which feed for distal feeding?

Diane Brundrett

15:50 Trophic feeding or the distal feeding pump?

Simon Gabe

16:05 Don't forget the drugs

Robert Nowak

16:20 Case conclusion

Suzanne Donnelly

16:30 Hands on workshops (in person attendees)

- Distal feeding practicalities

The St Marks MDT

- Enteral tubes

17:00 Summary, close (Alison Culkin)

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Day 3 (1/10/2026): Type 3 Intestinal Failure & HPN

08:30 Registration

08:55 Welcome (Alison Culkin)

Home parenteral nutrition (Chair: Mia Small & Suzanne Donnelly)

09:00 Patient perspective on life with intestinal failure

09:30 What to do when a patient is admitted to your hospital

09:50 Monitoring patients on home parenteral support

10:10 **Invited lecture: Non-sterile gloves or no gloves: What is the controversy?**

10:30 Panel discussion

10:45 Coffee break & workshop: CVC techniques (unblocking & repair)

Complications (Chair: Jo Gent & Roshni Patel)

11:15 Managing intestinal failure associated liver disease

11:40 Managing metabolic complications

12:05 Managing catheter related bloodstream infections and thrombosis

12:30 **Invited lecture: When to transplant?**

12:55 Panel discussion

13:10 Lunch break

Quality of life (Chair: Gemma Crutchley & Hajeena Kathirgamanathan)

14:10 Travelling & holidays on HPN

14:30 Quality of life on home parenteral support

14:50 End stage malignancy and HPN

15:15 Tea break & workshop: CVC techniques (unblocking & repair)

It's all about growth (Chair: Simon Gabe & Alison Culkin)

15:45 GLP2 or GLP1, that is the question?

16:10 Parenteral nutrition in pregnancy

16:35 Final discussion

16:45 Summary & close (Simon Gabe)

St Mark's patient

Jo Gent

Nicola Vernon & Roshni Patel

Jane Fletcher

Consultant Nutrition Nurse

Birmingham & BAPEN President

All

Sarah Swift Room

Simon Gabe

Suzanne Donnelly

Hajeena Kathirgamanathan

Neil Russell

Consultant transplant surgeon

Addenbrooke's hospital

All

Sarah Swift Room

Maryam Clark & Mia Small

Alison Culkin

Mani Naghibi

Sarah Swift Room

Hajeena Kathirgamanathan &

Roshni Patel

Nicola Vernon

All