

St Mark's Hospital & Academic Institute Lecture Course

Frontiers in Intestinal and Colorectal Disease

Seventh Annual International Congress

2-4 December 2009 at St Mark's Hospital, Harrow, London

Final Programme

The Sir Alan Parks Visiting Professor

Mr Paul Finan - UK

The Sir Francis Avery Jones Visiting Professor

Professor Phil Quirke - UK



Dean's Welcome



Robin Kennedy

As incoming Dean of the St Mark's Academic Institute it is my great pleasure to welcome you to our 7th Annual Frontiers meeting.

I must firstly acknowledge the enormous contribution made by my predecessor, Dr Brian Saunders, in developing the Academic Institute and in particular making this Congress

such a success. Secondly I thank my colleagues at St Mark's who have worked hard to put together, what I hope you will agree, is a first class programme. You may note that there is no live surgery this year. What we have tried to do is bring the operation into the lecture theatre by using video.

Day one comprehensively covers surgical and medical treatment of anal problems. There will be lots of practical explanations of surgical techniques, supported by video clips with plenty of opportunity for questions and discussion.

The second day will commence with a variety of breakfast sessions which have proved very popular in previous years. These sessions are informal with group sizes limited to 15. They are led by an expert in the field and give delegates a chance to discuss specific issues in detail. We continue with symposia on Laparoscopic Surgery, Dilemmas in Acute Colitis and Fluid and Nutrition Management in Post Op Complications. We close with a Consultants Corner and The Sir Francis Avery Jones state of the art lecture which will be delivered by Professor Phil Quirke.

Friday commences with further breakfast sessions followed by a comprehensive look at Colorectal Cancer. Dealing with everyday problems as well as the more unusual occurrences and what can be done about them.

We are delighted to have Mr Paul Finan, former President of The Association of Coloproctology of Great Britain and Ireland as this year's Sir Alan Parks Visiting Professor.

As always, we welcome all that you have to bring and look forward to hearing your questions and comments.

A key change for this year is the introduction of Video Editing seminars which will be held throughout the first day. With the changes that we have seen during the last decade in the technology available in both Laparoscopic Surgery and Endoscopy, together with the advent of high definition picture quality means that excellent training and educational materials are much more readily available. One sessions will take you through the basics of video editing whilst the other will consist of Q&A. Places are limited but if you are interested please don't hesitate to contact a member of the Administrative team. I am grateful to Sequence Training and Professor Bill Heald for devising and running this session. On Thursday and Friday a small learning centre will be set up for delegates to view some of the DVDs that are produced at St Mark's.

I must extend special thanks to all those companies who have supported us this year. These are financially challenging times and without their contribution it would be difficult to get the show on the road. In particular I am grateful to Olympus, Norgine, Schering Plough and Nestle who have all been extremely supportive over the years. Please take the opportunity to visit the exhibition and find out what is on offer and what is new.

Finally, thanks are due to all of our speakers both internal and particularly external, many of whom have travelled long distances to be with us. No meeting like this could take place without a great deal of behind the scenes work and I must express my own special gratitude to the team in the St Mark's Academic Institute who have worked tirelessly through the year to make it all happen.

I hope you will enjoy your time in London with all that it has to offer at this time of year and that the Congress more than lives up to your expectations. You are all very welcome.

Mr Robin Kennedy

Dean of the St Mark's Academic Institute

0800 **Registration and Breakfast**

0850 **Dean's Welcome**

Parallel Session

0900 **Premalignancy and its Management**

Chair - Miss Sue Clark

AIN and Pagets Disease - *Prof. John Northover*

Principles of Skin Grafting, Flaps and Z-Plasty

- *Mr Neil Toft*

Discussion

0915 - 1715 **Video Editing Seminar
by Hi Def Surgical**

Final Cut Pro - Training Seminar

Learn the basics of editing your
surgical videos.

Please see the back cover
for details.

1000 **Anal Fissure**

Chair - Prof. Robin Phillips

Medical Management - *Prof. John Northover*

Surgical Techniques from Sphincterotomy to Flaps

- *Mr Nick Carr*

Discussion

1045 **Coffee**

1115 **Anal Fistula**

Chair - Prof. John Nicholls

Advancement Flaps for Anal Fistula - *Mr Paul Finan*

Video: Delorme's Advancement Flap - *Prof. Robin Phillips*

Discussion

1200 **Pilonidal Sinus and Anal Stenosis**

Chair - Prof. John Northover

Flaps for Pilonidal Sinus - *Mr Emin Carapeti*

Video: House Advancement Flap for Anal Stenosis - *Prof. Robin Phillips*

Discussion

1245 **Lunch**

1345 **Faecal Incontinence**

Chair - Prof. John Nicholls

Conservative Management - *Prof. Chris Norton*

Surgical Management - *Ms Carolynne Vaizey*

Discussion

1445 **Lecture: Giants from the Past**

- *Prof. John Northover*

1515 **Tea**

1545 **Consultants Corner: Anal Cases**

Chair - Prof. Robin Phillips

Panel: *Mr Emin Carapeti, Mr Nick Carr, Mr Paul Finan, Prof. John Nicholls*

1715 **Drinks Reception**

1715 **Laparoscopic Theatre Tour**
ORGANISED BY OLYMPUS MEDICAL

Breakfast Sessions 0800-0900

THESE MUST BE PRE-BOOKED. PLEASE CHECK WITH REGISTRATION DESK FOR AVAILABILITY.

1. Colonoscopy - Your questions answered
- *Dr Brian Saunders*
2. Haemorrhoids - Too many options?
- *Mr Peter McDonald and Mr Stephen Chadwick*
3. Managing a Family History in Colorectal Cancer
- *Miss Sue Clark and Prof. Huw Thomas*
4. Gynaecological Proctology
- *Prof. Robin Phillips*

0800 Registration and Coffee

0900 Challenges in Laparoscopic Colorectal Surgery **SPONSORED BY OLYMPUS MEDICAL**

Chair - Prof. Tim Rockall

Vascular Anatomy and the Implications for Laparoscopic Surgery - *Mr Ian Jenkins*

Streamlining Operations for Colorectal Surgery - *Mr Robin Kennedy*

The Management of Obstruction - *Prof. Tim Rockall*

Operative Techniques in the Obese Patient - *Mr Robin Kennedy*

Conversions and the Place for Open Surgery - *Mr Daniel McGrath*

Discussion

1030 Coffee

1100 Dilemmas in Acute Colitis

Chair - Miss Lindsey Barker and Dr Meron Jacyna

Challenges Arising from the National IBD Audit - *Mr Richard Driscoll*

Treatment Escalation and the Timing of Surgery in Acute Colitis - *Dr Ailsa Hart*

Clostridium Difficile and Cytomegalovirus Colitis - *Dr Max Pitcher*

Case Based Discussion - *Dr Michele Marshall*

1230 Lecture: The Modern Management of Diverticulitis - *Prof. Gerald O'Sullivan*

1300 Lunch

1400 Fluid and Nutritional Management in Post-operative Complications

Chair - Mr Stephen Chadwick and Dr Jeremy Nightingale

Management of Post-operative Small Bowel Obstruction: When and when not to operate
- *Mr Ian Jenkins*

Metabolic and Nutritional Support in Modern Colorectal Surgery - *Prof. Gordon Carlson*

Medical Management of the Acute Intestinal Failure Patient - *Dr Simon Gabe*

Discussion

1530 Tea

1600 Consultants Corner

Chair - Miss Sue Clark

Panel: Dr Naila Arebi, Dr David Burling, Prof. Thomas Guenther, Prof. John Northover

1700 Sir Francis Avery Jones Lecture

Pathology and the Quality of Surgery - *Prof. Phil Quirke*

Chair - Prof. Thomas Guenther

1745 Drinks Reception

1745 Laparoscopic Theatre Tour **ORGANISED BY OLYMPUS MEDICAL**

Breakfast Sessions 0800-0900

THESE MUST BE PRE-BOOKED. PLEASE CHECK WITH REGISTRATION DESK FOR AVAILABILITY.

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| 1. An Approach to the Challenging Patient from the Psychological Medicine Team
- <i>Dr Julian Stern and Ms Megan Virtue</i> | 3. Transrectal Ultrasound in the Staging of Low Colorectal Cancer
- <i>Dr Michele Marshall and Prof. John Northover</i> |
| 2. Small Bowel Problems
- <i>Dr Chris Fraser and Mr Robin Kennedy</i> | 4. Nutrition - Access Problems
- <i>Dr Simon Gabe</i> |

0800 Registration and Coffee

0900 Difficult Rectal Cancer Issues

Chair - Miss Sue Clark

Surgery for Recurrence - *Mr Peter Sagar*

Unusual Post Rectal Tumours - *Prof. John Northover*

Pre-operative Chemotherapy with and without Radiotherapy, with and without Surgery

- *Dr Rob Glynne-Jones*

Case Based Discussions - *Prof. John Northover*

Panel: *Dr Rob Glynne-Jones, Dr Lucy Harbin, Mr Peter Sagar, Dr Michele Marshall*

1030 Coffee

1130 The High Risk Polyp

Chair - Prof. Phil Quirke

What Can Pathology Tell Us? - *Prof. Thomas Guenther*

Limits and Techniques in Endoscopy - *Dr Brian Saunders*

Transanal Endoscopic Micro Surgery - *Mr Christopher Cunningham*

Panel Discussion

1230 Sir Alan Parks Lecture

Anastomotic Leakage - The Final Frontier - *Mr Paul Finan*

Chair - Mr Robin Kennedy

1300 Lunch

1400 Cancer Conundra

Chair - Dr Arun Gupta and Mr Ian Jenkins

Extended Pelvic Lymph Node Dissection - *Mr Brendan Moran*

Gastrointestinal Stromal Tumours - *Dr Beatrice Seddon*

What can be done for Incurable Cancer? - *Dr Maurice Slevin*

The Management of Carcinoid Tumours - *Prof Martyn Caplin*

1520 Tea

1550 The Craft of Cancer Surgery

Chair - Mr Peter McDonald

The Perineum in Abdomino Perineal Resection - *Mr Paul Finan*

Methods of Perineal Reconstruction - *Mr David Ross*

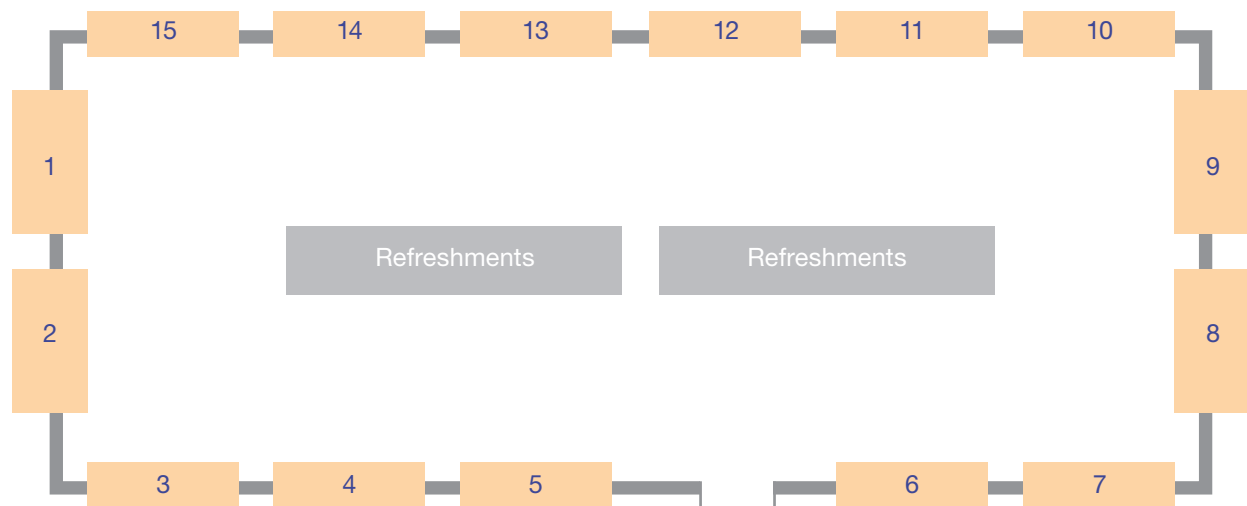
Transanal Anastomosis - *Dr Emmanuel Tiret*

1650 Closing Remarks

List of Exhibitors and Faculty

Exhibitors and Plan

Stand 1 & 2	Olympus Medical	Stand 9	Schering Plough Ltd
Stand 3	Unisoft Medical Systems	Stand 10	Endoscopy UK Ltd
Stand 4	Elemental Healthcare (Thur)	Stand 11	Applied Medicals UK Ltd
Stand 5	Shire Pharmaceuticals Ltd	Stand 12	Syner-Med Pharmaceuticals Products
Stand 6	Nestlé Clinical Nutrition (Thur)	Stand 13	Colonix Medical
Stand 7	Cook UK	Stand 14	St Mark's Academic Institute
Stand 8	Norgine Pharmaceuticals Ltd	Stand 15	Novartis Pharmaceuticals UK Ltd (Fri)



Faculty

Internal

Dr Naila Arebi
Miss Lindsey Barker
Dr David Burling
Mr Stephen Chadwick
Miss Sue Clark
Dr Chris Fraser
Dr Simon Gabe
Dr Arun Gupta
Prof. Thomas Guenther
Dr Lucy Harbin
Dr Ailsa Hart
Dr Meron Jacyna
Mr Ian Jenkins
Mr Robin Kennedy

Dr Michele Marshall
Mr Peter McDonald
Prof. John Nicholls
Dr Jeremy Nightingale
Prof. John Northover
Prof. Chris Norton
Dr Max Pitcher
Prof. Robin Phillips
Dr Brian Saunders
Dr Julian Stern
Prof. Huw Thomas
Ms Carolynne Vaizey
Ms Megan Virtue

External

Mr Paul Finan
Prof. Phil Quirke
Prof. Martyn Caplin
Mr Emin Carapeti
Prof. Gordon Carlson
Mr Nick Carr
Mr Christopher Cunningham
Mr Richard Driscoll
Mr Daniel McGrath
Dr Rob Glynne-Jones
Mr Brendan Moran
Prof. Gerald O'Sullivan
Prof. Tim Rockall

Mr David Ross
Mr Peter Sagar
Dr Beatrice Seddon
Dr Maurice Slevin
Dr Emmanuel Tired
Mr Neil Toft

Frontiers in Intestinal and Colorectal Disease

Video Editing Seminar by Hi Def Surgical

Wednesday 2 December 2009 at St Mark's Hospital

Faculty:

Tony Dickie (Hi Def Surgical), Tom Mavro-Michaelis (Apple Certified Trainer)

Session 1: 09.15 - 10.45

- Introduction - Why Surgeons need to use camera equipment and editing software.
- Planning your shoot and the issues to consider before you start, the equipment that is needed and an introduction to capturing your footage. This will include the importance of recording and logging correctly.
- Taking your footage into Final Cut Pro.
- Importing audio.
- Quick editing to reduce projects down from hours to minutes.
- Adding titles and notes.
- Transitions and effects.
- Saving your projects and compression techniques, good housekeeping.
- Ways to publish your project – web delivery, DVD etc.

Session 2: 11.15 - 12.45

Questions & Answers

During this time Tom and Tony will be available to answer questions and offer solutions on any hardware or software issues you have come across in your work. This is a great opportunity for discussion which may relate to either the previous session or questions you have arising from your own experiences with video editing.

Session 3: 13.45 - 15.15

Repeat of Session 1

Session 4: 15.45 - 17.00

Repeat of Session 2

With thanks to the following for their support



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