



**IBD Workshop 2026:**

***Navigating advanced therapies in Inflammatory Bowel Disease: A multidisciplinary approach to modern care.***

**Course Directors: Alex Toskas, Ravi Misra, Naila Arebi**

**Date:** Wednesday 9<sup>th</sup> of September 2026

**Location:** Hybrid: Face to face in Avery Jones Theatre and online.

<b>Welcome and Introduction</b>	<b>Speakers/Facilitators</b>
8:45-09:10: Registrations, welcome and introduction	Dr Alex Toskas Dr Ravi Misra Prof. Naila Arebi
<b><u>Session 1-CASE 1: Newly diagnosed moderate–severe IBD</u></b>	
<b>Chair: Professor Naila Arebi</b>	
09:10 – 09:25 Case Presentation	Alex Toskas
09:25 – 09:45 Choosing the optimal first-Line treatment for Crohn’s disease	Naila Arebi
09:45 – 10:05 Choosing the right first-line treatment for UC.	Ayesha Akbar
10:05 – 10:25 Innovations in perianal Crohn’s disease: The surgical approach	Kapil Sahnan
10:25-10:45: Is it always IBD? Getting the histology right.	Andriana Martinez
<b>10:45-10:55-Coffee Break</b>	
<b><u>Session 2 – CASE 2: Loss of Response</u></b>	
<b>Chair: Dr Ravi Misra</b>	
10:55 – 11:10 Case Presentation	Ravi Misra
11:10 – 11:30 Second-line strategies: When and why to switch.	Nick Powell
11:30 – 11:50 Switching therapies vs optimisation	Nik Kamperidis and Alex Toskas
11:50 – 12:10 Role of Intestinal Ultrasound (IUS) in disease monitoring and treatment planning.	Khalil Elgenty
12:10-12:30 Surgery in refractory Ulcerative Colitis: The role of appendicectomy.	Phil Tozer

<b>12.30 – 13:10 Lunch Break</b>	
<b>Session 3 – CASE 3: Dysplasia in IBD</b> <b>Chair: Dr Olivier Ginger</b> 13:10 – 13:25 Case Presentation  13:25 – 13:45 Dysplasia detection & Surveillance strategies. Virtual chromoendoscopy vs Dye-spray  13:45 – 14:05 Endoscopic treatment of IBD-related dysplasia. An organ-preserving approach and a guide for management.  14:05 – 14:25 Surgical decision-making in IBD related dysplasia  <b>14.25-14.35 Coffee Break</b>  <b>Session 5 – CASE 5: The dysfunctional pouch.</b> <b>Chair: Dr Janindra Warusavitarne</b> 14:35 – 14:50 Case Presentation  14:50-15:10 When the pouch stops functioning. Tips and tricks for diagnosis and management.  15:10 – 15:30 Pouch surveillance. Is it always pouchitis?  15:30-15:45 Multi-disciplinary team input for success: The role of the Pouch MDT.  <b>15.45-15:55 Coffee Break</b>  <b>Session 6 – CASE 6: A holistic approach to IBD care: Beyond medication.</b> <b>Chair: Lisa Younge</b>  15:55 – 16:10 Case Presentation  16:10 – 16:25 IBD Nursing & Digital monitoring. The role of apps.  16:25 – 16:45 Dietary management of IBD. New “kids” on the block.  16:45 – 17:05 Managing chronic fatigue in IBD Patients: Practical strategies.  17:05-17:20 Drug monitoring clinics. How we improve therapeutic outcomes.	Alex Toskas  Jon Landy & Ana Wilson  Noriko Suzuki  Omar Faiz  Ravi Misra  Janindra Warusavitarne  Nik Kamperidis and Olivier Ginger  Omar Faiz  Tracy Tyrell  Lisa Younge  Gabriela Poufou  Calum Moulton  Angela Chana
<b>17:20 – Feedback and Close</b>	