



Putting patients
at the **HEART**
of everything we do



NHS
London North West
University Healthcare
NHS Trust



St Mark's Nurse Education

Global Pelvic Floor & Physical Assessment masterclass

Dates:

7th & 8th September 2023

Cost £250 or £125 per day

Venue: face-to-face St Mark's Hospital, NW10 7NS



Day 1: Global Pelvic Floor

08.30 Registration and refreshments – Jennie Burch

09.00 Welcome and introduction – Tatenda Marunda

09.10 Anatomy and physiology of the gut – Jennie Burch

09.45 A&P of pelvic floor – Anna Brophy & Athena Rosa

10.15 Anorectal physiology – Alex Dennis

11.00 Refreshments & networking

11.30 Conservative measures in functional bowel management –
Tatenda Marunda

12.15 Neuromodulation (SNM & PTNS) – Hannah Cuthbert &
Xiaoling Tang

13.15 Light lunch (provided)

14.15 Transanal irrigation – Phoebe Dumaran & Douglas (patient
perspective)

14.45 Role of the Dietitian in the pelvic floor team – Diane
Brundrett

15.30 Role of Psychiatry & Psychological support – Sonya
Frearson

16.15 Evaluation & finish



To book please go the St Mark's Hospital website:

<https://www.stmarksacademicinstitute.org.uk/>

or <https://www.stmarksdigital.com/>

For more information please email Jennie:

lnwh-tr.StMarksNurseEducation@nhs.net



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Day 2: Physical examination including digital rectal examination

08.30 Registration and refreshments – Jennie Burch

09.00 Welcome and introduction – Tatenda Marunda

09.10 National guidelines – Lucia Berry

09.50 Consent – Denise Robinson & Shaila Kumar

10.50 Refreshments & networking

11.15 Clinical assessment of pelvic floor – Samantha Vincent

11.50 Abnormal prostate, urinary incontinence & neurogenic
bladder – Ameena Pradham

12.30 Congenital abnormalities – Tatenda Marunda

13.15 Light lunch (provided)

14.15 Practical sessions – Tatenda, Ameena, Samantha and the
pelvic floor team

15.30 Q&A

16.15 Evaluation & finish



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