

The 5<sup>th</sup> Annual International Conference

# The Pilonidal Disease Conference at St Mark's Hospital

5 December 2025

Please join us in person at this live event, or as part of our large international audience online!  
Venue: Avery Jones Education Centre, St Mark's Hospital, Acton Lane, Park Royal, London, NW10 7NS



[www.stmarksacademicinstitute.org.uk](http://www.stmarksacademicinstitute.org.uk)

# The Pilonidal Disease Conference 2025



*Course Convenors: Peter Wysocki, Susanne Haas, Gregory Thomas, Asha Senapati*

## **The 5th International Pilonidal Disease Conference at St Mark's Hospital**

We are delighted to welcome you to this year's Pilonidal Disease Programme: a dynamic and forward-thinking event designed to bring together a diverse community of experts, trainees, and curious minds from around the globe. With a rich blend of clinical insight, academic rigor, and practical innovation, this programme promises to be a landmark gathering for anyone invested in advancing care and understanding of pilonidal disease.

### **International Collaboration & Expertise**

Our faculty features leading voices offering a perspective on treatment pathways, evolving techniques, and research priorities. This exchange of ideas is central to our mission: to elevate standards of care and foster collaboration.

### **Learning Objectives & Clinical Depth**

Participants will engage with a wide range of topics, from the fundamentals to the frontiers. We'll explore treatment pathways, dissect difficult cases, and set meaningful research objectives that reflect the current gaps and future directions in pilonidal care. Whether you're an experienced consultant or a trainee just beginning your journey, the programme is tailored to challenge and inspire.

### **Programme Highlights**

**Consultants' Corner:** A space for seasoned clinicians to share pearls of wisdom and real-world strategies.

**Short Papers:** Short presentations that spotlight emerging research and novel approaches.

**Keynote Speaker:** A distinguished expert will deliver a thought-provoking address on the future of pilonidal disease management.

**Non-Excisional Therapies:** A deep dive into less invasive options and their growing role in treatment.

**Flaps and How They Are Done:** Practical demonstrations and discussions on flap techniques, with emphasis on outcomes and patient selection.

**Research Priority Setting:** A collaborative session to define the most pressing questions and guide future investigations.

### **Who Should Attend?**

This programme is designed for a broad audience: experts seeking to refine their practice and contribute to research, non-experts looking to build foundational knowledge, and trainees eager to learn from leaders and peers in the field.

### **Call for Abstracts**

We invite submissions of original research, case reports, and innovative approaches. Abstracts must be registered via the Pilonidal Sinus Journal by 5th October 2025. Don't miss the opportunity to share your work with a global audience and shape the conversation.

We look forward to welcoming you to a programme that promises insight, inspiration, and impact. Let's push boundaries together.

# The Pilonidal Disease Conference 2025

## Programme ● 5 Dec 2025 Morning

### Background of pilonidal disease

Chairs: Asha Senapati, Greg Thomas

08:30 Introduction [Asha Senapati](#), [Peter Wysocki](#)

08:35 Incidence, prevalence and risk factors [Ida Faurschou](#)

08:50 What we know and don't know about Pilonidal Disease [Susanne Haas](#)

09:05 Assessment of disease and differential diagnosis [Peter Wysocki](#)

09:20 Quality of Life [Dotun Ojo](#)

09:35 Discussion

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09:50 Break

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### Research

Chairs: Ida Faurschou, Peter Wysocki

10:15 Living with Pilonidal Disease – a patient perspective

10:30 Live miniDELPHI: research priorities [Susanne Haas](#), [Greg Thomas](#)

10:45 Inter-unit collaboration- how to make it work [Phil Tozer](#)

11:00 International opportunities for research collaboration [Susanne Haas](#)

11:15 Discussion

11:30 Short paper presentations

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12:30 Keynote lecture Surgery for Pilonidal Disease is the PITS [Steve Brown](#)

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13:00 Lunch

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# The Pilonidal Disease Conference 2025

## Programme ● 5 Dec 2025 Afternoon

### Management options

Chairs: Steve Brown, Peter Wysocki

13:45 Variations in management across the world **Robert Smeenk**

14:00 'Traditional' and non-excisional procedures **Jon Lund**

14:15 New non-excisional procedures **Greg Thomas**

14:30 Excisional procedures **Peter Wysocki**

14:45 Cleft lift **Steve Immerman**

15:00 Proposed treatment algorithm **Asha Senapati**

15:15 Discussion

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15:30 Coffee Break

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### Consultant corner

Chairs: Phil Tozer, Asha Senapati. Panel: Steve Brown, Steve Immerman, Jon Lund, Boudewijn Toorenvliet

16:00 Results of miniDELPHI **Greg Thomas**

16:15 Case presentations

16:30 Paper prize presentation **Peter Wysocki**

16:45 Closing remarks

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17:00 Close



We would like to thank our sponsor



Request for abstracts. Closing date 5th October 2025.  
Please register your abstract on [Pilonidal Sinus Journal](#)

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