

The 22<sup>nd</sup> Annual International Congress

# Frontiers in Colorectal and Intestinal Disease

Tackling uncertainty in colorectal disease

20–22 November 2024

Please join us in person at this live event, or as part of our large international audience online!  
This year we will be at the magnificent Glaziers Hall, 9 Montague Close, London Bridge, London SE1 9DD



**Sir Alan Parks**  
Visiting Professor

**Antonino Spinelli**  
Division Director of Colon & Rectal Surgery & Professor of Surgery, Humanitas University, Milan

**Basil Morson**  
State of the Art Lecture

**Christianne Buskens**  
Specialised IBD colorectal surgeon, Cancer Center Amsterdam UMC

**Sir Francis Avery Jones**  
Visiting Professor

**Millie Long**  
Director of the Division of Gastroenterology and Hepatology, University of North Carolina

**John Lennard-Jones**  
Visiting Professor

**Matt Rutter**  
Professor of Gastroenterology, University Hospital of North Tees



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# Dean's Welcome

## Welcome to our 22<sup>nd</sup> Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London to our 22<sup>nd</sup> Annual Frontiers in Colorectal and Intestinal Disease. This year the focus is tackling uncertainty in colorectal disease. We look forward to welcoming a face-to-face audience to the magnificent Glaziers Hall, 9 Montague Place, London Bridge, London, SE1 9DD.

In addition, we are delighted to welcome our online audience from around the world. We will be making full use of high quality audio visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multidisciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts.

We will also present cutting edge research, and are honoured to have **Millie Long (USA)** as our Sir Francis Avery Jones Visiting Professor, **Antonino Spinelli (Italy)** as our Sir Alan Parks Visiting Professor, **Matt Rutter (UK)** as our John Lennard-Jones Visiting Professor, and **Christianne Buskens (Netherlands)** is the presenting the Basil Morson State of the Art Lecture.

We will combine medical, endoscopic, radiological, oncological, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is loudly heard.

The Congress is organised into a number of plenary sessions:

On Wednesday, we have sessions entitled The Crohn's Disease Paradigm: Shifting Sands; The Thickened Ileum: More Than Meets the Eye; Overcoming the Taboo of

Perineal Injuries; and Rectal Challenges.

On Thursday, we have two seminar rooms, The Frederick Salmon Room features To Reconstruct or Not: Rectal Cancer and IBD; Acute Anastomotic Leaks: Avoidance and Coping Strategies; Endoscopy: is the intervention the right one?; and Endoscopy: advanced polyp management. The Cuthbert Dukes Room presents The In-Betweeners: Bridging the Adolescent Gap; Managing IBD in the Golden Years; and Complex Cancer: How to Achieve the Goldilocks Operation.

On Friday, the Salmon Room sessions are 100 year of polyposis, and new challenges; The Unmet Needs in Early Onset Colorectal Cancer; and The Problematic Pouch. The Dukes Room sessions are Turning the Tide on Refractory IBD; Uncertainties in Intestinal Rehabilitation; and Small Bowel, Big Dilemmas.

We conclude our symposium with a session with all the leading lights coming together for what should be an enlightening and entertaining discussion, 'Leadership in Healthcare at a Time of Uncertainty - Patient-Centered Change During Uncertain Times'.

We would like to take this opportunity to express our gratitude to all supporters for their assistance and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 22<sup>nd</sup> Meeting of the Frontiers Congress.

**Professor Naila Arebi, Dean  
St Mark's Academic Institute**



### The Frederick Salmon Room

08:00 Registration 09:00 Welcome from the Dean Naila Arebi

#### **Crohn's disease paradigm: shifting sands**



Chairs: Naila Arebi, Carolynne Vaizey

**09:15**

Old tools, new tricks - the role of intestinal ultrasound in IBD

**Stuart Taylor**

**09:30**

First line therapy is surgery; first line therapy is drugs **Guy Worley, Nikolaos Kamperidis**

**09:45**

Surgical innovations - are we making progress?

**Steven Brown**

**10:00**

What happens after surgery? Preventing post-operative recurrence

**Krisztina Gecse**

**10:15**

Panel discussion

**Chairs: Naila Arebi, Carolynne Vaizey**

**Panel: Stuart Taylor, Nikolaos Kamperidis,**

**Guy Worley, Steven Brown, Krisztina Gecse**

**10:40 Break**

#### **The thickened ileum: more than meets the eye**



Chairs: Phil Tozer, Lisa Younge

**11:00**

Case vignette of presentation with terminal ileum inflammation/inflammatory mass

**Ravi Misra**

**11:15**

How to deal with diagnostic uncertainty

**Arun Gupta, Lajja Panchal**

**11:30**

Setting the scene for surgery: how to stage it

**Kapil Sahnani**

**11:45**

Mild Crohn's disease - watch or treat?

**Joana Torres**

**12:00 Panel discussion**

**Chairs: Phil Tozer, Lisa Younge. Panel: Ravi Misra,**

**Arun Gupta, Lajja Panchal, Joana Torres**

**12:30 SIR FRANCIS AVERY JONES  
Visiting Professor Lecture**



**Chair: Naila Arebi**

Management of ulcerative colitis:  
the road ahead

**Millie Long**

**13:00 Lunch**



### The Frederick Salmon Room

#### 13:45 Symposium: Janssen

Navigating the Path to Early Diagnosis:  
Understanding Crohn's Disease and  
Ulcerative Colitis in Global Contexts

Speakers: Prof. Ailsa Hart, St Marks Hospital,  
Dr Nuru Noor, Cambridge University Hospitals,  
Prof. Shaji Sebastian, Hull University Teaching  
Hospitals

#### Overcoming the taboo of perineal injuries



Chairs: Gregory Thomas, Tatenda Marunda

**14:30**

The management of anal and perineal trauma:  
the view from a major trauma centre

Kate Hancorn

**14:45**

OASIS: Their impact and their management  
Carolynne Vaizey

**15:15**

The St Mark's approach to recto-vaginal fistulae  
Phil Tozer

**15:30**

Panel discussion

Chairs: Gregory Thomas, Tatenda Marunda  
Panel: Kate Hancorn, Carolynne Vaizey, Phil Tozer

**16:00** Break

#### Challenges in rectal function



Chairs: Carolynne Vaizey, Michele Marshall

**16:20**

How to approach the recurrent rectal prolapse  
Gregory Thomas

**16:35**

Low anterior resection syndrome - how to tailor  
treatment to your patient

Julie Cornish

**16:50**

Management strategies for obstructed  
defaecation

Arun Gupta, Gregory Thomas

**17:05**

Panel discussion

Chairs: Carolynne Vaizey, Michele Marshall.

Panel: Arun Gupta, Gregory Thomas, Julie Cornish

**17:35**

#### John Nicholls Prize

Chair: Naila Arebi

Panel: John Nicholls



**17:50** Close



### The Frederick Salmon Room

**09:00**

Welcome from the Sub-Dean Elaine Burns

#### **To reconstruct or not: rectal cancer and IBD**



**Chairs:** Kapil Sahnani, Nicola Hodges

**09:05**

Restoration of continuity versus function in rectal cancer

**Eva Angenete**

**09:20**

Turnbull-Cutait: is this just a perineal colostomy by another name?

**Ian Jenkins**

**09:35**

The pouch survives, what about the rectum?

**Christianne Buskens**

**09:50**

The Kock pouch

**Richard Lovegrove**

**10:05**

Panel discussion

**Chairs:** Kapil Sahnani, Nicola Hodges.

**Panel:** Eva Angenete, Ian Jenkins,

Christianne Buskens, Richard Lovegrove

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**10:30 Break**

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### The Cuthbert Dukes Room

**09:00**

Welcome from the Dean Naila Arebi

#### **The in-betweeners: bridging the adolescent gap**



**Chairs:** Warren Hyer, Ailsa Hart

**09:05**

My patient journey from symptoms to treatment

**Patient Interview, Naila Arebi**

**09:20**

Specialist nurses in transition care: where the twain shall meet

**Kay Crook, Jitka Adio**

**09:35**

Adolescence and IBD: a unique psychological picture

**Alexa Duff**

**09:50**

Early-onset IBD: implications for later care

**Jochen Kammermeier**

**10:05**

Panel discussion

**Chairs:** Warren Hyer, Ailsa Hart

**Panel:** Naila Arebi, Kay Crook, Jitka Adio, Alexa Duff, Jochen Kammermeier

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**10:30 Break**

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## **The Frederick Salmon Room**

### **Acute anastomotic leaks: avoidance and coping strategies**

**Chairs:** Elaine Burns, Thomas Glover

**10:50** My experience of an anastomotic leak

**Patient interview**

**11:05** Designing out anastomotic leaks

**Antonino Spinelli**

**11:20** Can we prevent the acute becoming chronic? **Roel Hompes**

**11:35** The role of endoscopy in anastomotic leaks **Siwan Thomas-Gibson**

**11:50** The management of chronic leaks **Ian Jenkins**

**12:05** Panel discussion

**Chairs:** Elaine Burns, Thomas Glover. **Panel:** Antonino Spinelli, Roel Hompes, Siwan Thomas-Gibson, Ian Jenkins

### **12:30 SIR ALAN PARKS Visiting Professor Lecture**



**Chair:** Elaine Burns

Training in the high tech era:  
the challenges & opportunities

**Antonino Spinelli**

**13:00** Lunch

### **13:45 Symposium: Lilly**

Gut Feelings: The importance of being  
earnest in UC

*This promotional symposium has been developed, funded and  
organised by Lilly. Lilly products will be discussed at this meeting.*

**Chair:** Naila Arebi

**Speakers:** Prof. Jimmy Limdi, Dr Karen Kemp

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## **The Cuthbert Dukes Room**

### **Managing IBD in the golden years**

**Chairs:** James Alexander, Tracey Tyrrell

**10:50**

Patient perspective of living with uncertainty in  
later life **Patient interview**

**11:05**

Treatment goals in older people: taking it in  
**STRIDE Hannah Gordon**

**11:20**

You've hit the target, should you de-escalate?  
**Millie Long**

**11:35**

Mitigating treatment-related complications:  
infections and cancer **Nick Powell**

**11:50**

Surgery: more than a fighting chance to  
success **Thomas Pinkney**

**12:05** Panel discussion

**Chairs:** James Alexander, Tracey Tyrrell.  
**Panel:** Hannah Gordon, Millie Long, Nick Powell,  
Thomas Pinkney

**12:30** Lunch



### The Frederick Salmon Room

**14:30 BASIL MORSON**

**State of the Art Lecture**



**Chair: Naila Arebi**

What should surgical outcomes look like in IBD?

Christianne Buskens

### Complex cancer: how to achieve the Goldilocks operation?



**Chairs: Nicola Hodges, Caroline Gee**

**15:00**

How big is too big?

Per Nilsson

**15:15**

Mitigating and managing the consequences of exenteration surgery

Eva Angenete

**15:30**

The next frontier in exenteration surgery

Ian Jenkins

**15:45**

Panel discussion

**Chairs: Nicola Hodges, Caroline Gee.**

**Panel: Eva Angenete, Ian Jenkins, Per Nilsson, Michele Marshall, Adriana Martinez**

**16:15 Break**

### The Cuthbert Dukes Room



**14:30 Video Link: Basil Morson Lecture**

### Endoscopy: is the intervention the right one?



**Chairs: Adam Haycock, Maggie Vance**

**15:00** Is the patient fit enough for endoscopy and endoscopic therapy? The value of frailty assessment

Michael Fertleman

**15:15** Polyps in older people - to remove or not to remove?

Matt Rutter

**15:30** Surveillance in IBD dysplasia: changing paradigms

Ana Wilson

**15:45** Resect and discard diminutive polyps: the demise of histology?

Ahmir Ahmad

**16:00**

Panel discussion and cases

**Presenter: Adam Humphries. Chairs: Adam Haycock, Maggie Vance. Panel: Matt Rutter, Ana Wilson, Michael Fertleman, Ahmir Ahmad**

**16:30 Break**



### The Frederick Salmon Room

#### **Endoscopy: Advanced polyp management: which intervention?**



**Chairs:** Jonathan Landy, Siwan Thomas-Gibson

**16:50**

Endoscopically resectable or non-resectable?  
An eye for details

**Amyn Haji**

**17:05**

A deep dive into the dissection plane  
**Noriko Suzuki**

**17:20**

Cancer in a resected polyp: continued  
surveillance or one-off surgery

**Leon Moons**

**17:35**

Panel discussion and video presentation

**Case presenter: Adam Humphries**

**Chairs: Jonathan Landy, Siwan Thomas-Gibson**

**Panel: Amyn Haji, Leon Moons, Noriko Suzuki**

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**18:00 Close**

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### The Cuthbert Dukes Room

#### **Robotic surgery symposium**



**Chairs:** Per Nilsson, Elaine Burns

**16.45 Debate**

Robotic rectal cancer surgery: real or unreal?

**Danilo Miskovic & Tim Rockall**

**17.20**

Robotic videos session

**Chairs: Elaine Burns, Samantha Evans**

**Panel: Danilo Miskovic, Tim Rockall, Per Nilsson,  
Akash Mehta, Kapil Sahnan**

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**18:00 Close**

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## The Frederick Salmon Room

**09:00**

Welcome from the Sub-Dean **Kevin Monahan**

### **100 years of polyposis and new challenges**



**Chairs:** Vicky Cuthill, Ashish Sinha

**09:05**

Desmoids: who to treat, when and with what?

**Sue Clark**

**09:20**

Large bowel in FAP - from prevention to intervention

**Andrew Latchford**

**09:35**

What counts with multiple colorectal adenomas extends beyond the count

**Vicky Cuthill**

**09:50**

Case-based discussion

**Presenter: Katy Newton**

**Chairs:** Ashish Sinha, Andrew Latchford

**Panel:** Vicky Cuthill, Sue Clark

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**10:15 Break**

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## The Cuthbert Dukes Room

**09:00**

Welcome from the Dean **Naila Arebi**

### **Turning the tide on refractory IBD**



**Chairs:** Lisa Younge, Naila Arebi

**09:05**

ASUC: treating beyond the limits

**Kamal Patel**

**09:20**

An urgent look at urgency and what it means to live with it

**Aline Charabaty**

**09:35**

The science behind the treatment

**Gareth-Rhys Jones**

**09:50**

Cutting edge surgery - it's all in the timing?

**Kapil Sahnan**

**10:05**

Panel discussion

**Chairs:** Lisa Younge, Naila Arebi

**Panel:** Kamal Patel, Aline Charabaty,

**Gareth-Rhys Jones, Kapil Sahnan**

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**10:30 Break**

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## The Frederick Salmon Room

### The unmet needs in early onset colorectal cancer



Chairs: Ashish Sinha, Elaine Burns

**10:35**

The landscape in the UK

**Kevin Monahan**

**10:50**

Personalising oncological management

**David Church**

**11:05**

Balancing sexual health, fertility and long-term consequences

**Gabrielle van Ramhorst**

**11:20** Panel discussion

Chairs: Ashish Sinha, Elaine Burns.

Panel: Oliver Giger, Kevin Monahan, David Church, Gabrielle van Ramhorst

**11:40 JOHN LENNARD-JONES Visiting Professor Lecture**



**Chair: Kevin Monahan**

The future of endoscopy, where we are going and how to get there?

**Matt Rutter**

**12:10** Lunch

**12:55 Symposium: Pfizer**

Evolving Ulcerative Colitis Management:  
A New Era with Sphingosine-1-Phosphate Modulators

Speakers: Prof. Ailsa Hart, Prof. Naila Arebi, Angela Chana

## The Cuthbert Dukes Room

### Uncertainties in intestinal rehabilitation



Chairs: Mia Small, Mani Naghibi

**10:50**

When is it worth delaying surgery to optimise a patient?

**Akash Mehta**

**11:05**

When to feed a patient with an intestinal fistula

**Suzanne Donnelly**

**11:20**

Is it possible to achieve a short bowel regime on a general ward?

**Akash Mehta, Simon Gabe**

**11:35**

How is it best to feed distally in a patient with bowel out of continuity and is it worth it?

**Simon Gabe**

**11:50**

Panel discussion

Chairs: Mia Small, Mani Naghibi. Panel: Akash Mehta, Suzanne Donnelly, Simon Gabe

**12:15** Lunch



## The Frederick Salmon Room

### The problematic pouch



**Chairs:** Naila Arebi, Sue Clark

**13:40**

Living with a failing pouch: a patient experience

**Patient interview, Siwan Thomas-Gibson**

**13:55**

Endoscopic assessment of the pouch

**Manmeet Matharoo**

**14:10**

Chronic pouchitis: interventions to avoid failure

**Millie Long**

**14:25**

Pouch MDT: overcoming uncertainty with case-based discussions

**MDT discussion with Kapil Sahnan**

**14:50**

Panel discussion

**Chairs: Naila Arebi, Sue Clark**

**Panel: Siwan Thomas-Gibson, Ellie Bradshaw, Millie Long, Katie Devlin, Kapil Sahnan, Manmeet Matharoo**

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**15:15 Break**

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## The Cuthbert Dukes Room

### Small bowel, big dilemmas



**Chairs: Simon Gabe, Richard Holman**

**13:45**

Coeliac disease: separating the wheat from the chaff

**Suzanne Donnelly**

**14:00**

SIBO: is it all hot air?

**Gehanjali Amarasinghe**

**14:15**

A sticky bowel: patient life-long experience of adhesions

**Meha Bhuva**

**14:30**

Prevention and management of adhesions

**Akash Mehta**

**14:45**

Panel discussion

**Chairs: Simon Gabe, Richard Holman**

**Panel: Suzanne Donnelly, Gehanjali Amarasinghe, Meha Bhuva, Akash Mehta**

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**15:15 Break**

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## The Frederick Salmon Room

### Leadership in healthcare at a time of uncertainty

Chair: Ayesha Akbar, Ian Jenkins

**15:30**

Leadership to influence change: Different conversations in different settings

**Robert Logan** (National Specialty Adviser for Endoscopy and Screening for NHS England)

**15:40**

How I got there and how I balance my leadership and clinical roles

**Tim Orchard** (Consultant Gastroenterologist, Chief Executive Imperial College Healthcare NHS Trust)

**15:50** Panel discussion

Leadership in digital innovation

**Morgan Moorghen**

Professional development & mentoring leadership tips

**Ayesha Akbar**

Chair: Ayesha Akbar, Ian Jenkins

Panel: Robert Logan, Tim Orchard,

Morgan Moorghen, Siwan Thomas-Gibson

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16:10 Close

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## The Cuthbert Dukes Room

 **15:30 Video Link: Leadership in healthcare at a time of uncertainty**

We would like to thank our supporters



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