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endoscopy

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Endoscopy

Colonoscopy – The DVD £50

CB Williams, Prof. JD Waye, Prof. Y Sakai, Prof. S Kudo, Prof. T Ponchon, Prof. H Shinya, Prof. N Soehendra

This DVD-ROM has been designed for the Windows PC. Apple Mac users can access the Quicktime video via a folder on the disc.

This DVD contain many hours of video aimed at both beginners and experts. To the majority who still find the technique challenging, we offer it in the hope of illuminating some of the apparent mysteries involved in achieving complete, comfortable and safe colonoscopy. For those who feel they have mastered the technique, there will be further understanding or enjoyment in the background materials such as seeing other experts in action. Visiting around the world has shown us that there is no single way colonoscopy is performed, but many of the difficulties encountered are shared by all endoscopists, however skilled. This disc will prove helpful as both teaching material and in communicating some of the 'tricks of the trade' of colonoscopy.

Narrow Band Imaging in the Colon £10

James East, Noriko Suzuki, Prof. Brian Saunders

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

The video explains how NBI (Narrow Band Imaging) works to improve visualisation of the mucosal surface. It shows views of the normal colon, colonic polyps and colitis under NBI conditions. Diagrams are presented to explain the technology along with extended video sequences showing how NBI affects the view and improves the subtle definition of fine detail. This new advance could have major implications in dysplasia detection and differentiation for the consultant endoscopist.

Endoscopic Submucosal Dissection in the Colon £10

Noriko Suzuki, Prof. Brian Saunders

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

The traditional way of treating a large, colorectal polyp is to remove it in a piecemeal fashion. However, multifragmented, resected pieces make both retrieval after resection and histological assessment more difficult. In addition, piecemeal resection is associated with greater recurrence. Recently, a new technique, Endoscopic Submucosal Dissection (ESD) has been developed. This technique allows endoscopists to remove a polyp en-bloc, irrespective of its size. Certain colorectal lesions could be treated in this fashion.

Dysplasia in Ulcerative Colitis £10

Naila Arebi, Noriko Suzuki, Prof. Brian Saunders

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

A visual appraisal of the various visual stages of ulcerative colitis disease; the risk assessment of developing colorectal cancer in UC; current and new surveillance strategies; post-inflammatory polyps; endoscopically resectable and non-resectable lesions; flat dysplasia; risk factors.

Polypectomy Training £20

Prof. Brian Saunders, Christopher Williams

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

Prof. Brian Saunders' 'Polypectomy and Electrosurgery Techniques' guides you through preparing for polypectomy, metaplastic polyps, electrosurgery, small polyps, cold snare technique, large stalked polyps, the mechanics of endoloop and the clipping device, and large sessile polyps. Meanwhile Dr Christopher Williams explores the world of polyps in 'Polypectomy Principles', looking at electrosurgical methods, scope and accessory control, snaring technique, small polyps (hyperplastic, adenomatous), flat lesions and dye spray, large polyp snaring, endoloops, peri-anal polyps and retroversion, saline injection, polyp retrieval, tattooing, Argon Plasma Coagulation (APC), Familial Adenomatous Polyposis (FAP), non-resectable benign sightings.



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Endoscopy continued

Olympus Scopeguide 3D Imager £10

Christopher Williams

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

“When we started to develop the electro-magnetic imaging technology for ScopeGuide, I envisioned a system that would allow colonoscopists to feel as comfortable as a tourist driving through the most unpredictable city with the assistance of a SatNav navigation system. Today, ScopeGuide does just that: improving colonoscopy by providing a real-time three-dimensional display of colonoscope position and configuration. The endoscopist no longer needs to rely on ‘guess and feel’ or fluoroscopy to determine the orientation of an inserted scope. ScopeGuide will change the way you see colonoscopy. Even with 40 years of experience in the field, I think of ScopeGuide as an essential part of quality colonoscopy.” Dr. Christopher Williams Consultant Endoscopist.

Nutrition

Enteral Feeding Tubes £10

Simon Gabe

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

Over the past 25 years, percutaneous endoscopic gastrostomy tubes or PEG tubes have evolved dramatically. Not only has the method become more popular and routine, but the tubes themselves have developed from a rudimentary basic design to the sophisticated devices we see today. This comprehensive DVD covers a range of techniques to place enteral feeding tubes as well as aspects of aftercare. The disc also contains a set of PDF documents covering guidelines and aftercare relating to the Fresenius Kabi product range, which you can access using a computer. The PDF information is also available on your DVD menu.

Insertion of Central Feeding Lines £10

Simon Gabe

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This DVD presents two cases: the first, a patient who has been on intravenous nutrition for five years following a mesenteric infarct. This excerpt shows how effective ultrasound guidance can be with line insertion. The second excerpt describes digital subtraction venography in a 45 year old woman who has undergone multiple operations for peptic ulcer disease complicated by enterocutaneous fistulae and now has severe adhesive disease. Fluoroscopy describes the path of the vein for the doctor, whereupon a guidewire is applied. An exit site is prepared for the feeding line, and the line is inserted through the channel.

Home Parenteral Nutrition £10

Prof. Alastair Forbes, Angie Davidson, Mia Small, A Daniels, Simon Gabe

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This DVD provides patients with a practical demonstration of the procedures they will need to put into practice when they leave hospital and continue with parenteral nutrition at home. Health care professionals will also develop an understanding of the procedures and techniques necessary in the care of a parenteral feeding catheter as well as dealing with common problems. Contents include: Patient profiles; The multidisciplinary team; Asepsis; Hand washing; Putting on sterile gloves; Disconnecting; Preparing the trolley; Creating a sterile field; Preparing the catheter; Disconnecting and flushing; Connecting; Transferring; Changing a central line dressing and connector; Catheter fracture; Line flushing problem; Equipment; Home regime; Follow-up care and support networks; Advice.



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Surgery

Intersphincteric Proctectomy £20

Dinitrios Patsouras, Prof. Robin Phillips

2-Disc Set: Contains a DVD and Blu-Ray edition for playback on players and TVs or computers with suitable drives and software.

This video demonstrates the technique of intersphincteric proctectomy and sets out to show a safe and reproducible technique and is meant as a useful adjunct to “hands-on” training, allowing the surgeon to review the procedure in his or her own time. In some cases of colorectal cancer APER of the rectum may be required. This involves a wide excision of the perineum and consequently poor healing in some cases. Intersphincteric proctectomy removes the gut tube with preservation of the External Anal Sphincters and levator ani muscle. The dissection plane therefore lies in the intersphincteric space between the conjoined Longitudinal Muscle and the EAS.

Fistula in Ano £15

Prof. Robin Phillips, Prof. Clive Bartram, Prof. Stephen Halligan, Gordon Buchanan

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This one hour documentary explores the management of fistula in ano and is directed at senior surgical trainees, specialist surgeons and consultants. Prof. Clive Bartram leads the discussion on the role of radiology and is joined by Steve Halligan (MRI) and Mr Gordon Buchanan (3D endoanal ultrasound). Prof. Robin Phillips discusses the strategy behind anal fistula surgery and demonstrates the clinical features and surgery in various cases. The complex anatomy of the anal canal and the intimate relationship of the anal sphincter to fistulae are demonstrated using diagrams and a novel 3D animation.

Restorative Proctocolectomy £10

Prof. R. John Nicholls

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This DVD examines the surgical procedure of restorative proctocolectomy in a patient who has suffered ulcerative colitis for 25 years and 15 years ago had a colectomy with ileal rectal anastomosis for severity of inflammation. In recent years, dysplasia in the rectum has been recognised. The operation proposed here is to remove the rectum but to conserve the anal sphincter in order that a permanent ileostomy may be avoided by means of an ileo-anal pouch reconstruction. The procedure is performed by John Nicholls of St. Mark's Hospital, featuring surgical footage throughout and has a live running commentary from the Professor.

Gaining Length in Pouch Surgery £10

Ahmad Uraiqat, Prof. Robin Phillips

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

Various issues regarding pouch construction can affect pouch reach. General pouch configuration tends to be with J-pouches these days, they are simple to construct, the W-pouch is larger, but the S-pouch may reach further. Hand sewn, pouch anal anastomosis is somewhat more skilled than the stapled pouch. The stapled pouch gives a degree of extra length. There remains the issue of whether the pouch will indeed reach the anus. This DVD explores the surgical methods to ensure pouch length in this technical procedure.

Stapled Ileal Pouch Construction £10

Ahmad Uraiqat, Prof. Robin Phillips

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This video outlines various aspects of stapled J-pouch construction using the Ethicon TLC75 and CDH29 staple guns.



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Surgery continued

Delormes' Advancement Flap for Ano-Vaginal Fistula £10

João Martins, Prof. Robin Phillips

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

The aim of this surgery is complete tumour excision with negative resection margins. To achieve this aim, in certain clinical situations, it is appropriate to resect the ano-rectum en bloc with the posterior vaginal wall. The advantage of this approach is not only to increase the chances of a negative resection margin in anterior lesions but also to excise the lymphatic channels contained in the recto-vaginal septum.

Mobilisation of the Right Colon £10

Vasilios Natsikas, Prof. Robin Phillips

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This DVD explains the surgical technique of the mobilisation of the right colon, with an introduction outlining anatomic concerns, difficult cases, how to approach the difficult RIF, the classical approach and disadvantages. Video footage goes on to explain the release of the caecal pole, commencing media dissection, release of lateral peritoneal attachments, the approach, completion of hepatic flexure, the approach via the lesser sac, the development of the embryonic plane, the blunt dissection of the plane, completion of mobilisation, and uniting the lesser sac and duodenal plane.

House Advancement Flap £10

Richard Guy

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

Anal stenosis is a disabling complication of anal surgery. Although unusual, it most commonly occurs after haemorrhoidectomy. Severe stenosis usually requires surgical correction. In this DVD, we describe the House Advancement Flap, a method which we have found useful for tackling anal stenosis. The principle of the House Advancement Flap is to advance normal, peri-anal skin into the anal canal to replace a segment of scar tissue, thereby increasing pliability. The procedure is performed by Mr Richard Guy at St. Mark's Hospital. The programme has surgical footage throughout with an overview and running commentary from Mr Guy.

Rectal Prolapse, Anterior Resection, Massive Sarcoma £25

John Northover

This box set contains 2 discs, the first containing a DVD Video presentation that will play in any DVD player. The second disc contains High Definition video files in the Quicktime Video format for Apple Macs and Windows Media Player video files for Windows PCs.

John Northover retired from St Mark's in May 2012. This disc records some of his final contributions as a staff member to the life of the hospital.

Rectal Prolapse Surgery

John Northover's final lecture to the Postgraduates at St Mark's
25th May 2012

This lecture traced the development of today's operative procedures for rectal prolapse, showing how they have gradually evolved over the past 200 years. It went on to compare the relative pros and cons of today's options, and to highlight the lack of objective evidence to underpin these comparisons. Finally it outlined the results of the only large randomised trial to address the issues raised here.



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Anterior Resection for Rectal Cancer

John Northover's final seminar with the Postgraduates at St Mark's,
25th May 2012

This seminar aimed more to illustrate the process of self-criticism and incremental progress in improving personal surgical technique rather than simply to describe the operation of anterior resection. Every surgeon should be able to 'dissect' any operation that they perform into a sequence of very small steps; they should be able to recognise that these steps can be defined, and that the surgeon should be able to justify their choice of technique for each step both to themselves and to others in discussion, and perhaps thereby to modify their technique. In this seminar, Professor Northover used this technique to facilitate a discussion between the postgraduates on anterior resection, in the hope that they would take this tool away to use in the future by themselves or in small groups. There was no attempt to 'complete' a 'virtual' anterior resection – this would have taken several hours – but to go only as far as the allotted time allowed in order to illustrate the process of self-awareness and self-criticism in the operating theatre.

Excision of Massive Buttock Sarcoma

John Northover's final operation at St Mark's
31st May 2012

At St Mark's there is a tradition that colleagues from all disciplines around the hospital, and some retired colleagues, attend a surgeon's final operating list. It is tempting for the retiree to book only small, predictably straightforward cases so that the 'party atmosphere' cannot be upset by unexpected events; however John Northover wanted to have a memorable case, one which might illustrate the combined work of different surgical specialties that characterised his practice. In this unusual case, the patient had carried the heavy burden of a large, low grade sarcoma on his buttock for eight years before finally seeking its removal. John Northover was joined by David Ross, the plastic surgeon, and Ian Jenkins, who took over leadership of the complex cancer clinic following Professor Northover's departure.

Endoscopy, Nutrition, Surgery, Laparoscopy

The 175th Anniversary of St. Mark's Hospital: Association Day 2010 £10

This DVD-ROM has been designed for the Windows PC and Apple Mac, prepared for Windows Media Player and Quicktime formats.

Available for the first time on DVD-ROM, the complete video of the 175th Anniversary of St. Mark's Hospital, featuring the Association Day's collection of talks by all the guest speakers from old St. Mark's and new, covering a wide selection of disciplines, and as a bonus, the celebratory dinner speeches are also presented here in full. Featuring: Giant Strides (surgery and laparoscopy with Peter Hawley & Ian Jenkins), Polyposis (with James Thomson & Sue Clark), Nurse Specialists (with Celia Myers & Prof. Christine Norton), Physicians in a Surgical World (with Prof. John Lennard-Jones & Ailsa Hart), Colitis Surgery (with Prof. John Nicholls & Janindra Warusavitarne), Intestinal Failure (with Susanne Wood & Simon Gabe), The Dukes Inheritance – Team Morson, Imaging & Radiology (with Prof. Clive Bartram & David Burling), Endoscopy (with Christopher Williams & Prof. Brian Saunders), Anaesthesia (with Leon Kaufman & Munita Grover), Colorectal Physiology (with Michael Henry & Carolynne Vaizey), The Hinder Parts (surgery with James Thomson & Prof. Robin Phillips), the President's Speech and Handover (with Prof. John Northover & Michael Kelly).



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Laparoscopy

IMA Preservation in Sigmoid Colectomy & Anterior Resection for Rectosigmoid Cancer

£5 final print run - clearance price

Richard Slater, Prof. Robin Kennedy

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

Presenting two programmes: Inferior mesenteric artery preservation during sigmoid colectomy for diverticulitis, and Laparoscopic anterior resection for a rectosigmoid cancer.

Laparoscopic Enhanced Recovery Symposium **£10**

Prof. John MacFie, Olle Ljungqvist, Tim Bowling, Roger Kipling, Eileen Mann, Louise Evans, Maggie Soulsby, Win Gillard, Prof. Robin Kennedy. *This DVD-ROM has been designed for the Microsoft Windows PC with Windows Internet Explorer 8.*

Enhanced recovery programmes have the potential to transform care following colorectal surgery, improving rehabilitation, minimising complications and decreasing hospital stay. The Symposium brings together a multi-disciplinary expert group who have helped develop the system that transforms care. Experts from different fields describe the research basis, the practical delivery and the areas of controversy in multi-modal rehabilitation. The DVD-ROM contains over 4 and a half hours of lectures.

Complete Splenic Flexure Mobilisation **£10**

Samar Al-Homoud, Prof. Robin Kennedy

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

This DVD demonstrates the technique of complete splenic flexure mobilisation. The laparoscopic approach is rapidly becoming the standard procedure and there is an increasing demand for surgeons who are skilled in this area. The DVD is divided into five chapters: Chapter 1 - Trocar positions. Chapter 2 - Inferior mesenteric artery division. Chapter 3 - Medial to lateral dissection of splenic flexure from below. Chapter 4 - lateral to medial dissection of the descending colon from the inferior aspect to superiorly and from laterally to medially. Chapter 5 - dissection in the supracolic department from medially to laterally.

Laparoscopic High Anterior Resection **£15**

Susana Ourô, Ian Jenkins, Prof. Robin Kennedy

This DVD can be played on DVD players and televisions and on computers with a DVD drive and suitable software.

The DVD sets out a safe and reproducible technique for laparoscopic high anterior resection and is meant as a useful adjunct to "hands-on" training, allowing the surgeon to review the procedure in his or her own time. The standardisation of Total Mesorectal Excision or TME as it has become known has improved outcomes following rectal cancer surgery, mainly due to the reduction in local recurrence. The concept of TME can also be applied in the colon as Complete Mesocolic Excision. Complete mesocolic excision is the sharp dissection of the visceral mesocolic fascial layer from the retroperitoneal parietal layer. This allows one to resect an intact lymphovascular package, minimising tumour cell spillage and potentially improving outcome.

Laparoscopic High Anterior Resection **£25**

Ahmad Uraiqat, Prof. Robin Kennedy

This box set contains 2 discs, the first containing a DVD Video presentation that will play in any DVD player. The second disc contains High Definition video files in the Quicktime Video format for Apple Macs and Windows Media Player video files for Windows PCs.

This DVD demonstrates the technique of laparoscopic segmental left colectomy. The laparoscopic approach is rapidly becoming the standard procedure for segmental colectomy and there is increasing demand for surgeons who are skilled in this area.

Laparoscopic colorectal surgery has increased exponentially in the UK and has benefits to both the patient and the institution. When combined with an enhanced recovery programme, significant reduction in length of stay can be achieved, coupled with an early return to normal activity for the patient. This video sets out a safe and reproducible technique for laparoscopic left segmental



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colectomy and is meant as a useful adjunct to “hands-on” training, allowing the surgeon to review the procedure in his or her own time.

Laparoscopic Right Hemicolectomy £25

Chris Thorn, Prof. Robin Kennedy

This box set contains 2 discs, the first containing a DVD Video presentation that will play in any DVD player. The second disc contains High Definition video files in the Quicktime Video format for Apple Macs and Windows PCs (Quicktime Player required).

This video demonstrates the technique of laparoscopic right hemicolectomy. The laparoscopic approach is rapidly becoming the standard procedure for segmental colectomy and there is increasing demand for surgeons who are skilled in this area.

Laparoscopic colorectal surgery has increased exponentially in the UK and has benefits to both the patient and the institution. When combined with an enhanced recovery programme, significant reduction in length of stay can be achieved, coupled with an early return to normal activity for the patient. This video sets out a safe and reproducible technique for laparoscopic right hemicolectomy and is meant as a useful adjunct to “hands-on” training, allowing the surgeon to review the procedure in his or her own time.

This video contains two procedures, one utilising the harmonic scalpel Ultracision™ and the other uses the Olympus Thunderbeat™ scapel. Additional appendices, covering tricks and tips and vascular variations of the colon, aim to help surgeons and trainees come to grips with some of the more unusual aspects of the surgery.

Laparoscopic Segmental Left Colectomy £25

Ahmad Uraiqat, Ian Jenkins, Prof. Robin Kennedy

This box set contains 2 discs, the first containing a DVD Video presentation that will play in any DVD player. The second disc contains High Definition video files in the Quicktime Video format for Apple Macs and Windows PCs (Quicktime Player required).

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Laparoscopic colorectal surgery has increased exponentially in the UK and has benefits to both the patient and the institution. When combined with an enhanced recovery programme, significant reduction in length of stay can be achieved, coupled with an early return to normal activity for the patient. This video sets out a safe and reproducible technique for laparoscopic left segmental colectomy and is meant as a useful adjunct to “hands-on” training, allowing the surgeon to review the procedure in his or her own time.



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