

The 22nd Annual International Congress

Frontiers in Colorectal and Intestinal Disease

Tackling uncertainty in colorectal disease

20–22 November 2024

Please join us in person at this live event, or as part of our large international audience online! This year we will be at the magnificent Glaziers Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks
Visiting Professor

Basil Morson
State of the Art Lecture

Sir Francis Avery Jones
Visiting Professor

John Lennard-Jones
Visiting Professor

Antonino Spinelli

Division Director of Colon & Rectal Surgery & Professor of Surgery, Humanitas University, Milan

Christianne Buskens

Specialised IBD colorectal surgeon, Cancer Center Amsterdam UMC

Millie Long

Director of the Division of Gastroenterology and Hepatology, University of North Carolina

Matt Rutter

Professor of Gastroenterology, University Hospital of North Tees



www.stmarksacademicinstitute.org.uk





Dean's Welcome

Welcome to our 22nd Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London to our 22nd Annual Frontiers in Colorectal and Intestinal Disease. This year the focus is tackling uncertainty in colorectal disease. We look forward to welcoming a face-to-face audience to the magnificent Glaziers Hall, 9 Montague Place, London Bridge, London, SE1 9DD.

In addition, we are delighted to welcome our online audience from around the world. We will be making full use of high quality audio visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multidisciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts.

We will also present cutting edge research, and are honoured to have **Millie Long (USA)** as our Sir Francis Avery Jones Visiting Professor, **Antonino Spinelli (Italy)** as our Sir Alan Parks Visiting Professor, **Matt Rutter (UK)** as our John Lennard-Jones Visiting Professor, and **Christianne Buskens (Netherlands)** is the presenting the Basil Morson State of the Art Lecture.

We will combine medical, endoscopic, radiological, oncological, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is loudly heard.

The Congress is organised into a number of plenary sessions:

On Wednesday, we have sessions entitled The Crohn's Disease Paradigm: Shifting Sands; The Thickened Ileum: More Than Meets the Eye; Overcoming the Taboo of

Perineal Injuries; and Rectal Challenges.

On Thursday, we have two seminar rooms, The Frederick Salmon Room features To Reconstruct or Not: Rectal Cancer and IBD; Acute Anastomotic Leaks: Avoidance and Coping Strategies; Endoscopy: is the intervention the right one?; and Endoscopy: advanced polyp management. The Cuthbert Dukes Room presents The In-Betweeners: Bridging the Adolescent Gap; Managing IBD in the Golden Years; and Complex Cancer: How to Achieve the Goldilocks Operation.

On Friday, the Salmon Room sessions are 100 year of polyposis, and new challenges; The Unmet Needs in Early Onset Colorectal Cancer; and The Problematic Pouch. The Dukes Room sessions are Turning the Tide on Refractory IBD; Uncertainties in Intestinal Rehabilitation; and Small Bowel, Big Dilemmas.

We conclude our symposium with a session with all the leading lights coming together for what should be an enlightening and entertaining discussion, 'Leadership in Healthcare at a Time of Uncertainty - Patient-Centered Change During Uncertain Times'.

We would like to take this opportunity to express our gratitude to all supporters for their assistance and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 22nd Meeting of the Frontiers Congress.

**Professor Naila Arebi, Dean
St Mark's Academic Institute**



The Frederick Salmon Room

08:00 Registration 09:00 Welcome from the Dean **Naila Arebi**

**Crohn's disease paradigm:
shifting sands**



Chairs: **Naila Arebi, Carolynne Vaizey**

09:15

Old tools, new tricks – the role of intestinal ultrasound in IBD

Stuart Taylor

09:30

First line therapy is surgery; first line therapy is drugs **Guy Worley, Nikolaos Kamperidis**

09:45

Surgical innovations – are we making progress?

Steven Brown

10:00

What happens after surgery? Preventing post-operative recurrence

Krisztina Gecse

10:15

Panel discussion

Chairs: **Naila Arebi, Carolynne Vaizey**

Panel: **Stuart Taylor, Nikolaos Kamperidis, Guy Worley, Steven Brown, Krisztina Gecse**

10:40 Break

**The thickened ileum:
more than meets the eye**



Chairs: **Phil Tozer, Lisa Younge**

11:00

Case vignette of presentation with terminal ileum inflammation/inflammatory mass

Ravi Misra

11:15

How to deal with diagnostic uncertainty

Arun Gupta, Lajja Panchal

11:30

Setting the scene for surgery: how to stage it

Kapil Sahnan

11:45

Mild Crohn's disease – watch or treat?

Joana Torres

12:00 Panel discussion

Chairs: **Phil Tozer, Lisa Younge**. Panel: **Ravi Misra, Arun Gupta, Lajja Panchal, Joana Torres**

12:30 SIR FRANCIS AVERY JONES
Visiting Professor Lecture



Chair: **Naila Arebi**

Management of ulcerative colitis:
the road ahead

Millie Long

13:00 Lunch



The Frederick Salmon Room

13:45 Symposium: Janssen

Navigating the Path to Early Diagnosis:
Understanding Crohn's Disease and
Ulcerative Colitis in Global Contexts

Speakers: Prof. Ailsa Hart, St Marks Hospital,
Dr Nuru Noor, Cambridge University Hospitals,
Prof. Shaji Sebastian, Hull University Teaching
Hospitals

Overcoming the taboo of perineal injuries



Chairs: Gregory Thomas, Tatenda Marunda

14:30

The management of anal and perineal trauma:
the view from a major trauma centre

Kate Hancorn

14:45

OASIS: Their impact and their management

Carolynne Vaizey

15:15

The St Mark's approach to recto-vaginal fistulae

Phil Tozer

15:30

Panel discussion

Chairs: Gregory Thomas, Tatenda Marunda

Panel: Kate Hancorn, Carolynne Vaizey, Phil Tozer

16:00 Break

Challenges in rectal function



Chairs: Carolynne Vaizey, Michele Marshall

16:20

How to approach the recurrent rectal prolapse

Gregory Thomas

16:35

Low anterior resection syndrome - how to tailor
treatment to your patient

Julie Cornish

16:50

Management strategies for obstructed
defaecation

Arun Gupta, Gregory Thomas

17:05

Panel discussion

Chairs: Carolynne Vaizey, Michele Marshall.

Panel: Arun Gupta, Gregory Thomas, Julie Cornish

17:35

John Nicholls Prize

Chair: Naila Arebi

Panel: John Nicholls



17:50 Close



The Frederick Salmon Room

09:00

Welcome from the Sub-Dean **Elaine Burns**

To reconstruct or not: rectal cancer and IBD



Chairs: **Kapil Sahnan, Nicola Hodges**

09:05

Restoration of continuity versus function in
rectal cancer

Eva Angenete

09:20

Turnbull-Cutait: is this just a perineal colostomy
by another name?

Ian Jenkins

09:35

The pouch survives, what about the rectum?

Christianne Buskens

09:50

The Kock pouch

Richard Lovegrove

10:05

Panel discussion

Chairs: **Kapil Sahnan, Nicola Hodges.**

Panel: **Eva Angenete, Ian Jenkins,
Christianne Buskens, Richard Lovegrove**

10:30 Break

The Cuthbert Dukes Room

09:00

Welcome from the Dean **Naila Arebi**

The in-betweeners: bridging the adolescent gap



Chairs: **Warren Hyer, Ailsa Hart**

09:05

My patient journey from symptoms to
treatment

Patient Interview, Naila Arebi

09:20

Specialist nurses in transition care: where the
twin shall meet

Kay Crook, Jitka Adio

09:35

Adolescence and IBD: a unique
psychological picture

Alexa Duff

09:50

Early-onset IBD: implications for later care

Jochen Kammermeier

10:05

Panel discussion

Chairs: **Warren Hyer, Ailsa Hart**

Panel: **Naila Arebi, Kay Crook, Jitka Adio, Alexa
Duff, Jochen Kammermeier**

10:30 Break



The Frederick Salmon Room

Acute anastomotic leaks: avoidance and coping strategies

Chairs: Elaine Burns, Thomas Glover

10:50 My experience of an anastomotic leak
Patient interview

11:05 Designing out anastomotic leaks
Antonino Spinelli

11:20 Can we prevent the acute becoming chronic? Roel Hompes

11:35 The role of endoscopy in anastomotic leaks Siwan Thomas-Gibson

11:50 The management of chronic leaks
Ian Jenkins

12:05 Panel discussion

Chairs: Elaine Burns, Thomas Glover. Panel:
Antonino Spinelli, Roel Hompes, Siwan Thomas-Gibson, Ian Jenkins

12:30 SIR ALAN PARKS
Visiting Professor Lecture



Chair: Elaine Burns
Training in the high tech era:
the challenges & opportunities
Antonino Spinelli

13:00 Lunch

13:45 Symposium: Lilly

Gut Feelings: The importance of being earnest in UC

This promotional symposium has been developed, funded and organised by Lilly, Lilly products will be discussed at this meeting.

Chair: Naila Arebi

Speakers: Prof. Jimmy Limdi, Dr Karen Kemp

PP-MR-GB-0392 September 2024

The Cuthbert Dukes Room

Managing IBD in the golden years

Chairs: James Alexander, Tracey Tyrrell

10:50
Patient perspective of living with uncertainty in later life Patient interview

11:05
Treatment goals in older people: taking it in STRIDE Hannah Gordon

11:20
You've hit the target, should you de-escalate? Millie Long

11:35
Mitigating treatment-related complications: infections and cancer Nick Powell

11:50
Surgery: more than a fighting chance to success Thomas Pinkney

12:05 Panel discussion
Chairs: James Alexander, Tracey Tyrrell.
Panel: Hannah Gordon, Millie Long, Nick Powell, Thomas Pinkney

12:30 Lunch



The Frederick Salmon Room

14:30 BASIL MORSON
State of the Art Lecture



Chair: Naila Arebi
What should surgical outcomes look like in IBD?
Christianne Buskens

Complex cancer: how to achieve the Goldilocks operation?



Chairs: Nicola Hodges, Caroline Gee

15:00
How big is too big?
Per Nilsson

15:15
Mitigating and managing the consequences of exenteration surgery
Eva Angenete

15:30
The next frontier in exenteration surgery
Ian Jenkins

15:45
Panel discussion
Chairs: Nicola Hodges, Caroline Gee.
Panel: Eva Angenete, Ian Jenkins, Per Nilsson, Michele Marshall, Adriana Martinez

16:15 Break

The Cuthbert Dukes Room

 **14:30 Video Link: Basil Morson Lecture**

Endoscopy: is the intervention the right one?



Chairs: Adam Haycock, Maggie Vance

15:00 Is the patient fit enough for endoscopy and endoscopic therapy? The value of frailty assessment
Michael Fertleman

15:15 Polyps in older people - to remove or not to remove?
Matt Rutter

15:30 Surveillance in IBD dysplasia: changing paradigms
Ana Wilson

15:45 Resect and discard diminutive polyps: the demise of histology?
Ahmir Ahmad

16:00
Panel discussion and cases
Presenter: Adam Humphries. Chairs: Adam Haycock, Maggie Vance. Panel: Matt Rutter, Ana Wilson, Michael Fertleman, Ahmir Ahmad

16:30 Break



The Frederick Salmon Room

Endoscopy: Advanced polyp management: which intervention?



Chairs: Jonathan Landy, Siwan Thomas-Gibson

16:50

Endoscopically resectable or non-resectable?
An eye for details

Amyn Haji

17:05

A deep dive into the dissection plane

Noriko Suzuki

17:20

Cancer in a resected polyp: continued
surveillance or one-off surgery

Leon Moons

17:35

Panel discussion and video presentation

Case presenter: Adam Humphries

Chairs: Jonathan Landy, Siwan Thomas-Gibson

Panel: Amyn Haji, Leon Moons, Noriko Suzuki

18:00 Close

The Cuthbert Dukes Room

Robotic surgery symposium



Chairs: Per Nilsson, Elaine Burns

16.45 Debate

Robotic rectal cancer surgery: real or unreal?

Danilo Miskovic & Tim Rockall

17.20

Robotic videos session

Chairs: Elaine Burns, Samantha Evans

Panel: Danilo Miskovic, Tim Rockall, Per Nilsson,
Akash Mehta, Kapil Sahnan

18:00 Close



The Frederick Salmon Room

09:00

Welcome from the Sub-Dean **Kevin Monahan**

100 years of polyposis and new challenges



Chairs: **Vicky Cuthill, Ashish Sinha**

09:05

Desmoids: who to treat, when and with what?

Sue Clark

09:20

Large bowel in FAP - from prevention to intervention

Andrew Latchford

09:35

What counts with multiple colorectal adenomas extends beyond the count

Vicky Cuthill

09:50

Case-based discussion

Presenter: **Katy Newton**

Chairs: **Ashish Sinha, Andrew Latchford**

Panel: **Vicky Cuthill, Sue Clark**

10:15 Break

The Cuthbert Dukes Room

09:00

Welcome from the Dean **Naila Arebi**

Turning the tide on refractory IBD



Chairs: **Lisa Younge, Naila Arebi**

09:05

ASUC: treating beyond the limits

Kamal Patel

09:20

An urgent look at urgency and what it means to live with it

Aline Charabaty

09:35

The science behind the treatment

Gareth-Rhys Jones

09:50

Cutting edge surgery - it's all in the timing?

Kapil Sahnan

10:05

Panel discussion

Chairs: **Lisa Younge, Naila Arebi**

Panel: **Kamal Patel, Aline Charabaty,**

Gareth-Rhys Jones, Kapil Sahnan

10:30 Break



The Frederick Salmon Room

The unmet needs in early onset colorectal cancer



Chairs: Ashish Sinha, Elaine Burns

10:35

The landscape in the UK

Kevin Monahan

10:50

Personalising oncological management

David Church

11:05

Balancing sexual health, fertility and long-term consequences

Gabrielle van Ramhorst

11:20 Panel discussion

Chairs: Ashish Sinha, Elaine Burns.

Panel: Oliver Giger, Kevin Monahan,
David Church, Gabrielle van Ramhorst

11:40 JOHN LENNARD-JONES
Visiting Professor Lecture



Chair: Kevin Monahan

The future of endoscopy, where we are going and how to get there?

Matt Rutter

12:10 Lunch

12:55 Symposium: Pfizer

Evolving Ulcerative Colitis Management:
A New Era with Sphingosine-1-Phosphate
Modulators

Speakers: Prof. Ailsa Hart, Prof. Naila Arebi,
Angela Chana

The Cuthbert Dukes Room

Uncertainties in intestinal rehabilitation



Chairs: Mia Small, Mani Naghibi

10:50

When is it worth delaying surgery to optimise a patient?

Akash Mehta

11:05

When to feed a patient with an intestinal fistula

Suzanne Donnelly

11:20

Is it possible to achieve a short bowel regime on a general ward?

Akash Mehta, Simon Gabe

11:35

How is it best to feed distally in a patient with bowel out of continuity and is it worth it?

Simon Gabe

11:50

Panel discussion

Chairs: Mia Small, Mani Naghibi. Panel: Akash Mehta, Suzanne Donnelly, Simon Gabe

12:15 Lunch



The Frederick Salmon Room

The problematic pouch



Chairs: Naila Arebi, Sue Clark

13:40

Living with a failing pouch: a patient experience

Patient interview, Siwan Thomas-Gibson

13:55

Endoscopic assessment of the pouch

Manmeet Matharoo

14:10

Chronic pouchitis: interventions to avoid failure

Millie Long

14:25

Pouch MDT: overcoming uncertainty with case-based discussions

MDT discussion with Kapil Sahnan

14:50

Panel discussion

Chairs: Naila Arebi, Sue Clark

Panel: Siwan Thomas-Gibson, Ellie Bradshaw, Millie Long, Katie Devlin, Kapil Sahnan, Manmeet Matharoo

15:15 Break

The Cuthbert Dukes Room

Small bowel, big dilemmas



Chairs: Simon Gabe, Richard Holman

13:45

Coeliac disease: separating the wheat from the chaff

Suzanne Donnelly

14:00

SIBO: is it all hot air?

Gehanjali Amarasinghe

14:15

A sticky bowel: patient life-long experience of adhesions

Meha Bhuva

14:30

Prevention and management of adhesions

Akash Mehta

14:45

Panel discussion

Chairs: Simon Gabe, Richard Holman

Panel: Suzanne Donnelly, Gehanjali Amarasinghe, Meha Bhuva, Akash Mehta

15:15 Break



The Frederick Salmon Room

Leadership in healthcare at a time of uncertainty

Chair: **Ayesha Akbar, Ian Jenkins**

15:30

Leadership to influence change: Different conversations in different settings

Robert Logan (National Specialty Adviser for Endoscopy and Screening for NHS England)

15:40

How I got there and how I balance my leadership and clinical roles

Tim Orchard (Consultant Gastroenterologist, Chief Executive Imperial College Healthcare NHS Trust)

15:50 Panel discussion

Leadership in digital innovation

Morgan Moorghen

Professional development & mentoring leadership tips


Ayesha Akbar

Chair: **Ayesha Akbar, Ian Jenkins**

Panel: **Robert Logan, Tim Orchard, Morgan Moorghen, Siwan Thomas-Gibson**

16:10 Close

The Cuthbert Dukes Room

 **15:30 Video Link: Leadership in healthcare at a time of uncertainty**

We would like to thank our supporters



PLEASE HELP US TO SUPPORT THE ST MARK'S ACADEMIC INSTITUTE

The St Mark's Academic Institute is part funded by the St Mark's Hospital Foundation. We rely on charitable donations to support education and research at St Mark's Hospital, which includes our educational output. If you would like to support us we would appreciate it. www.stmarkshospitalfoundation.org.uk/donate

email: info@stmarksacademicinstitute.org.uk

Frontiers 2024 Programme v23 19/11/2024



www.stmarksacademicinstitute.org.uk