

St. Mark's Hospital & Academic Institute Lecture Course

Frontiers in Intestinal and Colorectal Disease

Fourth Annual International Congress

A Multidisciplinary Approach

29th - 30th November 2006

and Professor John Nicholls' Festschrift

1st December 2006

London Hilton Metropole

Final Programme

The Sir Alan Parks Visiting Professor
Professor N J Mortensen - Oxford, UK

The Sir Francis Avery Jones Visiting Professor
Professor J F Colombel - Lille, France



Continuing Professional Development (CPD) - 17 Credits

Congress Secretariat

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

Emergency Contact Details:

Hilton London Metropole, Edgware Road, London W2 1JU

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Symposia

The meeting will be held in the Kings Suite (which is split into two during plenary sessions, the Sandringham Suite and the Balmoral Suite). The Kings Suite is on the third floor of the West Wing.

Exhibition and Refreshments

Lunch and all refreshments will be in the Monarch Suite which is on the first floor of the West Wing.

Please take time to visit the exhibitors who will be with us on Wednesday and Thursday only.

Within the exhibition area there will be a "Learning Centre". Kindly sponsored by Sony, a selection of educational DVDs made by the St Mark's team will be available to view. This will be running on Wednesday and Thursday only.

Breakfast Sessions

These must be pre booked. The sessions will commence at 8.00am on Thursday 30th November and Friday 1st December and will be held in the Hilton Meeting Rooms. These will be signposted on the mornings concerned.

Buffet Reception and State of the Art Symposium

This will take place at 17.30 on Wednesday 29th November in the Kings Suite. The buffet reception will be followed by a State of the Art Symposium on Biological Drugs in Inflammatory Bowel Disease. All are welcome.

Drinks Reception

This will take place at 1800 on Thursday 30th November in the Kings Suite.

Dean's Welcome



Brian Saunders

As Dean of the St Mark's Academic Institute it is my great pleasure to welcome you to London and to this our 4th Annual Frontiers meeting. The Congress will cover topical areas of luminal gastroenterology and intestinal surgery and over the next three days I hope you will be informed, entertained,

challenged and at the end left breathless for more! All the St. Mark's consultants and visiting faculty are eager to answer your questions and hear your views - we look forward to some lively debates! During breaks in the programme please visit the exhibition area which we have expanded this year to also incorporate a St. Mark's "learning centre". Some of you will have visited St. Mark's before but for those who are unfamiliar with our specialist hospital, and as way of introduction let me tell you a little more about the Hospital, our history, achievements and philosophy.

St Mark's Hospital today is a modern "high tech" facility designed for the care of patients with a multitude of complex intestinal problems. This was not always the case. The original Hospital was founded in 1835 as a small out-patient facility that initially offered care for haemorrhoids and other minor anorectal conditions. It rapidly developed in the guiding hands of its founder Frederick Salmon. Soon it needed newer and bigger premises, and before long had acquired a site in City Road on the north edge of the City of London. In the 1990s it became clear that this historic building was not sufficiently robust to accommodate all of the procedures and patient groups now cared for, and in 1995 an ambitious move took us to our present site in Harrow in northwest London, on the same campus as Northwick Park Hospital. Our current work-load encompasses nearly all aspects of luminal gastroenterology and gastro-intestinal surgery with an emphasis on team working to deliver comprehensive care to our patients. Although clinical excellence is our primary aim we also endeavour to push back the boundaries of research into intestinal disease and to develop comprehensive teaching programmes for clinicians and scientists alike. The Hospital houses one of only two national centres for intestinal failure, and one of only three national endoscopy training centres as well as the colorectal cancer unit of the world's biggest cancer charity (CRUK), complete with extensive laboratory facilities. World-class departments in inflammatory bowel disease, intestinal physiology, gastrointestinal radiology, specialist nursing and gastrointestinal pathology complement, but do not complete the picture, as there are several smaller departments themselves beginning to make their own special impression.

This year the St. Mark's Congress has returned to a three day format. It is arranged in a number of plenary and semi-plenary sessions all of which are multidisciplinary. Symposia cover important practical topics in inflammatory bowel disease, coloproctology, endoscopy, nutrition, intestinal failure and functional bowel disease. This year, for the first time, the live sessions will be transmitted in high definition and I am grateful to KeyMed (Medical and Industrial Equipment) Ltd for supporting this venture. Active delegate participation is encouraged in case discussions and Q & A sessions which compliment the live sessions and consultant corners, which are guaranteed to be both educational and entertaining, putting the experts "on the spot". Due to popular demand we have given more time for the "meet-the-expert" breakfast sessions on the Thursday and Friday mornings. These provide an informal environment to get advice on difficult clinical problems and to be updated on a specific topic of interest.

This year we welcome our two visiting Professors Professor J F Colombel and Professor N J Mortensen. As "leading lights" we look forward to their particular contributions.

The final day of the Congress is a special celebration of the working life of Professor John Nicholls who retired from St. Mark's earlier this year. John has been a pillar of strength for St. Mark's over the years and has helped promote the hospital in this country and throughout the world. We are sure you will enjoy his day which features the areas of coloproctology where he has made a special contribution.

I must extend special thanks to all those companies who have supported us this year. Full acknowledgement can be found further on in the programme. Please take the opportunity to visit the exhibition and talk to their representatives. Thanks are also due to all of our speakers both internal and external, and especially our two visiting professors who will be worked hard. No meeting like this could take place without a great deal of behind the scenes work and I must express my own special gratitude to Judith Landgrebe, Janice Ferrari and Rasmita Bhudia from the St Mark's Academic Institute and all those that have volunteered to come to the Hilton to assist.

I hope you will enjoy your time in London with all that it has to offer at this time of year and that the Congress more than lives up to your expectations. You are all very welcome.

Dr. Brian Saunders

*Dean of the St Mark's Academic Institute
and Congress Director*

Wednesday 29th November

0945 Welcome

Dr BP Saunders

1000 Ulcerative Colitis - New Insights

Symposium sponsored by P & G Pharmaceuticals

Chair - Dr BP Saunders

Optimising medical management - *Professor MA Kamm*

Dalms, dysplasia and dilemmas in surveillance - *Dr M Rutter*

Surgery for acute colitis - Who, when and how? - *Professor NJ Mortensen*

Case Discussions

1130 Coffee - Monarch Suite, First Floor

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**Parallel Session 1:
Sandringham Suite**

1200 Functional/Physiology/Psychology

Dr N Arebi/Dr J Stern

Assessing the patient with functional bowel disease

Dr N Arebi

Chronic constipation

Professor MA Kamm

What we look for in a psychological assessment - How does this impact on treatment?

Dr J Stern

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**Parallel Session 2:
Balmoral Suite**

1200 Diverticular Disease

Chair - Professor JMA Northover

Aetiology/pathology

Dr T Guenther

Imaging

Dr D Burling

Management of diverticulitis -

Professor Z Krukowski

Discussion

1300 Lunch - Monarch Suite, First Floor

1400 Sir Francis Avery Jones Lecture

IBD: Recent Advances in Pathogenesis and Management - *Professor JF Colombel*

Chair - Professor MA Kamm

1430 Live Endoscopy

Symposium sponsored by KeyMed Ltd

Chair - Dr C Williams/Dr S Thomas Gibson

Operators: Dr BP Saunders/Dr C Fraser/Dr D Newton

Cases to include: ESD, EMR, Live Capsule, Double Balloon Enteroscopy, Duodenal FAP, Complex Colonoscopy

1600 Tea - Monarch Suite, First Floor

1630 Consultants Corner

Chair - Dr M Pitcher

Panel Prof. JF Colombel, Dr N Arebi, Dr T Guenther, Dr M Jacyna, Dr M Marshall, Mr P McDonald

1730 Buffet Reception - Balmoral Suite (part of the King's Suite), Third Floor

1815 Biological Drugs in Inflammatory Bowel Disease

A State of the Art Symposium

Sandringham Suite (part of the King's Suite), Third Floor

See full programme details opposite

Biological Drugs in Inflammatory Bowel Disease A State-of-the-Art Symposium

Sandringham Suite (part of the King's Suite), Third Floor

Biological drugs have transformed the landscape for the management of patients with inflammatory bowel disease. High-quality studies have provided clear evidence of the value of these drugs in treating luminal and fistulising Crohn's disease, as well as ulcerative colitis.

Within the next few months it is likely that further biological drugs will be available.

Despite excellent trial evidence we are left with many important questions. How do I set up, run and fund a biological drug service? What therapeutic response can we expect? When do you start treatment, and when / if do you stop? How do you use these drugs most effectively? How do you monitor progress? What about the cost and safety? Should I use concomitant immunosuppressives, and is this safe? How do I use these drugs in combination with surgery?

These are just some of the questions that every physician, surgeon, radiologist and specialist nurse treating patients with IBD must be able to answer. This state-of-the-art symposium aims to stimulate, inform, and provide practical information that is almost impossible to gather together. Please join us. You cannot afford to miss it!

Programme

1815 - 2030 *Chairman - Michael Kamm*

Introduction

Michael Kamm

Best use of biological drugs in luminal Crohn's disease

Jean-Frederic Colombel

Best use of biological drugs in fistulising Crohn's disease

Michael Kamm

Best use of biological drugs in ulcerative colitis

Jack Satsangi

How to set up, run and fund a service

Marion O'Connor

Failed, or loss of, response – what now?

Marc Lemann

Discussion – case examples, expert panel and audience

MA Kamm, JF Colombel, M Lemann, J Satsangi, M Pitcher, D Burling, C Vaizey

Thursday 30th November



0800 The "Big" Breakfast Session I (pre-booking essential)

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Parallel Session 1: Sandringham Suite

0930 Live Operating

Symposium sponsored by Norgine
Pharmaceuticals Ltd and KeyMed Ltd
Chair - Mr S Chadwick/Prof. JMA Northover

Theatre 1 - Laparoscopic resection
Mr RH Kennedy/Mr S Gould

Theatre 2 - Fistula/Haemorrhoids
Prof. RKS Phillips/Miss L Barker

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Parallel Session 2: Balmoral Suite

0930 Common problems from food in the gut

Chair - Dr J Nightingale

Food intolerance

Prof. J Buttriss

Food allergy

Dr R Pumphrey

Prebiotics and probiotics

Dr A Hart

The paediatric perspective

Dr W Hyer

Discussion

1130 Coffee - Monarch Suite, First Floor

1200 Intestinal Failure Symposium - sponsored by Fresenius Kabi

Chair - Dr S Gabe/Miss C Vaizey

Mapping the GI tract - Dr M Marshall

Key principles of IF surgery - Professor G Carlson

Intestinal transplantation in the UK; where are we? - Mr N Jamieson

Discussion

Case presentations - Miss C Vaizey/Dr J Nightingale

Panel - Dr M Marshall, Prof G Carlson, Mr N Jamieson, Dr S Gabe

1330 Lunch - Monarch Suite, First Floor

1430 Sir Alan Parks Lecture - Minimalist Surgery for Crohn's Disease - Professor Neil Mortensen

Chair - Mr P McDonald

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Parallel Session 3: Sandringham Suite

1500 Abdominal Perineal Resection

Chair - Professor RKS Phillips

Imaging the 'threatened' margin

Dr M Marshall

Review of comparative results
for AP versus AR

Miss SK Clark

Improving the surgical technique
of AP excision

Professor T Holm

Is the solution adjuvant chemo and
DXT in all cases?

Professor JMA Northover

Panel Discussion

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Parallel Session 4: Balmoral Suite

1500 Intestinal Imaging

Chair - Dr BP Saunders/Dr D Burling

Who's for virtual colonoscopy?

Dr D Burling

Colonoscopic imaging: new technology

Dr J East

Discussion

Capsule endoscopy - is the future in a pill?

Dr C Fraser

MRI for small bowel

Dr A Gupta

Discussion

1630 Tea - Monarch Suite, First Floor

1700 Consultants Corner

Chair - Miss C Vaizey

Panel - Prof. JF Colombel, Prof. NJ Mortensen, Dr D Burling, Dr T Guenther, Prof. JMA Northover, Dr M Pitcher

1800 Drinks Reception - Balmoral Suite, (part of King's Suite), Third Floor



0800 The “Big” Breakfast Session II (pre-booking essential)

Professor John Nicholls’ Festschrift

0930 Introduction

Dr BP Saunders

0935 The Pouch and its Development

Chair - Professor S Goldberg/Miss SK Clark

Historical Perspective - *Professor R Dozois*

Quality of Life - *Mr P Tekkis*

Salvage - *Professor NJ Mortensen*

Pouchitis - *Dr M Pitcher*

Difficult Cases - *Professor Z Cohen*

1130 Coffee

1200 Incontinence

Chair - Professor MA Kamm

Assessment of the patient and treatment options - *Dr S Laurberg*

ABS: Results and present indications - *Professor P Lehur*

SNS: How good is it? - *Miss C Vaizey*

1300 Lunch - Monarch Suite, First Floor

1400 Rectal Cancer

Chair - Professor JMA Northover/Professor GG Delaini

Staging - *Mr P Finan*

Local Excision - *Professor F Seow Choen*

Restorative Resection - *Professor R Parc*

Adjuvant Radiotherapy - *Professor P Goldberg*

Reflections on the last 30 years - *Professor RJ Nicholls*

Chair - Professor J Christiansen

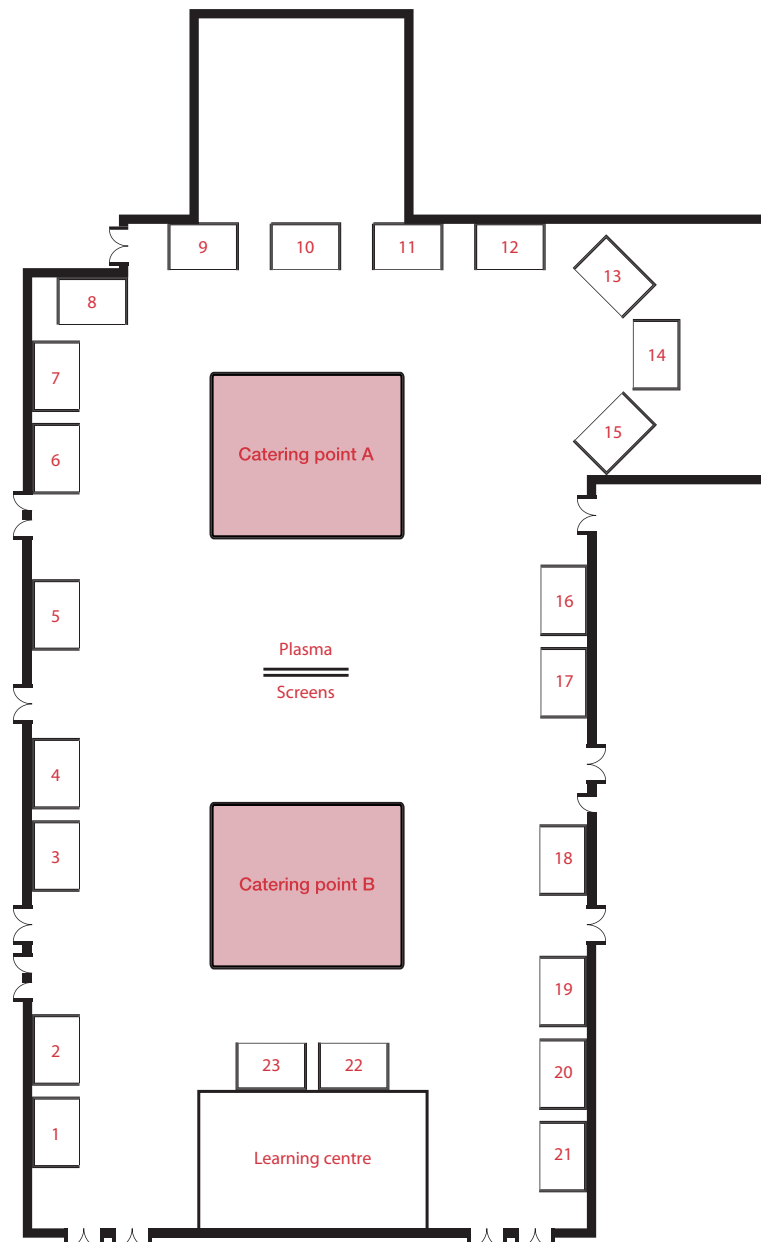
Closing remarks - *Professor RKS Phillips*

1600 Tea

Monarch Suite Hilton London Metropole

List of Exhibitors and Stand Number

Stand 1	Endosoft B.V.	Stand 13	Karl Storz Endoscopy (UK) Ltd
Stand 2	UCB Pharma Ltd	Stand 14	Schering-Plough Immunology
Stand 3 &	Keymed Ltd	Stand 15	Tissue Science Laboratories plc
Stand 4		Stand 16	Vitaline Pharmaceuticals
Stand 5	Abbott Laboratories	Stand 17	Ferring Pharmaceuticals Ltd
Stand 6	Shire Pharmaceuticals Ltd	Stand 18	Unisoft Medical Systems
Stand 7	Endoscopy UK	Stand 19	B & K Medical (UK)
Stand 8	Stericom Ltd	Stand 20	Baxter Healthcare Ltd
Stand 9	Fresenius Kabi	Stand 21	Tyco Healthcare UK Ltd
Stand 10	P & G Pharmaceuticals (UK) Ltd	Stand 22	Norgine Pharmaceuticals Ltd
Stand 11	Cook UK Ltd	Stand 23	Uroplasty Ltd
Stand 12	Ethicon Endo-Surgery		



Faculty

Internal

Arebi N	Marshall M
Atkin W	McDonald P
Barker L	Newton D
Bartram C	Nicholls RJ
Burling D	Nightingale J
Chadwick S	Northover JMA
Clark SK	O'Connor M
Davidson A	Phillips RKS
East J	Pitcher M
Fitzpatrick A	Saunders BP
Fraser C	Slater R
Gabe S	Stern J
Gould S	Tekkis P
Guenther T	Thomas Gibson S
Gupta A	Thomas H
Hyer W	Vaizey C
Jacyna M	Vance M
Kamm MA	Vujnovich A
Kennedy RH	Williams CB
Latchford A	

External

Colombel JF	<i>Lille, France</i>	Lunniss P	<i>UK</i>
Mortensen NJ	<i>Oxford, UK</i>	Parc R	<i>France</i>
Buttriss J	<i>UK</i>	Pumphrey R	<i>UK</i>
Carlson G	<i>UK</i>	Rutter D	<i>UK</i>
Christiansen J	<i>Denmark</i>	Satsangi J	<i>UK</i>
Cohen Z	<i>Canada</i>	Seow Choen F	<i>Singapore</i>
Delaini G	<i>Italy</i>		
Dozois R	<i>USA</i>		
Finan P	<i>UK</i>		
Goldberg P	<i>South Africa</i>		
Goldberg S	<i>USA</i>		
Hardy A	<i>UK</i>		
Hart A	<i>UK</i>		
Holm T	<i>Sweden</i>		
Jamieson N	<i>UK</i>		
Krukowski Z	<i>UK</i>		
Laurberg S	<i>Denmark</i>		
Lehur P	<i>France</i>		
Lemann M	<i>France</i>		

With thanks to the following for their support



KeyMed (Medical and Industrial Equipment) Ltd



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P&G Pharmaceuticals



Sony Professional Solutions Europe

Medtronic Ltd

Supported by an unrestricted educational grant from the following:



Abbott Immunology



TM

Elan Pharmaceuticals and Biogen Idec



Schering-Plough



Remicade[®]
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Schering-Plough



UCB Pharma

Notes

We look forward to
seeing you again
in 2007...

