

St. Mark's Hospital & Academic Institute Lecture Course

# Frontiers in Intestinal and Colorectal Disease

Fourth Annual International Congress

A Multidisciplinary Approach

29th - 30th November 2006

and Professor John Nicholls' Festschrift

1st December 2006

London Hilton Metropole

Final Programme

The Sir Alan Parks Visiting Professor  
**Professor N J Mortensen - Oxford, UK**

The Sir Francis Avery Jones Visiting Professor  
**Professor J F Colombel - Lille, France**



**Congress Secretariat**

Should you need any assistance during your stay please do not hesitate to contact a member of staff who will be available at the Registration Desk.

**Emergency Contact Details:**

Hilton London Metropole, Edgware Road, London W2 1JU  
Tel. Number +44 (0)20 7402 4141  
Fax. Number +44 (0)20 7262 2921

**Symoposia**

The meeting will be held in the Kings Suite (which is split into two during plenary sessions, the Sandringham Suite and the Balmoral Suite). The Kings Suite is on the third floor of the West Wing.

**Exhibition and Refreshments**

Lunch and all refreshments will be in the Monarch Suite which is on the first floor of the West Wing.

Please take time to visit the exhibitors who will be with us on Wednesday and Thursday only.

Within the exhibition area there will be a "Learning Centre". Kindly sponsored by Sony, a selection of educational DVDs made by the St Mark's team will be available to view. This will be running on Wednesday and Thursday only.

**Breakfast Sessions**

These must be pre booked. The sessions will commence at 8.00am on Thursday 30th November and Friday 1st December and will be held in the Hilton Meeting Rooms. These will be signposted on the mornings concerned.

**Buffet Reception and State of the Art Symposium**

This will take place at 17.30 on Wednesday 29th November in the Kings Suite. The buffet reception will be followed by a State of the Art Symposium on Biological Drugs in Inflammatory Bowel Disease. All are welcome.

**Drinks Reception**

This will take place at 1800 on Thursday 30th November in the Kings Suite.

# Dean's Welcome



**Brian Saunders**

As Dean of the St Mark's Academic Institute it is my great pleasure to welcome you to London and to this our 4th Annual Frontiers meeting. The Congress will cover topical areas of luminal gastroenterology and intestinal surgery and over the next three days I hope you will be informed, entertained,

challenged and at the end left breathless for more! All the St. Mark's consultants and visiting faculty are eager to answer your questions and hear your views - we look forward to some lively debates! During breaks in the programme please visit the exhibition area which we have expanded this year to also incorporate a St. Mark's "learning centre". Some of you will have visited St. Mark's before but for those who are unfamiliar with our specialist hospital, and as way of introduction let me tell you a little more about the Hospital, our history, achievements and philosophy.

St Mark's Hospital today is a modern "high tech" facility designed for the care of patients with a multitude of complex intestinal problems. This was not always the case. The original Hospital was founded in 1835 as a small out-patient facility that initially offered care for haemorrhoids and other minor anorectal conditions. It rapidly developed in the guiding hands of its founder Frederick Salmon. Soon it needed newer and bigger premises, and before long had acquired a site in City Road on the north edge of the City of London. In the 1990s it became clear that this historic building was not sufficiently robust to accommodate all of the procedures and patient groups now cared for, and in 1995 an ambitious move took us to our present site in Harrow in northwest London, on the same campus as Northwick Park Hospital. Our current work-load encompasses nearly all aspects of luminal gastroenterology and gastro-intestinal surgery with an emphasis on team working to deliver comprehensive care to our patients. Although clinical excellence is our primary aim we also endeavour to push back the boundaries of research into intestinal disease and to develop comprehensive teaching programmes for clinicians and scientists alike. The Hospital houses one of only two national centres for intestinal failure, and one of only three national endoscopy training centres as well as the colorectal cancer unit of the world's biggest cancer charity (CRUK), complete with extensive laboratory facilities. World-class departments in inflammatory bowel disease, intestinal physiology, gastrointestinal radiology, specialist nursing and gastrointestinal pathology complement, but do not complete the picture, as there are several smaller departments themselves beginning to make their own special impression.

This year the St. Mark's Congress has returned to a three day format. It is arranged in a number of plenary and semi-plenary sessions all of which are multidisciplinary. Symposia cover important practical topics in inflammatory bowel disease, coloproctology, endoscopy, nutrition, intestinal failure and functional bowel disease. This year, for the first time, the live sessions will be transmitted in high definition and I am grateful to KeyMed (Medical and Industrial Equipment) Ltd for supporting this venture. Active delegate participation is encouraged in case discussions and Q & A sessions which compliment the live sessions and consultant corners, which are guaranteed to be both educational and entertaining, putting the experts "on the spot". Due to popular demand we have given more time for the "meet-the-expert" breakfast sessions on the Thursday and Friday mornings. These provide an informal environment to get advice on difficult clinical problems and to be updated on a specific topic of interest.

This year we welcome our two visiting Professors Professor J F Colombel and Professor N J Mortensen. As "leading lights" we look forward to their particular contributions.

The final day of the Congress is a special celebration of the working life of Professor John Nicholls who retired from St. Mark's earlier this year. John has been a pillar of strength for St. Mark's over the years and has helped promote the hospital in this country and throughout the world. We are sure you will enjoy his day which features the areas of coloproctology where he has made a special contribution.

I must extend special thanks to all those companies who have supported us this year. Full acknowledgement can be found further on in the programme. Please take the opportunity to visit the exhibition and talk to their representatives. Thanks are also due to all of our speakers both internal and external, and especially our two visiting professors who will be worked hard. No meeting like this could take place without a great deal of behind the scenes work and I must express my own special gratitude to Judith Landgrebe, Janice Ferrari and Rasmita Bhudia from the St Mark's Academic Institute and all those that have volunteered to come to the Hilton to assist.

I hope you will enjoy your time in London with all that it has to offer at this time of year and that the Congress more than lives up to your expectations. You are all very welcome.

## **Dr. Brian Saunders**

*Dean of the St Mark's Academic Institute  
and Congress Director*

# Wednesday 29th November

**0945 Welcome**  
*Dr BP Saunders*

**1000 Ulcerative Colitis - New Insights**  
Symposium sponsored by P & G Pharmaceuticals  
*Chair - Dr BP Saunders*  
Optimising medical management - *Professor MA Kamm*  
Darms, dysplasia and dilemmas in surveillance - *Dr M Rutter*  
Surgery for acute colitis - Who, when and how? - *Professor NJ Mortensen*  
Case Discussions

**1130 Coffee - Monarch Suite, First Floor**

## **1** Parallel Session 1: Sandringham Suite

**1200 Functional/Physiology/Psychology**  
*Dr N Arebi/Dr J Stern*  
Assessing the patient with functional bowel disease  
*Dr N Arebi*  
Chronic constipation  
*Professor MA Kamm*  
What we look for in a psychological assessment - How does this impact on treatment?  
*Dr J Stern*

## **2** Parallel Session 2: Balmoral Suite

**1200 Diverticular Disease**  
*Chair - Professor JMA Northover*  
Aetiology/pathology  
*Dr T Guenther*  
Imaging  
*Dr D Burling*  
Management of diverticulitis -  
*Professor Z Krukowski*  
Discussion

**1300 Lunch - Monarch Suite, First Floor**

**1400 Sir Francis Avery Jones Lecture**  
IBD: Recent Advances in Pathogenesis and Management - *Professor JF Colombel*  
*Chair - Professor MA Kamm*

**1430 Live Endoscopy**  
Symposium sponsored by KeyMed Ltd  
*Chair - Dr C Williams/Dr S Thomas Gibson*  
*Operators: Dr BP Saunders/Dr C Fraser/Dr D Newton*  
Cases to include: ESD, EMR, Live Capsule, Double Balloon Enteroscopy, Duodenal FAP, Complex Colonoscopy

**1600 Tea - Monarch Suite, First Floor**

**1630 Consultants Corner**  
*Chair - Dr M Pitcher*  
*Panel Prof. JF Colombel, Dr N Arebi, Dr T Guenther, Dr M Jacyna, Dr M Marshall, Mr P McDonald*

**1730 Buffet Reception - Balmoral Suite (part of the King's Suite), Third Floor**

**1815 Biological Drugs in Inflammatory Bowel Disease**  
**A State of the Art Symposium**  
Sandringham Suite (part of the King's Suite), Third Floor

See full programme details opposite

## Biological Drugs in Inflammatory Bowel Disease A State-of-the-Art Symposium

Sandringham Suite (part of the King's Suite), Third Floor

Biological drugs have transformed the landscape for the management of patients with inflammatory bowel disease. High-quality studies have provided clear evidence of the value of these drugs in treating luminal and fistulising Crohn's disease, as well as ulcerative colitis.

Within the next few months it is likely that further biological drugs will be available.

Despite excellent trial evidence we are left with many important questions. How do I set up, run and fund a biological drug service? What therapeutic response can we expect? When do you start treatment, and when / if do you stop? How do you use these drugs most effectively? How do you monitor progress? What about the cost and safety? Should I use concomitant immunosuppressives, and is this safe? How do I use these drugs in combination with surgery?

These are just some of the questions that every physician, surgeon, radiologist and specialist nurse treating patients with IBD must be able to answer. This state-of-the-art symposium aims to stimulate, inform, and provide practical information that is almost impossible to gather together. Please join us. You cannot afford to miss it!

## Programme

**1815 - 2030** *Chairman - Michael Kamm*

### **Introduction**

*Michael Kamm*

### **Best use of biological drugs in luminal Crohn's disease**

*Jean-Frederic Colombel*

### **Best use of biological drugs in fistulising Crohn's disease**

*Michael Kamm*

### **Best use of biological drugs in ulcerative colitis**

*Jack Satsangi*

### **How to set up, run and fund a service**

*Marion O'Connor*

### **Failed, or loss of, response – what now?**

*Marc Lemann*

### **Discussion – case examples, expert panel and audience**

*MA Kamm, JF Colombel, M Lemann, J Satsangi, M Pitcher, D Burling, C Vaizey*

# Thursday 30th November



## 0800 The “Big” Breakfast Session I (pre-booking essential)

### 1 Parallel Session 1: Sandringham Suite

0930 Live Operating  
Symposium sponsored by Norgine Pharmaceuticals Ltd and KeyMed Ltd  
*Chair - Mr S Chadwick/Prof. JMA Northover*  
**Theatre 1** - Laparoscopic resection  
*Mr RH Kennedy/Mr S Gould*  
**Theatre 2** - Fistula/Haemorrhoids  
*Prof. RKS Phillips/Miss L Barker*

### 2 Parallel Session 2: Balmoral Suite

0930 Common problems from food in the gut  
*Chair - Dr J Nightingale*  
Food intolerance  
*Prof. J Buttriss*  
Food allergy  
*Dr R Pumphrey*  
Prebiotics and probiotics  
*Dr A Hart*  
The paediatric perspective  
*Dr W Hyer*  
Discussion

### 1130 Coffee - Monarch Suite, First Floor

1200 Intestinal Failure Symposium - sponsored by Fresenius Kabi  
*Chair - Dr S Gabe/Miss C Vaizey*  
Mapping the GI tract - *Dr M Marshall*  
Key principles of IF surgery - *Professor G Carlson*  
Intestinal transplantation in the UK; where are we? - *Mr N Jamieson*  
Discussion  
Case presentations - *Miss C Vaizey/Dr J Nightingale*  
Panel - *Dr M Marshall, Prof G Carlson, Mr N Jamieson, Dr S Gabe*

### 1330 Lunch - Monarch Suite, First Floor

1430 Sir Alan Parks Lecture - Minimalist Surgery for Crohn's Disease - Professor Neil Mortensen  
*Chair - Mr P McDonald*

### 3 Parallel Session 3: Sandringham Suite

1500 Abdominal Perineal Resection  
*Chair - Professor RKS Phillips*  
Imaging the 'threatened' margin  
*Dr M Marshall*  
Review of comparative results  
for AP versus AR  
*Miss SK Clark*  
Improving the surgical technique  
of AP excision  
*Professor T Holm*  
Is the solution adjuvant chemo and  
DXT in all cases?  
*Professor JMA Northover*  
Panel Discussion

### 4 Parallel Session 4: Balmoral Suite

1500 Intestinal Imaging  
*Chair - Dr BP Saunders/Dr D Burling*  
Who's for virtual colonoscopy?  
*Dr D Burling*  
Colonoscopic imaging: new technology  
*Dr J East*  
Discussion  
Capsule endoscopy - is the future in a pill?  
*Dr C Fraser*  
MRI for small bowel  
*Dr A Gupta*  
Discussion

### 1630 Tea - Monarch Suite, First Floor

1700 Consultants Corner  
*Chair - Miss C Vaizey*  
Panel - *Prof. JF Colombel, Prof. NJ Mortensen, Dr D Burling, Dr T Guenther, Prof. JMA Northover, Dr M Pitcher*  
1800 Drinks Reception - Balmoral Suite, (part of King's Suite), Third Floor



0800 The “Big” Breakfast Session II (pre-booking essential)

## Professor John Nicholls’ Festschrift

0930 **Introduction**

*Dr BP Saunders*

0935 **The Pouch and its Development**

*Chair - Professor S Goldberg/Miss SK Clark*

Historical Perspective - *Professor R Dozois*

Quality of Life - *Mr P Tekkis*

Salvage - *Professor NJ Mortensen*

Pouchitis - *Dr M Pitcher*

Difficult Cases - *Professor Z Cohen*

1130 **Coffee**

1200 **Incontinence**

*Chair - Professor MA Kamm*

Assessment of the patient and treatment options - *Dr S Laurberg*

ABS: Results and present indications - *Professor P Lehur*

SNS: How good is it? - *Miss C Vaizey*

1300 **Lunch - Monarch Suite, First Floor**

1400 **Rectal Cancer**

*Chair - Professor JMA Northover/Professor GG Delaini*

Staging - *Mr P Finan*

Local Excision - *Professor F Seow Choen*

Restorative Resection - *Professor R Parc*

Adjuvant Radiotherapy - *Professor P Goldberg*

Reflections on the last 30 years - *Professor RJ Nicholls*

*Chair - Professor J Christiansen*

Closing remarks - *Professor RKS Phillips*

1600 **Tea**

# Monarch Suite Hilton London Metropole

## List of Exhibitors and Stand Number

Stand 1	Endosoft B.V.	Stand 13	Karl Storz Endoscopy (UK) Ltd
Stand 2	UCB Pharma Ltd	Stand 14	Schering-Plough Immunology
Stand 3 &	Keymed Ltd	Stand 15	Tissue Science Laboratories plc
Stand 4		Stand 16	Vitaline Pharmaceuticals
Stand 5	Abbott Laboratories	Stand 17	Ferring Pharmaceuticals Ltd
Stand 6	Shire Pharmaceuticals Ltd	Stand 18	Unisoft Medical Systems
Stand 7	Endoscopy UK	Stand 19	B & K Medical (UK)
Stand 8	Stericom Ltd	Stand 20	Baxter Healthcare Ltd
Stand 9	Fresenius Kabi	Stand 21	Tyco Healthcare UK Ltd
Stand 10	P & G Pharmaceuticals (UK) Ltd	Stand 22	Norgine Pharmaceuticals Ltd
Stand 11	Cook UK Ltd	Stand 23	Uroplasty Ltd
Stand 12	Ethicon Endo-Surgery		



## Faculty

## Internal

Arebi N	Marshall M
Atkin W	McDonald P
Barker L	Newton D
Bartram C	Nicholls RJ
Burling D	Nightingale J
Chadwick S	Northover JMA
Clark SK	O'Connor M
Davidson A	Phillips RKS
East J	Pitcher M
Fitzpatrick A	Saunders BP
Fraser C	Slater R
Gabe S	Stern J
Gould S	Tekkis P
Guenther T	Thomas Gibson S
Gupta A	Thomas H
Hyer W	Vaizey C
Jacyna M	Vance M
Kamm MA	Vujnovich A
Kennedy RH	Williams CB
Latchford A	

## External

Colombel JF	<i>Lille, France</i>	Lunniss P	UK
Mortensen NJ	<i>Oxford, UK</i>	Parc R	<i>France</i>
Buttriss J	UK	Pumphrey R	UK
Carlson G	UK	Rutter D	UK
Christiansen J	<i>Denmark</i>	Satsangi J	UK
Cohen Z	<i>Canada</i>	Seow Choen F	<i>Singapore</i>
Delaini G	<i>Italy</i>		
Dozois R	USA		
Finan P	UK		
Goldberg P	<i>South Africa</i>		
Goldberg S	USA		
Hardy A	UK		
Hart A	UK		
Holm T	<i>Sweden</i>		
Jamieson N	UK		
Krukowski Z	UK		
Laurberg S	<i>Denmark</i>		
Lehur P	<i>France</i>		
Lemann M	<i>France</i>		

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KeyMed (Medical and Industrial Equipment) Ltd



Norgine Pharmaceuticals Ltd



Medtronic Ltd

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Abbott Immunology



Elan Pharmaceuticals and Biogen Idec



Schering-Plough



Schering-Plough



UCB Pharma

## Notes

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We look forward to  
seeing you again  
in 2007....

