



15th Annual International Congress

Frontiers in Intestinal and Colorectal Disease

28th–30th November 2017

St Mark's Hospital, London, UK

Incorporating

Professor Robin Phillips' Festschrift

1st December 2017

The Royal College of Physicians, London, UK



Sir Alan Parks

Visiting Professor

Professor Søren Laurberg
Aarhus, Denmark



Sir Francis Avery Jones

Visiting Professor

Professor Michael Kamm
Melbourne, Australia

www.stmarksacademicinstitute.org.uk

Tuesday 28th–Thursday 30th November

St Mark's, London

Conference Secretariat

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

Symposia

Will take place in the Himsworth Hall on Level 6.

Exhibition

Clore (Rooms 3 and 4) on Level 6.
Please take time to visit the exhibitors.

There is an opportunity to win an iPad Pro when you visit the exhibitors. Collect your entry form from the registration desk outside the Himsworth Hall. The draw will take place after lunchtime on Thursday 30th November.

Refreshments

Early Morning Tea and Coffee

Tuesday – Reception Area
All other days – Exhibition Area

Morning Coffee and Afternoon Tea

Reception Area and Exhibition Area

Lunch

Reception Area
(take stairs outside the Himsworth Hall)

Morning Room
(opposite the Himsworth Hall)

Drinks Reception

In the Exhibition Area in the Clore, Level 6,
on Tuesday 28th November at 17:00.

All are welcome.

Breakfast Sessions

These must be pre-booked. The sessions will commence at 08:00 on Wednesday 29th and Thursday 30th. Please make yourself known at the Registration Desk outside the Himsworth Hall ten minutes beforehand and you will be directed to the relevant room.

Please enquire at the Registration Desk (outside the Himsworth Hall) for current availability.

Friday 1st December

The Royal College of Physicians, London



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or follow us on Twitter [@StMarksHospital](https://twitter.com/StMarksHospital)

WiFi at St Mark's, London

WiFi kindly provided free of charge by WiFi SPARK.

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Username: **LNWH-StMarks**

Password: **1310**



Dean's Welcome

Welcome to our 15th Annual International Congress



Sue Clark

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London and to this our 15th Annual Frontiers in Intestinal and Colorectal Disease. The Congress will cover a broad range of topics, and I hope that you will find the next few days interesting, stimulating, educational and, at times, controversial. This meeting is truly international and will unite delegates and faculty from around the world.

St Mark's Frontiers is organised into a number of plenary sessions, all of which are multidisciplinary and presented by leading experts. On Tuesday and Wednesday we have sessions focussing on IBD, endoscopy, biofeedback and pouches and we are delighted to welcome our Sir Francis Avery Jones visiting professor Michael Kamm. On Thursday we take a look at the peritoneum and have sessions focussing on colorectal cancer. We look forward to The Sir Alan Parks' lecture delivered by another old friend of St Mark's, Søren Laurberg. Included each day are our Consultants' Corners – case-based discussions where we challenge the experts. On Friday we celebrate the career of Professor Robin Phillips with a Festschrift at the Royal College of Physicians, which brings our meeting to a close.

This year we are once again running a Nursing Symposium, which runs in parallel with the main programme. It will feature internationally recognised nursing experts in the field of GI Nursing. This session will consider clinical initiatives and the transition of research into clinical practice. In addition, we will be running a session for the John Nicholls' Prize, in which our Research Fellows will have the opportunity to present their work.

We will be making full use of our audio visual facilities, which enable us to bring you high quality images from both Endoscopy and our state of the art Operating Theatre. We look forward to live sessions every day, which will include a number of interesting cases.

We will also be holding early morning breakfast sessions on Wednesday and Thursday before the main Congress begins. These are smaller, more intimate seminars given by experts in the field on topics such as managing the poorly functioning pouch, advances in the management of IBD and functional gut disorders, approaches to faecal incontinence, robotics in colorectal surgery and MRI for surgeons – to name a few from this year's programme. There are still some places available so do enquire at the registration desk.

I am grateful to our Faculty and am especially pleased to welcome Professors Michael Kamm and Søren Laurberg as our visiting professors this year. Please do take the opportunity to talk to them. A drinks reception will be held on Tuesday at 5pm in the exhibition area and all are welcome.

Finally, I would like to take this opportunity to express my gratitude to all sponsors for their support and contribution to the success of this Congress. Please take the opportunity to visit the exhibition area and find out what is on offer. We are delighted to have the Ethicon "Innovations Room" next to the main exhibition and Intuitive Surgical will have the *da Vinci Xi* robot on show in the room opposite the Himsworth Hall. We are once again giving one of you the chance to win an iPad Pro when you visit the exhibitors, collect your entry form at the registration desk outside the Himsworth Hall.

I hope that you enjoy your time with us in London and that St Mark's Frontiers Congress more than lives up to your expectations.

Faculty

Visiting Professors

Sir Francis Avery Jones Visiting Professor – Michael Kamm

Sir Alan Parks Visiting Professor – Søren Laurberg

External

John Burn
Emin Carapeti
Tom Cecil
Richard Cohen
David van Dellen
Alan Farthing
Michael Fertleman
Trevor Graham
Steve Halligan
Charlie Lees
James Lindsay
Peter Loder
Austin O'Bichere

Adam Scott
Allan Spigelman
Kevin Whelan
Al Windsor
Martin Wiseman
Internal
Jitka Aido
Samar Al Homoud
Lisa Allison
Ayesha Akbar
Anthony Antoniou
Naila Arebi
Jennie Burch
David Burling

Sue Clark
Brigitte Collins
Vicky Cuthill
Suzanne Donnelly
Sam Evans
Patricia Evans
Omar Faiz
Simon Gabe
Arun Gupta
Ailsa Hart
Maeve Hawes
Adam Haycock
Adam Humphries
Warren Hyer

Yoram Inspector
Ian Jenkins
Ian Johnston
Robin Kennedy
Andrew Latchford
Ripple Man
Peter McDonald
Danilo Miskovic
Mani Naghibi
John Nicholls
Lajja Panchal
Max Pitcher
Amanda Pye
Brian Saunders

Ash Sinha
Mia Small
Noriko Suzuki
Claire Taylor
Siwan Thomas-Gibson
Greg Thomas
Phil Tozer
Tracey Tyrrell
Carolynne Vaizey
Maggie Vance
Janindra Warusavitarne
Ana Wilson

Tuesday 28th November

08:55 Welcome The Dean

09:00 IBD in special groups

Chair: Naila Arebi

- The young – childhood and transition Warren Hyer
- Fertility and pregnancy Ailsa Hart
- The elderly Michael Fertleman

Panel discussion

10:15 Coffee

10:30 Live endoscopy

Chairs: Michael Kamm, Andrew Latchford, Siwan Thomas-Gibson

Endoscopists: Adam Haycock, Adam Humphries, Brian Saunders, Noriko Suzuki, Maggie Vance, Ana Wilson

12:00 Endoscopy services – how will they look in the next 10 years?

Siwan Thomas-Gibson

Chair: Sue Clark

12:30 Lunch

13:30 Sir Francis Avery Jones Lecture

The gut microbiota - the cause and cure of gut disease

Michael Kamm

Chair: Ailsa Hart

14:00 Food, glorious food

Chair: Mani Naghibi

- IBS and diet – deciphering the alphabet soup (FODMAPS etc) Kevin Whelan
- Diet and IBD – its place in management and preparation for surgery Charlie Lees
- Diet and cancer – what should we tell people? Martin Wiseman

Panel discussion

15:00 Tea

15:30 Consultants' corner – IBD

Chairs: Max Pitcher, Ayesha Akbar

Panel: Michael Kamm, Søren Laurberg, Arun Gupta, Ailsa Hart, Charlie Lees, Lajja Panchal, Sue Clark

Wednesday 29th November



Breakfast sessions 08:00-08:55

These must be pre-booked. Please check with the registration desk for availability.

- Colonoscopy – How I do it Adam Haycock
- Managing the high output stoma Simon Gabe and Suzanne Donnelly
- Managing the poorly functioning pouch Sue Clark, Sam Evans and Lisa Allison
- Managing Haemorrhoids Peter McDonald

08:55 Welcome The Dean

09:00 IBD and cancer

Chair: Omar Faiz

- How does cancer arise in IBD? Trevor Graham
- Improving colorectal cancer surveillance Ana Wilson
- PSC/IBD and cancer – a different entity? Ailsa Hart
- Impact of therapies on cancer risk – good or bad? James Lindsay

Panel discussion

10:30 Coffee

10:45 Live endoscopy

Chairs: Michael Kamm, Brian Saunders, Ana Wilson

Endoscopists: Adam Haycock, Adam Humphries, Andrew Latchford, Ripple Man, Siwan Thomas-Gibson, Noriko Suzuki

12:30 Lunch

13:30 Pouches behaving badly

Sue Clark

Chair: Omar Faiz

14:00 Biofeedback and beyond

Chair: Michael Kamm

- How did we get here? Michael Kamm
- What the biofeedback team can offer your patients Brigitte Collins and the biofeedback team
- Debate: The management of incontinence
- The surgeon knows best – biofeedback is not necessary Søren Laurberg
- Biofeedback is the cornerstone Carolynne Vaizey

15:20 Tea

16:10 Panel discussion and consultants' corner – management of functional problems

Chairs: Carolynne Vaizey, Ayesha Akbar

Panel: Michael Kamm, Søren Laurberg, Brigitte Collins, Patricia Evans, Yoram Inspector

Thursday 30th November



Breakfast sessions 08:00-08:55

These must be pre-booked. Please check with the registration desk for availability.

- Advances in the management of IBD and functional gut disorders Michael Kamm
- Approaches to faecal incontinence Søren Laurberg
- Should I go or should I stay? – Robotics in colorectal surgery Danilo Miskovic
- MRI for surgeons Ian Jenkins and David Burling

08:55	Welcome The Dean	
09:00	Peritoneum – the forgotten organ Chair: Anthony Antoniou <ul style="list-style-type: none">- Endometriosis Alan Farthing- Encapsulating peritoneal sclerosis – pathogenesis and surgical management David van Dellen- Peritoneal metastasis Tom Cecil	Parallel session John Nicholls Prize Chair: Sue Clark Michael Kamm, Søren Laurberg, John Nicholls
10:30	Coffee	
10:45	Live operating Chair: Sue Clark, Robin Kennedy Surgeons: Danilo Miskovic, Phil Tozer	
12:30	Lunch	
13:30	Sir Alan Parks Lecture Functional outcomes after treatment for rectal cancer – where are we and where are we going? Søren Laurberg Chair: Carolynne Vaizey	Parallel session 13:30 Nursing symposium – Clinical initiatives Venue – Postgraduate common room <ul style="list-style-type: none">- Welcome Jennie Burch- Opening address Amanda Pye- Setting up and delivering a bowel screening service Maggie Vance and Maeve Hawes- Familial GI cancer pathways Vicky Cuthill- Community IBD services Tracey Tyrrell- St Mark's Burdett Scholarship Jennie Burch and Jitka Adio
14:00	Colorectal cancer 'plus' Chair: Danilo Miskovic <ul style="list-style-type: none">- Surgery for colorectal cancer in IBD Omar Faiz- Cancer in Lynch syndrome: which operation? Sue Clark- Locally advanced cancer – investigation and planning surgery Ian Jenkins Panel discussion	
15:30	Tea	15:30 Refreshments
16:00	Consultants' corner – colorectal cancer 'plus' Chair: Danilo Miskovic Panel: Søren Laurberg, Samar Al-Homoud, David Burling, Sue Clark, Omar Faiz, Ian Jenkins	16:00 <ul style="list-style-type: none">- Anterior resection syndrome Claire Taylor and Brigitte Collins- Research – it doesn't need to be big to affect clinical practice Mia Small
17:00	Colorectal cancer and genetics: what every surgeon needs to know John Burn Chair: Sue Clark	17:00 Close
Drinks reception		

Robin Phillips' Festschrift

Friday 1st December

The Royal College of Physicians

08:55 Welcome The Dean

09:00 Around the anus

Chair: Emin Carapeti

- Imaging for the proctologist Steve Halligan
- Haemorrhoids – getting surgery right Peter Loder
- Fissure – cut or paste? Michael Kamm
- Anal fistula – a king's ransom Richard Cohen

11:00 Coffee

11:30 The boundaries of proctology

Chair: Al Windsor

- Approaches to rectovaginal and extrasphincteric fistula Phil Tozer
- Structure or function: concepts and the role of surgery Søren Laurberg
- Bowel anastomosis – biology behind the techniques Adam Scott
- Towards anal transplantation Austin O'Bichere

12:50 Lunch

14:00 Polyposis symposium

Chair: John Burn

- FAP and the large bowel Ash Sinha
- The upper GI tract Allan Spigelman
- FAP and desmoids Sue Clark
- Other syndromes Andy Latchford

16:00 Closing remarks

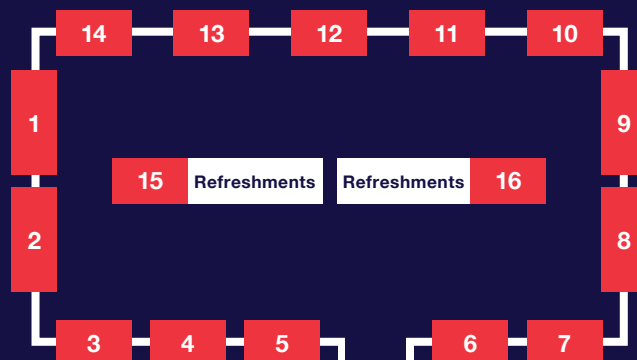
Omar Faiz, Clinical Director

16:10 Tea

List of exhibitors

Tuesday 28th - Thursday 30th November
St Mark's Hospital

- 1-2** Olympus Medical
- 3** Janssen Cilag Ltd
- 4** Aquilant
- 5** Kyowa Kirin
- 6** Fisher & Paykel Healthcare Ltd & Frankenman International Ltd
- 7** Promed Ltd
- 8** Norgine Pharmaceuticals
- 9** Ethicon
- 10** Creo Medical
- 11** Sysmex UK Ltd
- 12** Q Medical Technologies Ltd
- 13** Intuitive Surgical
- 14** Takeda
- 15** THD (UK) Ltd (Wednesday)
- 15** Friends of St Mark's (Tuesday and Thursday)
- 16** Lawmed Ltd



Friday 1st December
The Royal College of Physicians

- Ethicon**
- Takeda**
- Karl Storz Endoscopy UK**

With thanks to the following for their support



St Mark's Frontiers in Intestinal and Colorectal Disease 2017 has been approved by the Association of Coloproctology of Great Britain and Ireland for 23 CPD credits.



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