



St Mark's
Academic Institute
Advancing scientific knowledge of colorectal disorders

Imperial College
London

IBD Workshop 2026:

Navigating advanced therapies in Inflammatory Bowel Disease: A multidisciplinary approach to modern care.

Course Directors: Alex Toskas, Ravi Misra, Naila Arebi

Date: Wednesday 9th of September 2026

Location: Hybrid: Face to face in Avery Jones Theatre and online.

8:30 am **Registration (In person attendees only)**

09:00	Welcome and Introduction	Alex Toskas Ravi Misra Naila Arebi
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Session 1 – CASE 1: Newly diagnosed moderate-severe IBD

Chair: Naila Arebi

09:10	Case Presentation	Alex Toskas
09:25	Choosing the optimal first-Line treatment for Crohn's disease	Naila Arebi
09:45	Choosing the right first-line treatment for UC	Ayesha Akbar
10:05	Innovations in perianal Crohn's disease: The surgical approach	Kapil Sahnan
10:25	Is it always IBD? Getting the histology right	Adriana Martinez

10:45 – Coffee & Tea break – Networking

Session 2 – CASE 2: Loss of Response

Chair: Ravi Misra

10:55	Case Presentation	Ravi Misra
11:10	Second-line strategies: When and why to switch	Nick Powell
11:30	Switching therapies vs optimisation	Nik Kamperidis & Alex Toskas
11:50	Role of Intestinal Ultrasound (IUS) in disease monitoring and treatment planning.	Khalil Elgendy
12:10	Surgery in refractory Ulcerative Colitis: The role of appendicectomy	Phil Tozer

12:30 - Lunch Break

Session 3 – CASE 3: Dysplasia in IBD

Chair: Olivier Giger

13:10	Case Presentation	Alex Toskas & Olivier Giger
13:25	Dysplasia detection & Surveillance strategies. Virtual chromoendoscopy vs Dye-spray	Jonathan Landy & Ana Wilson
13:45	Endoscopic treatment of IBD-related dysplasia. An organ-preserving approach and a guide for management.	Noriko Suzuki
14:05	Surgical decision-making in IBD related dysplasia	Omar Faiz

14:25 - Coffee & Tea Break

Session 4 – CASE 4: The dysfunctional pouch

Chair: Janindra Warusavitarne

14:35	Case Presentation	Ravi Misra
14:50	When the pouch stops functioning. Tips and tricks for diagnosis and management	Janindra Warusavitarne
15:10	Pouch Surveillance. Is it always pouchitis?	Nik Kamperidis & Olivier Giger
15:30	Multi-disciplinary team input for success: The role of the Pouch MDT	Omar Faiz

15:45 - Coffee & Tea Break

Session 5 – CASE 5: A holistic approach to IBD care: Beyond medication

Chair: Lisa Younge

15:55	Case Presentation	Tracey Tyrrell
16:10	IBD Nursing & Digital monitoring. The role of apps	Lisa Younge
16:25	Dietary management of IBD. New “kids” on the block	Simhika Bhudia
16:45	Managing chronic fatigue in IBD Patients: Practical strategies	Calum Moulton
17:05	Drug monitoring clinics. How we improve therapeutic outcomes	Angela Chana

17:20 – Feedback and Close