

## Pelvic Floor/ Proctology course

### 1<sup>st</sup> & 2<sup>nd</sup> June 2026

### Day 1 – Pelvic Floor Day

#### Session 1: Investigations and assessment in pelvic floor disorders

##### Chair:

09:00	Initial assessment and treatment objectives	Gregory Thomas
09:10	Assessing severity of disease	Alison Hainsworth
09:20	Anorectal Physiology	Hannah Cuthbert
09:30	Endoanal Ultrasound	Arun Gupta
09:40	Defecating Proctology	Khalil Elgendy
09:50	Discussion	

#### 10:15 Coffee break

#### Session 2: The initial management of faecal incontinence

##### Chair:

10:40	A basic algorithm	Greg Thomas
10:55	Biofeedback strategies for Faecal Incontinence	Tatenda Marunda
11:10	Transanal irrigation	Phoebe Dumaran
11:25	Inserts and barrier devices	Anna Brophy
11:40	Obstetric anal sphincter injury	[TBC] & Athena Rosa D'Mello
11:55	Discussion	

#### 12:30 Lunch

#### Session 3: Further management of Faecal Incontinence

##### Chair:

13:30	Sacral nerve stimulation – how to optimise your outcomes	Kim Gorissen (TBC)
13:45	Sphincter repair – who gets one and when should it be done	Carolynne Vaizey
14:00	Updates on sphincter bulking devices	Pasquale Giordano
14:15	Low anterior resection syndrome – a step wise approach	Ana Wilson
14:30	Discussion	

#### 14:50 Coffee

#### Session 4: Constipation and the rectum

##### Chair:

15:10	Constipation – what the surgeon needs to know and do	Gehanjali Amarasinghe
15:25	Connective tissue disorder and the bowel	Asma Fikree (TBC)
15:40	Assessment and management of rectal prolapse	Gregory Thomas
15:55	Obstructed defaecation- when to operate	Alison Hainsworth
16:10	Discussion	

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**16:30 End of Day 1**

### Day 2 – Proctology

#### Session 1: Haemorrhoids and fissure

##### Chair:

09:10	Piles 1 – Background, conservative treatment & management post op pain	Steve Brown
09:20	Piles 2 – Surgical options and my algorithm for care	Janindra Warusavitarne
09:30	Fissure 1 – Background and non-surgical treatment	Gregory Thomas
09:40	Fissure 2 – Surgical treatment – LAS and flaps	Steve Brown
09:50	Discussion and cases	

**10:20 Coffee break**

#### Session 2: Fistula

##### Chair:

10:50	Background, abscess management and assessment	Gregory Thomas
11:05	Rationalisation	Phil Tozer
11:20	Laying open and Sphincter preserving procedures	Kapil Sahnar
11:35	Discussion and MDT cases	

**12:30 Lunch**

#### Session 3: The inflamed perineum

##### Chair:

13:15	HS assessment and management	Ellie Rashid (TBC)
13:30	Fistulising and non-fistulising pCD	Theo Pelly
13:45	ipCD and biological augmentation/biological downstaging	Luke Hanna & Phil Tozer
14:00	Discussion and cases	

**14:30 Coffee break**

#### Session 4: Gynaecological proctology

##### Chair:

15:00	RVF management	Phil Tozer
15:20	FGM in UK gynae and proctology practice	Asra Saleem (TBC)
15:35	Sex in proctology management	Shivani Joshi
15:50	Discussion and cases	

**16:30 End of day 2 & course**