

**Horizons in intestinal failure, rehabilitation & home parenteral nutrition**  
**Royal College of Physicians**  
**16th of October 2024**  
**Day 1 – The basics**

**08:30 Registration**

**08:55 Welcome** (Mani Naghibi & Alison Culkin)

| <b>Type 1 intestinal failure</b> (Chairs: Mani Naghibi & Alison Culkin) |   |                                  |
|---|---|----------------------------------|
| 09:00   | Definitions and classification of intestinal failure                | Mani Naghibi                     |
| 09:20   | Managing refeeding syndrome   | Alison Culkin                    |
| 09:45   | Estimating requirements for patients requiring parenteral nutrition | Kathleen McGrath                 |
| 10:05   | Case  | Alison Culkin & Kathleen McGrath |
| 10:20   | Panel discussion  |                                  |

**10:30 Coffee break & opportunity to taste oral nutritional supplements**

| <b>Management of type 1 intestinal failure</b> (Chairs: Phil Tozer & Uchu Meade) |  |              |
|--|--|--------------|
| 11:00  | Managing intestinal failure on ICU - case        | Mina Bharal  |
| 11:20  | Medical management of ileus & obstruction        | Mani Naghibi |
| 11:40  | Drug management in ileus & obstruction           | Uchu Meade   |
| 12:00  | Surgical management of type 1 intestinal failure | Phil Tozer   |
| 12:20  | Panel discussion                                 | All          |

**12:40 Lunch break**

| <b>Parenteral nutrition in type 1 intestinal failure</b> (Chairs: Simon Gabe & Alison Culkin) |  |  |
|---|--|--|
| 13:40   | Nutritional management of ileus & obstruction  | Kathleen McGrath   |
| 14:00   | Management of micronutrients   | Callum Livingstone<br><i>Royal Surrey Hospital</i>                         |
| 14:20   | Debate: Patients with type 1 intestinal failure should receive peripheral parenteral nutrition | For: Charmian Banks<br><i>Royal Surrey Hospital</i><br>Against: Uchu Meade |
| 14:50   | Panel discussion   | All  |

**15:00 Tea break & opportunity to taste oral nutritional supplements**

| <b>Complications during short term parenteral nutrition</b> (Chairs: Mani Naghibi & Uchu Meade) |   |                 |
|---|---|-----------------|
| 15:30   | Should all venous access devices be treated the same? | Gemma Crutchley |
| 15:50   | Sepsis: the difficult questions                       | Simon Gabe      |
| 16:10   | Abnormal liver function: don't blame the PN           | Alison Culkin   |
| 16:30   | Final discussion                                      | All             |
| <b>17:00</b>  | <b>Summary, close and raffle!</b>                     |                 |

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**Day 2 – The complex**

**08:30 Registration**

**08:55 Welcome** (Simon Gabe)

| <b>High output stoma and enterocutaneous fistulae</b> (Chairs: Simon Gabe & Akash Metha) |                     |                           |
|--|---------------------|---------------------------|
| 09:00  | Medical management  | Simon Gabe & Maryam Clark |
| 09:20  | Surgical management | Carolynne Vaizey          |
| 09:50  | Dietary management  | Nicola Vernon             |
| 10:10  | Panel discussion    | All                       |

**10:30 Coffee break & opportunity to taste oral rehydration solution**

| <b>Prehabilitation and distal limb feeding/fistuloclysis</b> (Chair: Akash Metha & Nic Vernon) |  |                              |
|--|--|------------------------------|
| 11:00  | Prehabilitation and preparing the patient for surgery – IBD case                           | Richard Holman & Asma Hassan |
| 11:25  | Distal feeding: how to do it!  | Riya James & Nic Vernon      |
| 11:50  | What are the important outcomes for type 2 surgery? Does distal feeding make a difference? | Akash Metha                  |
| 12:15  | Panel discussion   | All                          |

**12:30 Lunch break**

| <b>Disorders of the gut brain interaction</b> (Chair: Simon Gabe & Alison Culkin) |   |  |
|---|---|--|
| 13:30   | Medical management                      | Gehanjali Amarasinghe                            |
| 13:50   | Nutritional management and ARFID        | Lee Martin<br><i>University College Hospital</i> |
| 14:10   | Beyond the BNF: Psychotropic approaches | Calum Moulton                                    |
| 14:30   | Panel discussion                        | All  |

**14.45 Tea break & opportunity to taste oral rehydration solution**

| <b>Getting the most from jejunal access</b> (Chairs: Alison Culkin & Jo Gent) |                                   |                      |
|---|-----------------------------------|----------------------|
| 15:15   | Jejunal feeding tubes – case      | Simon Gabe & Jo Gent |
| 15:45   | Optimising jejunal feeding        | Diane Brundrett      |
| 16:05   | Optimising medication             | Roshni Patel         |
| 16:25   | Panel discussion                  | All                  |
| <b>16:40</b>  | <b>Summary, close and raffle!</b> |                      |

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**18<sup>th</sup> of October 2024**  
**Day 3 – The long term**

**08:30 Registration**

**08:55 Welcome** (Simon Gabe & Alison Culkin)

| <b>Home parenteral nutrition</b> (Chair: Alison Culkin & Simon Gabe) |   |                             |
|--|---|-----------------------------|
| 09:00  | Patient perspective on life with intestinal failure           | Sandra Beale-Ellis          |
| 09:30  | What to do when a patient on HPN is admitted to your hospital | Jo Gent                     |
| 09:50  | Monitoring patients on home parenteral support                | Aoife Reilly & Roshni Patel |
| 10:10  | Psychological support for patients with intestinal failure    | Sonya Frearson              |
| 10:30  | Panel discussion  | All                         |

**10:45 Coffee break & CVC techniques (unblocking & repair)**

| <b>Complications</b> (Chair: Jo Gent & Alison Culkin) |   |                              |
|---|---|------------------------------|
| 11:15   | Managing intestinal failure associated liver disease            | Simon Gabe                   |
| 11:45   | Managing metabolic complications                                | Suzanne Donnelly             |
| 12:15   | Managing catheter related bloodstream infections and thrombosis | Gemma Crutchley & Simon Gabe |
| 12:45   | Panel discussion  | All                          |

**13:00 Lunch break**

| <b>Patient perspective</b> (Chair: Simon Gabe & Suzanne Donnelly) |  |   |
|---|--|---|
| 14:00   | Quality of life on home parenteral support                     | Alison Culkin   |
| 14:25   | Long term outcomes, intestinal rehabilitation & growth factors | Francisca Joly<br><i>Beaujon Hospital<br/>University of Paris</i> |
| 14:50   | Transplantation  | Neil Russell<br><i>Cambridge University Hospital</i>              |
| 15:15   | Panel discussion   | All   |

**15:30 Tea break & CVC techniques (unblocking & repair)**

| <b>Difficult decisions</b> (Chair: Alison Culkin & Simon Gabe) |  |   |
|--|--|---|
| 16:00  | Can we avoid PN in malignant bowel obstruction | Lindsey Allen<br><i>Royal Surrey Hospital</i> |
| 16:25  | End stage malignancy and remote discharge      | Mani Naghibi                                  |
| 16:50  | Final discussion                               | All   |
| <b>17:00</b>   | <b>Summary, close and raffle!</b>              |   |