

# St Mark's 2003

## Frontiers in Intestinal and Colorectal Disease

1st Annual International Congress, London  
10th-13th December 2003

This will be one of the most important meetings for specialists in lower gastrointestinal disorders to be held in 2003. It will be at the newest and largest conference hotel in London, The Hilton Metropole. This hotel is only a stone's throw from Heathrow Express at Paddington, and within walking distance of the west-end shops. The congress will be at a time ideal for Christmas shopping and will benefit from all that London has to offer at this time of year.

### Call for Poster Presentations:

Please send abstracts giving:  
Title  
Name of presenting author  
Authors institution  
Maximum of 200 words - please send as a word file to [stmarks@imperial.ac.uk](mailto:stmarks@imperial.ac.uk) by 30th September 2003.

### Social Programme:

Gala Dinner with Dinosaurs at the Natural History Museum  
For an atmosphere of tradition and that sense of history, come and dine beneath the spectacular painted ceilings of the Central Hall. With its dramatic sweeping staircase, soaring gothic arches and fine terracotta carvings, this is Victorian architecture at its most magnificent.

### Fees:

Registered Delegates:  
(before 10th October 2003) £550  
includes:  

- Entry to scientific sessions
- Breakfast sessions
- Morning and afternoon refreshments
- Lunch
- All conference documentation
- Gala Dinner at the Natural History Museum

Please complete the application on the reverse of this page and return to:

CONFEX, Congress Secretariat, PO Box 21,  
Rottingdean, East Sussex BN2 8WZ, UK

<b>5</b>	<b>Parallel Session 5: Polyps and polyposis syndromes</b> <i>Chair Prof RKS Phillips</i>	<b>6</b>	<b>Parallel Session 6: IBD</b> <i>Chair: Dr M Jacyna</i>
1400	The genetics of polyposis syndromes <i>Dr I Tomlinson</i>	1400	Primary sclerosing cholangitis <i>Dr R Chapman</i>
1420	The meaning of the serrated adenoma <i>Prof IC Talbot</i>	1420	Discussion
1440	The latest on the syndromes <i>Ms S Clark</i>	1430	Crohn's of the anus - is surgery wise? <i>Mr CRG Cohen</i>
1500	Expert commentary <i>Prof R Phillips</i>	1450	Salvage surgery after a pouch <i>Prof RJ Nicholls</i>
		1510	New data to guide colitis surveillance <i>Dr M Rutter</i>
1520	Tea		
1550	<b>Consultants corner</b> <i>Chair Dr A Forbes</i> Dilemmas in therapy Presenters: Ms A Davidson, Dr D Sherman, Mr PJ McDonald Commentators: Dr M Marshall, Dr M Pitcher, Prof RJ Nicholls, Mr AJ Windsor		
	Cases formally presented by consultants, senior nurses and dieticians with additional commentaries from day's speakers.		
1715	<b>State of the art lecture</b> <i>Chair Prof J Northover</i> Imaging of the anal canal		
1745	<b>Famous doctors and fine words</b> <i>Mr PJ McDonald</i>		
1800	Close		
1900	Coaches for Congress dinner - Dinner with Dinosaurs at Natural History Museum		

Dates for St Mark's 2004: 30/11/04 - 3/12/04, London

### Saturday

#### Inflammatory bowel disease

*Sponsored by Procter and Gamble Pharmaceuticals UK Ltd*

##### Plenary multidisciplinary session 1

*Chair Prof M Kamm*

*Dr A Hart*

*Prof R Spiller*

##### Plenary multidisciplinary session 2

*Mr AJ Windsor,*

*Dr A Emmanuel, Prof J Northover*

*Prof IC Talbot, Dr A Forbes*

##### Plenary multidisciplinary session 3

*Chair Dr B Saunders*

*Dr S Halligan*

*Prof CI Bartram*

*Dr BP Saunders*

##### Plenary multidisciplinary session 4

*Chair Mr AJ Windsor*

*Prof RKS Phillips*

*Dr S Gabe, Dr M Pitcher*

##### Plenary multidisciplinary session 5

*Chair Dr A Forbes*

*Prof R McLeod*

*Prof S Van Deventer*

##### Plenary multidisciplinary session 6

*Chair The Dean*

*Concluding remarks.*

*The Dean*

# Programme

## Wednesday

**Day** In-house meeting at St Mark's -  
Live relays from: operating theatre, endoscopy, physiology, radiology.  
Critical interactive commentary from lecture theatres.  
Guided tours.  
Small group clinical sessions/tutored ward rounds.

**Eve** Faculty dinner

## Thursday

**0800 Breakfast with the experts.**  
Sessions limited to 20 people – pre-booked.

**0855 Welcome** Dr A Forbes

### Lower GI cancer multidisciplinary plenary symposium

#### Colorectal cancer past present and future

0900 Rectal cancer – the last 100 years  
0920 Colorectal cancer pathogenesis  
0940 Screening for colorectal cancer

Chair Dr A Forbes  
Prof JMA Northover  
Prof S Van Deventer

Prof R Mcleod  
Dr W Atkin  
Mrs J Patrick

1000 Discussion  
1050 Coffee

#### Non-luminal therapies

1120 Gene therapy  
1140 Chemotherapy for secondaries  
Resectability after chemotherapy  
Percutaneous options  
1240 Discussion  
1250 Commentary from the Chair

Chair Mr AJ Windsor  
Dr G Vassaux  
Dr RGT Glynne-Jones  
Mr N Habib  
Prof W Lees

Mr AJ Windsor

1300 Lunch and Poster session viewing

#### Breakfast Sessions

Breakfast sessions limited to 20 people – pre-booked.  
All faculty members involved.

#### Provisional list of Breakfast topics:

Stomas and cancer  
Continent stomas  
Follow-up after colorectal carcinoma or not?  
Medical management of intestinal failure  
Surgical management of intestinal failure

Novel drugs in IBD  
Pregnancy in IBD  
Difficult distal colitis  
Fulminant ulcerative colitis

Enterocutaneous fistula  
5HT drugs in IBS  
Biofeedback for GI disease  
Sacral nerve stimulation  
Laparoscopic surgery for LGI conditions

Anal fissure  
Anal fistula  
Plastic surgery of the perineum  
The refractory IBD patient  
The psychology of IBD



## Friday

### 0800 Breakfast with the experts.

Sessions limited to 20 people – pre-booked.

### New imaging for lower GI disease

Sponsored by KeyMed (Medical & Industrial Equipment) Ltd

Chair: Dr CB Williams

1400 Neurophysiology of functional disorders Dr J Tack  
1430 Recent clinical developments in functional disorders Dr A Emmanuel  
1500 Discussion  
1520 Commentary from the Chair Prof MA Kamm  
1540 Commentary from the Chair Prof RJ Nicholls  
1545 Tea

### Parallel Session 3: Incontinence - recent advances

Chair: Prof MA Kamm

1615 Consultants corner Chair Prof D Silk  
Dilemmas in diagnosis  
Presenters: Ms M Vance, Dr M Jacyna, Mr SJD Chadwick, Prof JMA Northover, Dr J Stern  
Commentators: Prof RW Heald, Prof CI Bartram, Prof RKS Phillips, Dr S O'Brien  
3 cases formally presented by consultants and senior nurses with additional commentaries from day's speakers.

### Parallel Session 4: Short bowel, nutrition and growth factors

Chair: Dr A Forbes

1100 Treating incontinence Mr CRG Cohen  
1115 Behavioural treatment Prof C Norton  
1130 The artificial sphincter Ms C Vaizey  
1145 Sacral nerve stimulation Prof RJ Nicholls  
1150 GLP2 Prof P Mortensen  
1160 Towards an artificial intestine Dr R Day  
1170 Management of the short bowel 2003 Dr S Gabe  
1200 Discussion  
1220 Commentary from the chair Prof S Van Deventer  
Dr A Forbes

### The 2003 Sir Alan Parks Lecture

Chair: Prof RJ Nicholls

Prof R McLeod

1230 Evidence based surgery

1300 Lunch and Poster session viewing

DO NOT COMPLETE THIS SECTION  
Date Received.....  
Registration No.....  
Payment Method.....  
Payment Amount.....

## Application form

Please complete and return to: CONFREX, Congress Secretariat  
PO Box 21, Rottingdean, East Sussex BN2 8VZ, UK.

PLEASE COMPLETE ONE REGISTRATION FORM PER DELEGATE.  
THE FORM CAN BE PHOTOCOPIED.

#### DELEGATE DETAILS

(Please type or print clearly)

Title (Prof/Dr/Mr/Mrs/Ms)

Family Name

First Name

Address

Town

County

Country

Postcode/Zip Code

Tel: (Country Code/Area Code)

Fax: (Country Code/Area Code)

Email:

SOCIAL - Gala Dinner Natural History Museum

Friday 12 December 2003

I shall not be attending the Gala Dinner which is included in the delegate fee (please delete as applicable)

Additional tickets for dinner:

[ ] number required @ £95 each Total £

#### PAYMENT

ALL PAYMENT SHOULD BE MADE IN POUNDS STERLING  
TO ST MARK'S INTERNATIONAL CONGRESS 2003.  
PLEASE INDICATE WHICH OF THE FOLLOWING  
METHODS OF PAYMENT YOU ARE USING.

UK sterling cheque to  
St Mark's International Congress 2003

Visa/Acces/Mastercard/Switch

Bank Draft in GBP (Sterling) drawn on a UK bank

GBP (Sterling) travellers cheques

I enclose payment of £

by cheque/Visa/Acces/Mastercard/Switch

(delete as applicable)

Card Number

Before 10 October 2003 £550  (Tick if applicable)

After 10 October 2003 £600  (Tick if applicable)

Total £

Card Expiry Date / /

Valid from Date (if applicable) / /

Switch Card Issue No.

Cheques GBP Sterling only payable to:

ST MARK'S INTERNATIONAL CONGRESS 2003.

If paying by VIS/A/C/MASTERCARD please give  
registered cardholder's name and address:

Name

Town

Country

Postcode/Zip Code

I have read the conditions of registration and  
cancelation and enclose my remittance in full.

Signature

Date

UK DELEGATES ONLY

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)  
Accreditation to be notified.